

RR.TRCAC.ORG | January 2025

---

## WELCOME TO EARLY LEARNING IN THE KNOW

# Resource Newsletter

# We're so glad your here!

---

### A MESSAGE FROM OUR Program Director

Dear Providers and Families,  
Happy New Year! As we step into 2025, I want to take a moment to reflect on the incredible resilience and dedication you've shown over the past year. Your commitment to providing nurturing, supportive environments for children is truly inspiring, and we're excited to partner with you in the year ahead.



This January, we're focusing on New Beginnings and Goal Setting. It's a perfect time to set intentions, embrace fresh opportunities, and encourage children to dream big. Whether it's helping children create their first vision boards or modeling the power of positive resolutions, we can inspire them to believe in their potential and the importance of growth.

Remember, every small step counts when building a strong foundation for children's futures. Let's make this year one of meaningful milestones and achievements together. If you have questions, need support, or want to share your successes, please don't hesitate to reach out.

Warm regards,  
Sheri Noble  
Program Manager



## Children Going Barefoot In An Early Childhood Setting - Aussie Childcare Network

Children love being barefoot! It's comfortable and it enables them to feel free. Feeling the freedom of their movements allows them to feel more liber...

[Read More](#)

How did you like this article?



## Introducing the UCSF California Childcare Health Program (CCHP)



Introducing the UCSF California Childcare Health Program (CCHP)

The UCSF California Childcare Health Program (CCHP) is a nationally recognized resource dedicated to promoting health and safety in early care and education (ECE) settings. Their mission is to ensure that every child has the opportunity to thrive in a healthy, safe, and nurturing environment.

CCHP offers a wealth of resources for child care providers, families, and health professionals, including:

- Health and Safety Resources: Free access to fact sheets, checklists, and guides tailored to ECE settings.
- Online Training: Comprehensive courses on topics like infectious disease prevention, mental health support, and emergency preparedness.
- Technical Assistance: Expert advice on implementing health and safety practices in your child care program.

Whether you're looking to strengthen your program's health policies or learn best practices for creating a safe learning environment, CCHP is here to help. Visit their website at <https://cchp.ucsf.edu> to explore their resources and learn more.

Investing in health and safety is investing in brighter futures for the children in our care. Let's work together to build a healthier tomorrow!

---



### **Friend, Family & Neighbor Care**

TrustLine Background Check is a helpful tool for parents choosing a potential nanny or babysitter. Caregivers Registered with TrustLine, have no disqualifying criminal convictions, arrests or substantiated child abuse reports in California.

[\*\*Read More\*\*](#)

### **FROM THE SUBSIDY DEPARTMENT**



Providers, if you need additional attendance/claim forms, please click the link below to download and print them out, or please contact our office to have them mailed to you.

[\*\*Attendance Forms\*\*](#)

---



# Family Child care Fundamentals Series

Our 4 week online series will provide you with a solid foundation to start and run a successful and professional Family Child Care business.

## **Designing your Unique Program, Activities and Curriculum**

Tuesday, January 21st  
6pm-8pm

Explore ways to leverage skills and interests and create a unique program that is fulfilling and attractive to families. Come away knowing how to create activities that support a child's whole development while also supporting your unique program idea. Build a curriculum plan you love teaching and children love following.

## **Environmental Design and Business Marketing**

Tuesday, January 28th  
6pm-8pm

What sets your child care business apart? Plan an environment that supports children's social, emotional and cognitive learning. Practice creating different activity areas and identify which ones are best for your program. Learn the basic principles of marketing and planning for full enrollment.

## **Contracts, Policies and Communication with Families**

Tuesday, February 4th  
6pm-8pm

Build your professional relationship with clients by creating a contract that creates clarity with families and a handbook that supports both your business and the clients you serve. Learn communication best practices with families at the time of enrollment and beyond.

