

RR.TRCAC.ORG October 2025

WELCOME TO EARLY LEARNING IN THE KNOW

A MESSAGE FROM OUR Program Director

Dear Valued Providers and Families,

This month, our focus at The Resource Connection is on Connection and Communication. These are the cornerstones of a thriving early childhood community.

For providers, strong communication with families builds a bridge between the learning that happens in your care and the life of the child at home. For families, staying connected with your provider ensures you are partners in your child's development.



A Special Note for Our Providers:

Your dedication is the engine of quality early learning. We are excited to invite you to a very special workshop we are offering this month: "Little Hands, Big Words" : A Sign Language Workshop for Providers and Parents. This class is designed to give you and the families you partner with the foundational skills to use simple sign language in the classroom and at home. Enhancing communication for our youngest learners reduces frustration and enriches their learning experience. We encourage you to attend and even spread the word to the families in your program! Please see the flyer below details and registration. Your work is invaluable, and we are here to support you.

Special Note for Our Families:

You are your child's first teacher! This month, enjoy simple, teachable moments like a nature walk or counting pumpkins. Partnering with your provider through communication makes a big difference.

With gratitude,

Sheri Noble
Program Director
The Resource Connection Child Care Resource
209-754-1075 | snoble@trcac.org

Are you the one?

Click on the image to apply today



The Resource Connection
Engaging Families • Empowering Communities • Enriching Lives
Child Care Resource & Referral

**HELP BUILD A STRONGER COMMUNITY
FOR FAMILIES AND CHILDREN**

**RESOURCE & REFERRAL
SPECIALIST**

Are you passionate about supporting children, families, and the providers who care for them? The Resource Connection is looking for a dedicated Resource and Referral Specialist to be a cornerstone of our early education system in **Amador** and **Calaveras** counties.

Empower Families ✓

Support Child Care Providers ✓

Lead Educational Initiatives ✓

Make an Impact ✓

8085 Hwy 26 Suite G
Mokelumne Hill 95249



209-754-1075



rr.trcac.org



October 20-26 is Lead Poisoning Prevention Week

Keep Your Child Safe: Lead in Baby Foods

Heavy metals like lead, arsenic, cadmium and mercury can be found in baby foods and juices. Heavy metals, like lead, can make it hard for children to learn and pay attention. Most children who have lead poisoning do not look or act sick. Lead adds up in the body over time, so it is important to reduce lead exposure from all sources.



How Can I Keep My Child Safe?

- Wash hands often, especially before eating
- Use lead-safe dishware and cold water for drinking, cooking and formula
- Feed your child healthy meals and snacks when possible, with a variety of vegetables, fruits, grains, dairy and proteins
- Use this table to limit foods that are higher risk for heavy metals and find safer options

Instead of:

Try:

Cereals or snacks with rice or rice flour	Oatmeal, quinoa, multi-grain cereal, fruit, yogurt, cheese and eggs. 
Teething biscuits for teething pain	Frozen banana slices, cold peeled cucumber or a clean cold wet washcloth or spoon (watch for choking). 
Veggies that grow underground, like carrots and sweet potatoes can have heavy metals	Serve a variety of fruits and vegetables in whole or puree form. 
Juice, especially apple, pear, and grape can have lead and arsenic	Breastmilk and/or formula are recommended for the first year of life. Water and milk are safer drink choices for children over one.

If you think your child may have been exposed to lead, ask your child's doctor about taking a blood lead test.



For more information visit
go.cdph.ca.gov/LeadFreeKids
or contact:

April 2025 • © 2025, California Department of Public Health

Amador County Public Health
10877 Conductor Blvd #400
Sutter Creek, CA 95685
209-223-6407





Communicating well with babies and children: tips

Good communication is key to children's relationships and development. It's about listening and talking in ways that make children feel important and valued.

[Read More](#)

How did you like this article?



