The Engaging Families Empowering Commu Enriching Lives Connection

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The Engaging Families Empowering Communities Enriching Lives Connection

Early Learning Programs In The Know



January 2024 Edition

In This Issue Message from our R&R Program Director January is National Hobby Month Calaveras Children's Fair Save the Date Friendly Reminders from our Subsidy Department Subsidy Program Eligibility FFN Resources Children's Resources Lending Library Free Little Library Amador County Community Resources Calaveras County Community Resources Schedule of Events TRC Recruiting Flyer TRC Impact Statement



Happy 2024! "National Hobby Month" is celebrated in January each year. This month encourages individuals to explore and enjoy new hobbies or to dedicate time to their existing ones. Hobbies can be a great way to relax, express creativity, and learn new skills. Whether crafting, painting, reading, gardening, or any other hobby, National Hobby Month is a time to celebrate the diverse interests that bring joy and fulfillment to people's lives.

Introducing hobbies to young children can be a rewarding and enriching experience. Hobbies not only provide entertainment but also help develop important skills and interests. Here are some tips on how to introduce hobbies to young children:

Observe Their Interests:

Pay attention to what naturally captures your child's attention. Whether playing with certain toys, exploring nature, or expressing creativity through drawing, their interests can guide hobby choices.

Explore a Variety of Activities:

Expose your child to a range of activities to discover what resonates with them. This could include arts and crafts, sports, music, gardening, reading, or even simple science experiments.

Lead by Example:

Children often reflect the behavior of adults. If they see you engaging in hobbies and expressing enthusiasm, they are likelier to develop an interest in hobbies.

Make It Fun:

Keep the activities enjoyable and age-appropriate. The emphasis should be on having fun rather than achieving a specific outcome. This positive experience will encourage a love for the hobby. Foster creativity by providing materials for drawing, painting, or building. Let them experiment and express themselves freely.

I hope you and/or the children you care for enjoy National Hobby Month!

Please reach out with any questions or suggestions.

Best, Sheri Noble TRC R&R Program Director

> Resource and Referral Newsletter & Professional Development Amador & Calaveras Office (209) 754-1075



Every year during the month of January, people in the U.S. celebrate National Hobby Month. Enthusiasts around the country share information about their hobbies with friends, try new hobbies that interest them, and dive deeper into the hobbies and activities they love.

It seems like hobbies have been around forever.

They're a natural way to have fun during our free time.

For some people, hobbies give them the personal time they need, away from the responsibilities of work, school, or family. Their hobbies allow them to focus, reflect, and recharge. These solo hobbies might be activities like running, walking, hiking. Or they may be something completely different, like reading, drawing, or home projects like gardening or woodworking.

For others, hobbies are social – and they choose their hobbies because of their interactive nature. These hobbies may overlap with solo hobbies. For instance, a person who loves running may join a running club, a person who loves reading may join a book club, and a person who loves hiking may join a hiking group. Some hobbies are social by default, such as participating in community theater, singing in a church or secular choir, volunteering for a favorite cause, or playing on a local softball, ultimate frisbee, or flag football team.

Some of these weren't possible during COVID, but now we can get back out among people, have fun, and be social.

That's where hobbies come in.

Which brings us to the question in the title of this article:

Where do hobbies come from, anyway?

It's logical to assume people have always found interesting ways to spend their spare time – but the concept of the hobby as we know it has only been around since the 18th century.

Hobby: What's in a Word?

The term *hobby* comes from something we all know about a hobby horse. The term hobby horse, in turn, comes from the French word *hobyn*, meaning "small horse" or "a child's horse." In an interesting twist, etymologists (people who specialize in the origin of words) assert the French borrowed the word *hobyn* from the name *Robin*, a derivation of the English name *Robert*. Since Robin was originally the diminutive form of the name – think Billy for Bill

or William – scholars suggest the word came into use as a cute, friendly way to describe the ponies and small horses children rode.

Around the 16th century, the term was then adapted and applied to toy horses made of a stick with a small fashioned from wood or fabric. Little kids played with hobby horses to have fun and pass the time – and over time, the phrase "ride your hobby horse" came to mean "participate in your favorite pastime." By

the 18th century, the phrase was reduced to one word, hobby. Initially viewed as childish, the idea that one would pursue an activity of little practical value to pass the time became widely accepted – and the modern concept of *the hobby* was born.

We like to think of hobbies in that way: it's how we do our own thing.