## **Business Finances and Preparing for Taxes**

Tuesday, February 11th  
6pm-8pm

Create a working budget for your business. Set prices that are fair and profitable and walk away with a better understanding of your finances. Identify and set up your best method for record keeping. Learn what costs you can deduct from your business income and how to calculate time/ space.

Contact for more information or assistance with registering:

Karen Frazier (209) 754-1075  
kfrazier@trcac.org

Workshops are held virtually.

Register online with QR code



**The Resource Connection**  
Engaging Families  
Empowering Communities  
Enriching Lives

## Amador & Calaveras County

# Work From Home!

Child Care Resource & Referral is your trusted partner in the path to starting your family child care business. We offer guidance, trainings and valuable resources.

Infant/ Toddler care & after hour/ weekend care needed!

Personalized support to help you succeed

Business start up reimbursement's and supplies available.



## DO YOU LOVE CHILDREN?

**CONTACT US!**



**209-754-1075**  
Karen Frazier



**8085 Hwy 26 Suite G**  
Mokelumne Hill 95245

**Visit us at [rr.trcac.org](http://rr.trcac.org) - Be a Child Care Provider**

### Work with us today

Have any questions about providing child care?

We have dedicated staff to assist you in obtaining your family child care license, building your business and professional development!

let's chat!

## GOOD TOYS ARE HARD TO FIND



**DON'T WORRY, YOU CAN BORROW OURS**  
Child Care Resource & Referral Lending Library

### ALL FUN AND **FREE**

Our lending library provides a free play - literacy learning environment for providers and families to explore and borrow really fun toys and educational materials. The collection is designed for infants- toddlers, preschool and school age children. The library also includes a wide selection of picture, chapter, parenting and Early Learning provider books.

### LOTS OF WAYS TO **PLAY**

Building blocks, and musical instruments for **creative play**. Toys for **dramatic play** such as cars, trucks, & farm animals. Marble runs and sequence beads for **sensory play**. Sports equipment for large muscle **physical play**. Books for all stages of reading, including child care provider **business support**.

### LOTS OF TOYS **LEND**

The Lending library offers a community resource that allows families, providers, teachers and agencies to meet the specific and growing needs of children in a cost effective way. **Items may be borrowed free of charge** for up to 3 weeks with a valid TRC lending library account.



[trcacrr.myturn.com](http://trcacrr.myturn.com)



?

**Check us out!**

Over 5,000 educational items available

We add new items monthly. 8085 Hwy 26 Suite G Mokelumne Hill 95245

Visit our library online

## RR (Resource & Referral) Child Care Provider Resources

JANUARY 2025 WWW.RR.TRCAC.ORG VOLUME #14

### CHILD CARE RESOURCE HUB PROVIDER NIGHT:

Thursday, January 16th 4:30 - 7:00 pm

We are excited to invite you to our Child Care Provider Night! This evening is dedicated to helping you connect with local child care providers, ask questions of our staff, and receive items to enrich your program. Our lending library will also be open and stocked with new items!



The Resource Connection

Thursday, January 16th is Child Care Provider Night! Join us from 4:30-7:00 p.m. Stop by and grab some much needed supplies to get your New Year started on the right foot!



### Grandparent Café

SUPPORT & RESOURCES FOR  
GRANDPARENTS RAISING  
GRANDCHILDREN

- Free Respite Program
- Quarterly Meet Ups
- Monthly Zoom Meetings

For more info call (209) 754-1075  
or email [dbohalla@trcac.org](mailto:dbohalla@trcac.org)

The Resource Connection  
Engaging Families • Empowering Communities • Enriching Lives

Are you a grandparent raising your grandchild in Amador County? We still have room in our Grandparent Respite Program. Contact **Danell Bohall** for more information.