Little Hands, Big Words

Sign Language for Infants & Toddlers

Tuesday, October 14th, 2025 6:00p-8:00p

This engaging, hands-on workshop brings sign language to life! Participants will:

- ✓ Learn over 100 essential ASL signs. Explore songs, stories, and games that make learning fun
- ✓ Discover how to help children communicate before they speak
- ✓ Gain tools to reduce frustration and boost early language development.
- ✓ Leave with practical strategies and colorful visuals for everyday use

ATTENDEES RECEIVE



LittleHands, Big Words: ASLfor Infants & Toddlers Guide with 100+ signs, songs, activities, and classroom-ready tools.

A full Year of Online access to a Dropbox for resources and video to implement the program!

Register Online



Or call Karen Frazier
209-754-1075

Location

**FIRST 5 AMADOR
975 BROADWAY
JACKSON**

To maintain compliance with California licensing regulations, all childcare providers must hold a current CPR and First Aid certification.



The Resource Connection

Engaging Families • Empowering Communities • Enriching Lives

Child Care Resource and Referral Services

Health & Safety

Reimbursement is available now!

Licensed center-based staff and family child care providers, along with license-exempt providers! If you complete an EMSA approved CPR/First Aid or Health & Safety training between July 1, 2025 and June 30, 2026 you can apply for a reimbursement!

Apply online below or call Karen Frazier for more information
(209) 754-1075

<https://form.jotform.com/251735262324150>

FROM THE SUBSIDY DEPARTMENT



Dear Child Care Providers,
This is a friendly reminder to submit your updated program rates and contracts to rrinfo@trcac.org. The Resource Connection Child Care Resource & Referral requires a 30-day written notice for a rate change.

Thank you for your prompt attention to this important administrative task.

Reminder!

Next month's Provider
Night has moved to
Thursday, October 23rd

OK

RR (Resource & Referral)
Child Care Provider Resources

OCTOBER 2025

WWW.RR.TRCAC.ORG

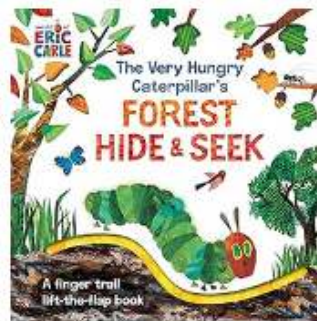
VOLUME #22

CHILD CARE RESOURCE HUB PROVIDER NIGHT:

Thursday, October 23rd 4:30 - 7:00 pm

We are excited to invite you to our Child Care Provider Night! This evening is dedicated to helping you connect with local child care providers, ask questions of our staff, and receive items to enrich your program. Our lending library will also be open and stocked with new items!

Forest EXPLORERS



The Engaging Families
Resource Empowering Communities
Connection Enriching Lives

Work with us today

Have any questions about providing child care?

We have dedicated staff to assist you in obtaining your family child care license, building your business and professional development!

let's chat!

GOOD TOYS ARE HARD TO FIND



DON'T WORRY, YOU CAN BORROW OURS

Child Care Resource & Referral Lending Library

ALL FUN AND FREE

Our lending library provides a **free** play - literacy learning environment for providers and families to explore and borrow really fun toys and **educational materials**. The collection is designed for infants- toddlers, preschool and school age children. The library also includes a **wide selection** of **picture, chapter, parenting** and **Early Learning provider books**.

LOTS OF WAYS TO PLAY

Building blocks, and musical instruments for **creative play**. Toys for **dramatic play** such as cars, trucks, & farm animals. Marble runs and sequence beads for **sensory play**. Sports equipment for large muscle **physical play**. Books for all stages of reading, including child care provider **business support**.

LOTS OF TOYS LEND

The Lending library offers a community resource that allows families, providers, teachers and agencies to meet the specific and growing needs of children in a cost effective way. **Items may be borrowed free of charge** for up to 3 weeks with a valid TRC lending library account.



trcacrr.myturn.com



Check us out!

Over 5,000 educational items available

We add new items monthly. 8085 Hwy 26 Suite G Mokelumne Hill 95245

Visit our library online



Are you a grandparent raising your grandchild in Amador County? We still have room in our Grandparent Respite Program. Contact Danell Bohall for more information.