Hobbies Help You Be You

Hobbies are, by definition, something no one compels you to do. They're activities you choose yourself, pursue during your free time, and continue doing because you enjoy them. That's why virtually anything can be a hobby. Enjoying an activity is subjective. What one person loves another might find tedious, and vice-versa. In this way, the existence of hobbies presents a simple and meaningful life lesson: we each have our own thing, and hobbies are an outward manifestation of that thing – whatever that thing is.

Hobbies are the phrase "You do you" in action. Learning a safe, healthy, and productive way to "Do you" is especially important for adolescents, because <u>adolescence is the developmental period</u> when children solidify and expand their personalities and identities. It's a critical transition period from childhood to adulthood. It's when kids make some of their first consequential decisions about who they want to be, how they want to be seen, and for many, what they want to accomplish in life as adults.

That last phrase is not an exaggeration. Although hobbies are leisure time activities, many people transform their childhood or adolescent hobbies into lifelong vocations. We can name people we know who became electrical engineers after receiving electronics playsets as preteens, others who became musicians after messing around on the guitar as teens, and still others who entered public service after volunteering to support various causes during their teen years.

It's clear we think hobbies are important. That's why we've published articles about National Hobby Month for the past three years:

Why Teenagers Should Have Hobbies

Top Hobbies for Teens (That Aren't Sports, Computers, or Gaming)

Top Ten Benefits of Hobbies for Teens

Those articles are filled with good information about hobbies – but there's something we haven't addressed yet.

How to Find a Hobby

If you're a teen who doesn't have a hobby, or the parent of a teen who doesn't have a hobby, how do you find one?

The short answer is simple: trial and error.

But how do you know what to try?

Here are our suggestions:

- If you're a teen, take a moment to daydream. What do you wish you could do? Draw? Play a musical instrument? Work for a cause you believe in? Make yourself a list, either in your head or on paper. For each item, make a sub-list of how you can start, learn, or give that activity a shot. Go through your list and try everything. We bet you'll find something you love to do – i.e. a new hobby – before you get to the end of your list.
- 2. If you're the parent of a teen, include them in your hobbies. If you like to play tennis, play tennis with them. The same goes for the other hobby-like things in your life. If you like reading, share your favorite books with your teen. If you like writing, tell them how you go into it and consider buying them a nice journal to get them started. Sharing activities with your teen does two things: it sets a good example and expands their horizons. Your example shows them having hobbies is fun and valuable, and expanding their horizons gives them options they may never have considered when making the list we suggest above.
- 3. For teens or for parents, it's essential to keep the following ideas front and center as you search for a hobby. Hobbies should:
 - Be fun
 - Be fulfilling
 - Make you want to do them again, right away

- Feel freeing
- Feel empowering
- Make you feel more like you

That last item is the most important for teenagers. It matches and enhances their developmental phase, which is all about <u>identity formation</u>, <u>differentiation</u>, <u>and self-discovery</u>. And that's where we'll end this article: if you find an activity that lets you do, and makes you feel like the best version of yourself, then pursue it.

That's the kind of hobby you want.

To view the article, please click the link below:

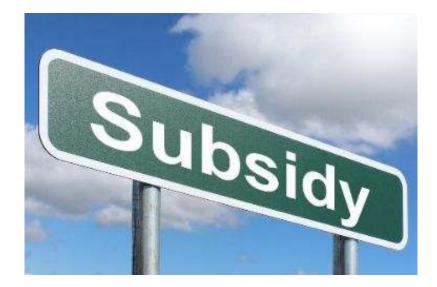
https://evolvetreatment.com/blog/find-

hobby/#:~:text=Every%20year%20during%20the%20month,hobbies%20have%20been%20around%20forever.

Resource and Referral Newsletter & Professional Development Amador & Calaveras Office (209) 754-1075







Important Reminders from the Subsidy Department

1. Parents and providers, if you cannot drop off the attendance forms at the various black drop box locations, you may email the attendance forms to the following email address: rrinfo@trcac.org. Please do not email Case Managers the attendance forms. Please note if you email the attendance forms, we do not need the originals, as the electronic version is acceptable. However, please retain the originals for your records.

2. Providers, just a friendly reminder: please be sure to reach out to our office to make sure we have your email on file, so when you turn in attendance forms our office will send you an email informing you that your attendance forms have been received and will be processed accordingly.