## ENROLL AMADOR UPK MIXED DELIVERY WORKGROUPS

**THURSDAY, OCTOBER 10  
3:30 PM**

**THURSDAY, JANUARY 9  
5:30 PM**



**THURSDAY, MARCH 13  
3:30 PM**

**THURSDAY, JUNE 12  
5:30 PM**

UPK Mixed Delivery systems offer a variety of early learning and child care settings to allow parents and guardians an authentic choice to meet the needs of their families. The local UPK Mixed Delivery Workgroup identifies program types available to families and develops clear access and information about these options. All meetings are open to the public.


For info, visit us - [www.enrollamador.org](http://www.enrollamador.org) & 'Enroll Amador' Facebook page

For questions, please contact us - (209) 754-1075 [esimmons@trcac.org](mailto:esimmons@trcac.org)

## ENROLL CALAVERAS UPK WORKGROUPS

ALL MEETINGS ARE OPEN TO THE PUBLIC!



**TUES 22  
OCTOBER 22, 2024 @ 10:30 AM**  
Child Care Resource and Referral  
8065 Hwy 20 Ste G  
Mokelumne Hill CA 95245

**TUES 21  
JANUARY 21, 2025 @ 5:30 PM**  
Calaveras Office of Education  
185 S. Main St.  
Angels Camp CA 95222

**TUES 18  
MARCH 18, 2025 @ 10:30 AM**  
Child Care Resource and Referral  
8065 Hwy 20 Ste G  
Mokelumne Hill CA 95245

**TUES 20  
MAY 20, 2025 @ 5:30 PM**  
Calaveras Office of Education  
185 S. Main St.  
Angels Camp CA 95222

COME BY TO GAIN INSIGHT ON THE EARLY LEARNING AND CARE OPTIONS FOR FAMILIES WITH CHILDREN AGED 3 AND 4 YEARS OLD. VISIT OUR WEBSITE FOR MORE INFORMATION.

CONTACT US  
[estackpole@trcac.org](mailto:estackpole@trcac.org)  
209.754.1075

## AMADOR CHILD CARE COUNCIL WORKFORCE PATHWAYS GRANT INCENTIVES

Through the Quality Counts California Workforce Development Grant, we help actively employed early learning and child care (ELC) professionals in Amador County to receive stipends and reimbursements for Child Development Permits, ECE college courses, and several other incentives!

- Academic Achievement Stipends:** ELC professionals can receive stipends ranging from \$400 to \$900 for completing college coursework within or related to early childhood education.
- Child Development Permit Stipends:** ELC professionals can receive stipends for renewing, maintaining, OR upgrading their Child Development Permits. *This can be submitted every year, if you continue to keep your Permit current.*
- Child Development Associate (CDA) Credential Stipend:** Professionals who earn a CDA credential can receive up to a \$300 stipend.
- Mentor Appreciation Program Stipend:** Those participating in mentor programs at local colleges can receive up to a \$500 stipend upon completion.
- Financial Support for Tuition and Books:** ELC professionals can receive reimbursements for their early childhood education-related educational expenses such as tuition and books.
- Workforce Registry Profile Support Stipend:** Up to a \$300 stipend is available for professionals who need help creating OR updating their Workforce Registry profiles. *(Help must be given by our office)*
- Culturally Diverse Books/Materials:** Attendees of dual-language workshops will receive culturally diverse books or materials.

These incentives aim to support ELC professionals' career growth, ensure access to quality education and resources, and promote cultural diversity in early learning settings. This plan also strives to help sustain and build the local ECE workforce in Amador County, by encouraging existing ELC professionals and those new to the profession, to remain in the field.

*All applications/requests for stipends, and supporting documentation are due by June 1, 2025.*

FOR QUESTIONS, AND TO APPLY FOR THESE STIPENDS, PLEASE CONTACT:

ERIKA SIMMONS  
AMADOR CHILD CARE PLANNING COUNCIL  
(209) 754-1075  
[esimmons@trcac.org](mailto:esimmons@trcac.org)




## Complete your professional journey in Early Childhood Education today!



**About Us**  
Through Quality Counts California (QCC) efforts, The Resource Connection Child Care Resource and Referral plays a pivotal role in enhancing the quality of early childhood workforce pathways in Calaveras County by supporting providers actively employed in the early learning sector.