Grandparent Café

SUPPORT & RESOURCES FOR
GRANDPARENTS RAISING
GRANDCHILDREN

Free Respite Program

Quarterly Meet Ups

Monthly Zoom Meetings

For more info call (209) 754-1075
or email dbohalla@trcac.org

The Resource Connection
Engaging Families · Empowering Communities · Enriching Lives

CP (Community Partners)
Keeping Communities and Children Connected





Amador QUALITY FOR KIDS

Supporting the Best Early Care & Education for Our Children

Are you a preschool teacher, childcare, or family, friend, or neighbor (FFN) provider?

Sign up today for Quality for Kids to earn some amazing incentives as you grow in the field of early childhood.

Incentives Include:

- Participation in ongoing campaigns
- Early childhood education and safety classes
- Learning opportunities-online, in-person, etc.
- Professional development hours

Learn about all the incentives and opportunities you can earn while participating in Quality for Kids, along with exciting NEW incentives added this year!

For more information call Aimee at (209) 257-1092 or email q4k@firstsamador.com

Our Partners






FIRST 5 CALAVERAS

First 5 Calaveras Sponsored Services available to Strong Start enrolled Family Child Care Providers (FCCP), Friends Family Neighbors (FFN) & Private Child Care Centers

- * Social Emotional Development Coaching**- on-site coaching and support with social and emotional observations, environments, expectations and resources.
- * Metta Services**- provides "free" mental health trauma informed services to children and families ages 0-5 that are not currently attending mental health services.
- * Ready Rosie** - a free educational app - with modeled moments designed to bring valuable lessons into real life situations in an engaging way for everyone.
- * Ready for Kindergarten** - booklets all about preparedness and options for tk/k in Calaveras County.
- * ASQ** - Ages and Stages early childhood assessment and developmental tracking tool.
- Strong Start Enrollment** - Quality Improvement Plan and Professional Development Stipends.

For more information contact Autumn Andahl
aandahl@calaverasccn.org 209-754-6916



ENROLL AMADOR

Children who take part in early childhood programs and activities have improved social skills, do better in school, and learn important life skills that stay with them forever... which in turn promotes healthy, successful children and youth.



Universal PreKindergarten (UPK)
 is a Mixed Delivery System that brings together ALL of these program options in one simple, helpful place.

Mixed Delivery Systems offer a variety of early learning and child care settings to allow parents and guardians an authentic choice, to meet the needs of their own families.

Scan QR Code here to visit the new ENROLL AMADOR WEBSITE, and see all options available in Amador County!

For questions, please contact Amador Child Care Planning Council: (209) 754-1075

The new ENROLL AMADOR WEBSITE is your guide!
www.enrollamador.org
 & "Enroll Amador" Facebook page



UPK Universal Prekindergarten ENROLL CALAVERAS

Your guide to help families in Calaveras County choose the best early learning and child care options for their children.



Families with 4 year olds have many early learning options that include: TK, private preschool, care through family childcare homes, and subsidized programs.

ENROLLCALAVERAS.ORG



Find the best fit for you and your family by using our online guide!





Location: 1000 N. Main St., Suite 100, Jackson, CA 95821

Session: 10:30 am - 12:00 pm

Topic: Trauma Responsive and Resilience: Building for Early Childhood Educators, Training Module 100

Module 100: Overview of Trauma and Key Trauma-Responsive Practices for Early Childhood Providers

Part 1: Mon. October 6, 2025 1:00 pm - 5:00 pm

Part 2: Tues. October 7, 2025 1:00 pm - 4:00 pm

Description: This module provides an overview of the field of trauma, the impact of trauma on children and families, and the role of early childhood educators in supporting children and families who have experienced trauma. The module will cover the following topics: the definition of trauma, the impact of trauma on children and families, the role of early childhood educators in supporting children and families who have experienced trauma, and the importance of trauma-informed practices in early childhood education.