3. The Resource Connection shall reimburse registration fees charged either in a single payment or prorated over 12 months. As long as the provider documents that the contractual terms used for services to unsubsidized families require payment for such fees; and the fees do not exceed the maximum subsidy amount.

4. Providers, if you need additional attendance/claim forms, please click the link below to download and print them out, or please contact our office to have them mailed to you:<u>https://rr.trcac.org/info/docs/subsidy_attendance_app_fill-in_form_20160607_revised_20210608.pdf</u>

CHILD CARE ASSISTANCE

Need Help Paying For Child Care?



Child Care Subsidy can help you pay for Child Care:

- Work or look for work
- Go to school or training
- Seek permanent housing
- Helps when you are medically incapacitated

1. Check to see if you are eligible. Check the chart to see if your before-tax income is within the limits

2. To be placed on our Child Care Eligibility List (CEL), please use our online application below. **cel.trcac.org**

3. As funds become available, and we are able to enroll families at your current income rank, a subsidy coordinator will reach out to you.

Your Family Size:	Makes Less Than In a Month:	or, Makes less Than In a Year:
1-2	\$6,128	\$73,536
3	\$6,931	\$83,172
4	\$8,025	\$96,300
5	\$9,309	\$111,708
6	\$10,593	\$127,116
7	\$10,834	\$130,008
8	\$11,074	\$132,888
9	\$11,315	\$135,780

If you meet eligibility requirements- you have the option to choose from licensed family child care, licensed or exempt child care centers or family, friend, or neighbor care (may require background clearance), and in-home care. Please update your application when changes occur in your family size or income.

> The Engaging Families Resource Enriching Lives Connection

Amador and Calaveras County (209) 754-1075 (877) 944-9911

Eligibility List

The AP program has limited openings for eligible families. The first step to access AP services is to be placed on our eligibility list. Families with children with disabilities are encouraged to apply.



Selecting Participants

When an opening is available, we access the waiting list and contact families based on the following program admission priorities:

• First: Child protective services, or at-risk of abuse, neglect or exploitation

• Second: Admission priority based on adjusted gross monthly income & family size.

When multiple families are within the same ranking:

- 1. Child with exceptional needs within the same ranking is admitted first
- 2. Entry with the oldest application date is admitted second

Rank		Family Size																				
Rank	1-2			3		4		5		6		7		8		9		10		11		12
1	\$	59	\$	64	\$	75	\$	87	\$	99	\$	101	\$	103	\$	105	\$	108	\$	110	\$	112
2	\$	119	\$	128	\$	150	\$	174	S	198	\$	202	S	207	S	211	\$	216	\$	220	\$	225
3	\$	178	\$	192	\$	225	\$	261	\$	297	\$	304	S	310	S	317	\$	324	\$	331	\$	337
4	\$	238	\$	257	\$	300	\$	348	\$	396	\$	405	S	414	S	423	\$	432	\$	441	\$	450
5	\$	298	\$	321	\$	375	\$	435	S	495	\$	506	S	518	S	529	S.	540	\$	551	\$	563
6	\$	357	\$	385	\$	450	\$	522	\$	594	\$	608	S	621	\$	- G14	15	648	\$	662	\$	675
7	\$	417	\$	450	\$	525	\$	609	\$	693	\$	709	S	4 26	S	741	S	756	\$	772	\$	788
8	\$	476	\$	514	\$	600	S	696	\$	793	\$	814	51	329	15	847	\$	865	\$	883	\$	901
9	\$	536	\$	578	\$	675	\$	784	\$	-892	6	912	5	.932	SI	953	\$	973	\$	993	\$	1.013
10	\$	596	\$	643	\$	750	\$	87	8	100	-	1,013	S	100	.5	1,058	\$	1,081	\$	1,103	\$	1,126
11	\$	655	\$	707	\$	826		95	3	1,090	2	A 27 616	S	1,140	S	1,164	S	1,189	\$	1,214	\$	1,239
12	S	715	\$	771	\$	Cak	3	1.045	S	_1.1	5	1,216	S	1,243	S	1,270	\$	1,297	\$	1,324	\$	1,351
13	\$	775	\$	836	\$	976	\$	1 1 1 1 1 1 1	10	1,288	5	1,317	S	1,347	S	1,376	\$	1,405	\$	1.435	\$	1,464
14	\$	834	\$	900	\$	1.054		1.279	\$	1,387	\$	1,419	S	1,450	S	1,482	\$	1,513	\$	1.545	\$	1,577
15	\$	894	\$	964	\$, New	\$	1.306	S	1,486	\$	1,520	S	1,554	S	1,588	S	1,622	\$	1.655	\$	1,689
16	\$	953	\$	1,029	\$	1,201	\$	1,393	\$	1,586	S	1,622	5	1,658	S	1,694	S	1,730	\$	1,766	\$	1,802
17	\$	1,013	\$	1,093	\$	1,276	\$	1,480	\$	1,685	5	1,723	5	1,761	S	1,800	\$	1,838	\$	1,876	\$	1,915
18	s	1,073	\$	1,157	\$	1,351	\$	1,568	S	1,784	\$	1,824	S	1,865	S	1,906	S	1,946	\$	1,987	\$	2.027
19	\$	1,132	\$	1,222	\$	1,426	\$	1.655	\$	1,883	\$	1,926	S	1,969	S	2,011	\$	2,054	\$	2,097	\$	2,140
20	S	1,192	\$	1,286	\$	1,501	\$	1,742	\$	1,982	5	2.027	S	2,072	S	2,117	S	2,162	\$	2.207	\$	2.252