**Our Mission**  
The Resource Connection's mission is to engage families, enrich lives, and empower communities by providing essential resources and support in Amador and Calaveras Counties.

**Participants**  
Funding is for Calaveras County Early Learning Providers:  
 Head Start Staff     Private Preschool Staff  
 Local Family Child Care Providers  
 State Preschool Staff     License-Exempt Providers

**Academic Education Stipends**  
Stipends ranging from \$400 to \$900 for completing coursework within or related to early childhood education and/or renewing, maintaining or upgrading their Child Development Permit.

**Child Development Associate (CDA) Credential Stipend**  
Professionals who earn a CDA credential can receive a \$300.

**Culturally Diverse Books and Materials**  
Attendees of dual-language workshops will receive culturally diverse books or materials.

**ECE Mentorship Program**  
Participants in mentor programs at local colleges can receive up to a \$500 stipend upon completion of 1,000 hours of on-the-job training.

**Workforce Registry Support**  
Up to a \$300 stipend for professionals who need help creating or updating their Workforce Registry profiles.

**Financial Support for Tuition and Books**  
ELC professionals can request assistance for their early childhood education-related educational expenses.

Complete the application HERE 

Contact: Sheri Noble [snoble@trcac.org](mailto:snoble@trcac.org) 209-754-1075

# CP (Community Partners) Keeping Communities and Children Connected







**Amador  
QUALITY FOR KIDS**  
Supporting the Best Early Care & Education for Our Children

Are you a preschool teacher, childcare, or family, friend, or neighbor (FFN) provider?

Sign up today for Quality for Kids to earn some amazing incentives as you grow in the field of early childhood.

Incentives Include:

- Participation in ongoing campaigns
- Early childhood education and safety classes
- Learning opportunities-online, in-person, etc.
- Professional development hours

Learn about all the incentives and opportunities you can earn while participating in Quality for Kids, along with exciting NEW incentives added this year!

For more information call Aimee at (209)257-1092 or email [q4k@firstsamador.com](mailto:q4k@firstsamador.com)

Our Partners




**FIRST 5 CALAVERAS** **STRONG START Calaveras**

**First 5 Calaveras Sponsored Services available to Strong Start enrolled Family Child Care Providers (FCCP), Friends Family Neighbors (FFN) & Private Child Care Centers**

- \* **Social Emotional Development Coaching**- on-site coaching and support with social and emotional observations, environments, expectations and resources.
- \* **Metta Services**- provides "free" mental health trauma informed services to children and families ages 0-5 that are not currently attending mental health services.
- \* **Ready Rosie** – a free educational app – with modeled moments designed to bring valuable lessons into real life situations in an engaging way for everyone.
- \* **Ready for Kindergarten** – booklets all about preparedness and options for tk/k in Calaveras County.
- \* **ASQ** – Ages and Stages early childhood assessment and developmental tracking tool.


Strong Start Enrollment – Quality Improvement Plan and Professional Development Stipends.

For more information contact Autumn Andahl  
[aandahl@calaverascosny.gov](mailto:aandahl@calaverascosny.gov), 209-754-6916



**Early Care and Education Get Together**

A member of Learning Community, 44000th, Calaveras College, The Resource Connection, and CCEC



*Share, Listen, Support, Nurture*

Dates: 2025-1/8, 2/12, 3/12, 4/9, 5/14, and 6/11  
4:30-6:30PM, 2<sup>nd</sup> Wed. of the month

**ARE YOU...**  
A New Director? Site Supervisor? Family Child Care Home Provider? Aspiring administrator? Experienced Director with new challenges?