Playgroups

Free to all children ages 0-5 in Amador County and their Mom, Dad, Grandparent, or Caregiver

All Sites 9:30-11:00am

Tuesday-Jackson
 First 5 Amador Learning Lab
 975 Broadway, Jackson

Wednesday-Tone
 Howard Park - Soccer Fields
 600 S. Church St.

Enter from Church Street near the arena - look for the playgroup A-frame.
 Stop to the left through the yellow gate to the parking area.

Thursday-Pioneer
 Faith Lutheran Church
 22401 State Hwy 88, Pioneer

For questions call (209) 257-1092 or check www.first5calaveras.org

August of 2025

talk, read, sing, play





Messy Mornings

"Learning Through Play"

"DRESS FOR MESS!"
 Join us for messy, unstructured playtime!
EVERY FRIDAY
 10:30 am - 12:00 pm

First 5 Amador's Indoor/Outdoor Learning Lab
 975 Broadway, Jackson

This playgroup is open to all Amador County children aged 0-5, and their parents or caregivers

Messy Morning will NOT be in session the following days:
 October 18, November 1 and 29,
 December 27 (2024)

For more information, call 209-257-1092



PLAYGROUPS & STORYTIMES

for kids birth to 5 and their caregivers

Days	Times	Location
Mondays	10:30 am	San Andreas Community Covenant Church * Not in session during COVID breaks
Tuesdays	10:30 am	Murphys Library Storytime
Tuesdays	9:30 am	Roll Road Flat Town Hall
Wednesdays	10:00 am	Blue Mountain Youth Center, West Point * Not in session during COVID breaks
Wednesdays	10:00 am	Arnold Library Storytime
Wednesdays	10:30 am	San Andreas Library Storytime 10:30 - 11 am Free Play 11 am - 12:00 pm
Thursdays	10:30 am	Copperopolis Library Storytime
Fridays	10:30 am	Mokelumne Hill Library Storytime
Fridays	10:30 am	Angels Camp Library Storytime

For more information, call 209-754-6916




Mom-Me Time  **WOW**

October 2
5:30 p.m.
Repeating with a new topic on the first Thursday of each month!

Speech, Language, and Signing 101
Presented by
Margaret Burnett, M.A., CCC
Speech Language Pathologist

Tips and tricks for your child's communication with words, signs, and beyond.

Take home a complimentary gift *while supplies last

Light meal for Moms.
Childcare available for 0-7.
Light snack for children.
Please call ahead if you need childcare.
209-257-1092

 
Meredith Sandoval, MS, NCC, LPCC
First 5 Amador
975 Broadway
Jackson

Sponsored in part by the Mental Health Services Act


Hosted by Mrs. Lyman

Music and Movement CLASSES

Mondays
9:30-10:30
Ages 0-5

August 4, 11, 18, 25
September 8, 15, 22, 29
October 6, 20, 27

First 5 Amador
975 Broadway, Jackson

This activity is funded by the California Arts Council, Amador County Arts Council, and First 5 of Amador.

JOIN FIRST 5 AMADOR AT THE AMADOR FLOWER FARM FOR*
Dad & Me
(FOR GRANDPA, UNCLE, ETC.)

Stay for lunch and take home a pumpkin!

For Amador County children 0-5 years old.

October 4, 2025
Meet at 11am

RVPs are appreciated, but not required.

22001 Shenandoah School Road
Plymouth, CA 95669

Please pre-register by calling or using the QR Code.

 
209-257-1092 gina@first5amador.com

Pumpkin Patch
Corn and Hay Mazes
Tram Ride Tours
Shaded Sand Box
Farm Animal Babies





SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4 
5	6	7	8	9	10	11
REMINDER Attendance Sheets Due						
12	13	14 	15	16	17	18
19	20	21	22	23 	24	25
26	27	28	29	30	31	

Find Child Care

The Resource Connection Child Care Resource and Referral Services | 8085 Highway 26 Ste G | Mokelumne Hill, CA 95245-9423 US

(209) 754-1075 / rrinfo@trcac.org / Facebook
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