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Families screened & selected for potential enrollment from the waiting list will be asked to complete the orientation process, and submit documentation to verify eligibility/need for services. The steps are as follows:

Learn How to Apply and Select an Eligible Provider

Apply online to the Child Care Eligibility list and update your information if anything changes.

When we are ready to enroll we will contact families in the lowest ranks and highest priority first.

Begin Your Child Care Provider Search

If you do not currently have a child care provider you will need to find one. Choosing child care can be a difficult job, contact our Resource & Referral department for help and to find out what is available for your family.

Complete Documentation Orientation

Make sure you answer your phone, email or respond to the letter you receive to schedule an appointment with a Case Manager.

Complete forms, gather documents listed on the checklist, select a child care provider.

Note: If you do not contact us within 1 week of being contacted, you will not be eligible to apply for this enrollment period.

Verify Eligibility

Attend in-person appointment at The Resource Connection office specified on your letter.

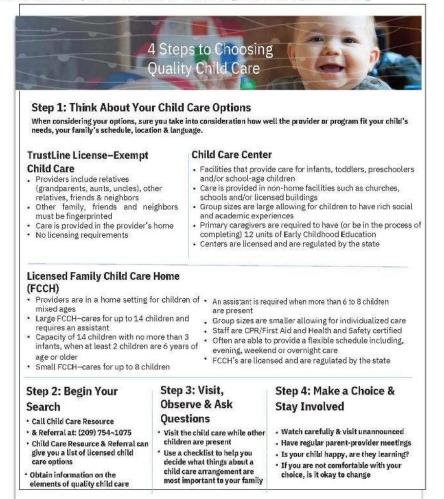
Please note that your **appointment will be rescheduled** if your packet/information is not complete at the time of your appointment.

For the purposes of this handbook, parent means a biological <u>parent</u>, adoptive parent, stepparent, foster parent, caretaker relative, legal guardian, domestic partner or any other adult living with a child who has responsibility for the care and welfare of the child.

Provider Participation

Parental Choice:

It is the parent's right and responsibility to choose an eligible provider that meets their family's need for child care and development services. Participants are encouraged to choose a clean, healthy and safe environment for their child(ren). For assistance in choosing a child care provider at any time, contact our Child Care Resource and Referral department at (209) 754-1075 or go online at http://rr.trcac.org



Parents who choose a licensed provider have the right and responsibility to view any licensing information regarding site visits to their provider's facility or records regarding complaints. Call Community Care Licensing at 1-844-538-8766 for information about facility reports. Parents are also encouraged to visit the Department of Justice "Registered Sex Offender" database at www.meganslaw.ca.gov

Choosing Quality Child Care is important; it promotes brain development, school readiness and reduces family stress. Everyone Benefits!

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Family, Friends, & Neighbors (FFN)



Family, Friends

and Neighbors (FFN)

<u>About</u>

The Friends, Family, and Neighbor (FFN) program is a Child Care Resource and Referral initiative aimed at supporting caregivers who provide care for children in their own homes. The program provides resources, training, and guidance to FFN caregivers to help them provide quality care and education to the children in their care. Through the FFN program, caregivers can access a range of services, including referrals to community resources, training and workshops, and support networks. This program recognizes the important role that informal caregivers play in the lives of children and provides them with the tools and resources they need to provide safe, nurturing, and stimulating environments for the children in their care.