**Staff shortages, enrollment challenges, burnt out and exhausted? Feeling overwhelmed? Isolated? Want to start off the year on a positive note? Need a community of support and new ideas? Love to learn and grow?**

**THEN.....**  
Come share your challenges and opportunities. Problem solve with others.  
Receive support, resources, and build on your strengths.


◊ Professional growth hours available

Please RSVP one week before each session:  
Alicia Bish, Facilitator  
Call or text: 209-401-7666  
[abish@calaveras.k12.ca.us](mailto:abish@calaveras.k12.ca.us)

**VIRTUAL** professional learning community. Monthly Get Together via Zoom.

**Early Care and Education Get Together**

A member of Learning Community, 44000th, Calaveras College, The Resource Connection, and CCEC



*Share, Listen, Support, Nurture*

Dates: 2025-1/8, 2/12, 3/12, 4/9, 5/14, and 6/11  
9-11 AM, 2<sup>nd</sup> Wed. of the month

**ARE YOU...**  
A New Director? Site Supervisor? Family Child Care Home Provider? Aspiring administrator? Experienced Director with new challenges?

**Staff shortages, enrollment challenges, burnt out and exhausted? Feeling overwhelmed? Isolated? Want to start off the year on a positive note? Need a community of support and new ideas? Love to learn and grow?**

**THEN.....**  
Come share your challenges and opportunities. Problem solve with others.  
Receive support, resources, and build on your strengths.

◊ Professional growth hours available

Please RSVP one week before each session:  
Janet Davis-Cook, Facilitator  
Call or text: 209-743-6157  
[jcook@caltel.com](mailto:jcook@caltel.com)

**VIRTUAL** professional learning community. Monthly Get Together via Zoom.

# ENROLL AMADOR

Children who take part in early childhood programs and activities have improved social skills, do better in school, and learn important life skills that stay with them forever... which in turn promotes healthy, successful children and youth.

**Universal Prekindergarten (UPK)** is a Mixed Delivery System that brings together ALL of these program options in one simple, helpful place.

Mixed Delivery Systems offer a variety of early learning and child care settings to allow parents and guardians an authentic choice, to meet the needs of their own families.

Scan QR Code here to visit the new ENROLL AMADOR WEBSITE, and see all options available in Amador County!

The new ENROLL AMADOR WEBSITE is your guide!

For questions, please contact Amador Child Care Planning Council: (209) 754-1075

[www.enrollamador.org](http://www.enrollamador.org)  
& 'Enroll Amador' Facebook page

UPK Universal Prekindergarten California's Great Start

# UPK Universal Prekindergarten ENROLL CALAVERAS

Your guide to help families in Calaveras County choose the best early learning and child care options for their children.

Families with 4 year olds have many early learning options that include: TK, private preschool, care through family childcare homes, and subsidized programs.

ENROLLCALAVERAS.ORG

Find the best fit for you and your family by using our online guide!

Scan me

# FIRST 5 CALAVERAS SPONSORED 0-5 PLAYGROUPS

Mondays 10:30-11:00am @ The San Andreas Community Covenant Church Gym  
Not in Session During CUSD Breaks

Wednesdays 9:30-11:00am @ The Rail Road Flat Community Center

Wednesdays Story Time 10:30-11:00am  
Free Play 11:00am-12:30pm @ The San Andreas Library

Wednesdays 10:00-11:00 @ The Blue Mountain Youth Center, Main St. West Point  
not in session during CUSD Breaks

Fridays 10:00am @ The Mokelumne Hill Library

Beginning in January 2025: Mountain Ranch Youth Center Monday Mornings more info coming soon

STRONG START Calaveras

# Playgroups

Free to all children ages 0-5 in Amador County and their Mom, Dad, Grandparent, or Caregiver

All Sites 9:30-11:00am

<b>Tuesday-Jackson</b> First 5 Amador Learning Lab 975 Broadway, Jackson	<b>Wednesday-Ione</b> Ione Memorial Hall 207 S Amador St, Ione
<b>Thursday-Plymouth</b> Plymouth Community Church 38519 Poplar St, Plymouth	

Playgroups will not be in session:  
Nov. 26, 27, 28  
Dec. 24, 25, 26, 31  
December 5th and 12th (Plymouth)

For questions call (209) 257-1092 or check

talk, read, sing, play

# Messy Mornings

'Learning Through Play'

"DRESS FOR MESS!"  
Join us for messy, unstructured play time!  
EVERY FRIDAY  
10:30 am - 12:00 pm  
First 5 Amador's Indoor/Outdoor Learning Lab  
975 Broadway, Jackson

This playgroup is open to all Amador County children aged 0-5, and their parents or caregivers

Messy Morning will NOT be in session the following days:  
October 18, November 1 and 29, December 27 (2024)

For more information, call 209-257-1092

FIRST 5 AMADOR

# The Columbia College Child Development Mentor Program Wants You!

- Want to help Child Development students reach their goals?
- Ready to learn more about leadership?
- Seen in your role in early childhood education for 3+ years?
- Currently employed for at least 3 hours a day, 5 days a week?
- Completed 12 core units\* of Child Dev/Early Childhood coursework and a practicum?
- Willing to participate in focused professional development?

Please contact Adrienne Seegers (209) 588-2273 or [seegersa@yosemite.edu](mailto:seegersa@yosemite.edu)

\*Includes Child Growth and Development, Child Family and Community, Child and Family Relations, Program Curriculum, and Practicum

California Early Childhood MENTOR PROGRAM

# Amador QUALITY FOR KIDS

Supporting the Best Start, Care & Education for Children

## Positive Childhood Experiences (PCEs) Workshop

Positive childhood experiences can be linked to good emotional and mental health/wellbeing in adults

Come join us as we learn about the importance of PCEs in the early childhood field and the work we do with young children.

When: Thursday, January 23, 2025  
Dinner will be provided at 5:30pm  
Workshop will begin at 6:00pm

Where: First 5 Amador  
975 Broadway, Jackson, CA

QAK participants will receive a Clear Professional Development Certificate and an incentive for attending.

Childcare available upon request  
Please RSVP to (209) 257-1092 or email [qak@first5amador.com](mailto:qak@first5amador.com)

# Music and Movement CLASSES

Hosted by Mrs. Lyman

**Mondays**  
9:30-10:30  
Ages 0-5

**November 4, 18, 25**  
**December 2, 9, 16**  
**January 6, 13, 27**

First 5 Amador  
975 Broadway, Jackson

This activity is funded by First 5 of Amador

# Mom-Me Time WOW

We look forward to spending time with you in 2025!

Mom-Me Time will not meet in January.

Please save the date for February Mom-Me Time  
February 6th, 2025, from 5:30 - 7:00 pm

Light meal for Moms. Childcare available for 0-7. Light snack for children. Please call ahead if you need childcare.

209-257-1092

FIRST 5 AMADOR

Head Start, Head Start, NCC, NCC  
First 5 Amador  
975 Broadway  
Jackson



# JANUARY

## 2025

SUN	MON	TUE	WED	THU	FRI	SAT
			1 <i>Happy New Year</i> Office Closed	2	3	4
5	6 <b>REMINDER</b> Attendance sheets DUE	7	8	9	10	11
12	13	14	15	16 Provider Night 430-7pm	17	18
19	20  Office Closed	21 FCC Fundamental's 6p-8p	22	23	24	25
26	27	28 FCC Fundamental's 6p-8p	29	30	31	



[Find Child Care](#)

The Resource Connection Child Care Resource and Referral Services | 8085 Highway 26 Ste G | Mokelumne Hill, CA 95245-9423 US

(209) 754-1075 / [rinfo@trcac.org](mailto:rinfo@trcac.org) / Facebook

Copyright 2019 - 2021 - credits - The Resource Connection, Inc.