FFNs build stable foundations for young children, and are an irreplaceable and essential part of the mixed delivery child care system.

Services

- Caregiver Support
- Guidance on Health & Safety Practices (CPR)
- Lending Library
- Consumable Closet
- Community Resources (Food Program)
- Professional
 Development



Not sure if you are an FFN? Have Questions? Call Karen Frazier 209.754.1075 or email kfrazier@trcac.org The Resource Connection Engaging Families - Empowering Communities - Enriching Lives

Child Care Resource and Referral Services







Finding Ways To Have Fun In January

I love the options for family fun in January, but there is no way to do everything on this list. Before

you feel any sort of pressure to attempt all of these ideas, let me assure you that I won't be doing

them all.

I've compiled this list so we can **purposefully select** the activities that will work best for our family this month. After all, we want to connect with our kids and NOT connect with a "to-do" list.

Embracing The Cold In January

1. Sit By a Fire

You can do this indoors if you have a fireplace or outdoors at a fire pit. The coziness of a fire creates a delightful atmosphere for conversation as your family sits around the flames. Make sure the devices are put away so you can focus on the firelight and not the blue light. If you want to take it a bit further, roast marshmallows and make smores.

Make your time around the fire even more unique with <u>magical flames</u>. These little packets burn various colors while in the fire. Of course, you will need to burn them **after** you have finished roasting any food items.

2. Enjoy Hot Drinks Together

Warm up any time of day with a steamy mug of...

- hot cocoa
- chai
- cider
- hot tea <u>check out my favorites</u>
- wassail

... or any other favorite warm drink.

3. Make a Hot Chocolate Bar

Keep all of your favorite hot chocolate toppings in special containers in an easy-to-reach area so everyone can enjoy them with their hot cocoa. Ideas

include:

- mini marshmallows
- crushed candy canes
- sprinkles
- baking cocoa powder (for sprinkling on whipped cream)
- whipped cream (in the fridge)

4. Draw a Mug of Hot Cocoa

While sipping your favorite drink, gather construction paper and a pack of chalk pastels for a little winter art fun. (our favorite chalk pastels)

Draw a steaming mug of hot chocolate <u>using this video lesson</u>. This <u>fun art</u> <u>activity</u> is one way to have some fun with your kids in a way that suits the season.

For the full article, please click on the link below:

https://www.maryhannawilson.com/connect-kids-january-edition/

Resource and Referral Newsletter & Professional Development

Amador & Calaveras Office (209) 754-1075



THE RESOURCE CONNECTION LENDING LIBRARY

Our Lending Library offers over 5,000 educational toys and books to enrich play- literacy based learning, parenting education and & child care provider resources to help develop children's skills and imagination, across different stages of growth and development.

Lending Library Hours

Monday - Thursday 8:30am-4:00pm Closed 12:00pm-12:30 for Lunch

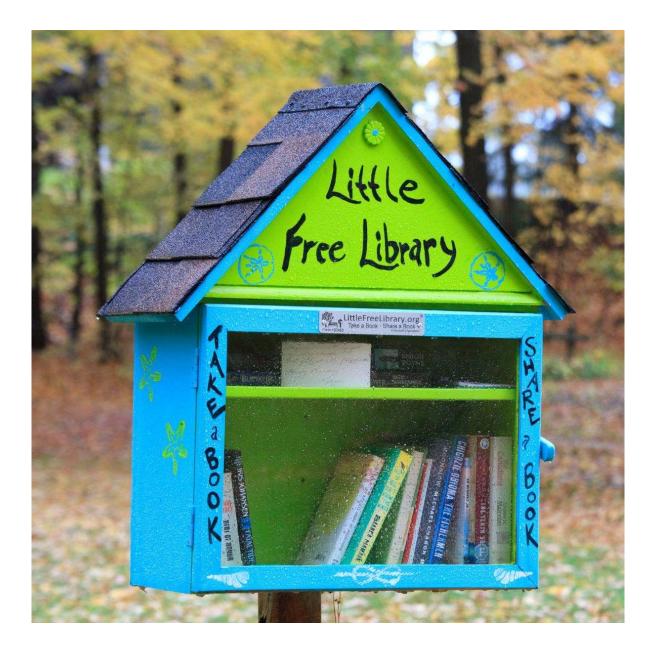
Visit our Library Online to reserve your educational items today!

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Resource

<u>trcacrr.myturn.com</u>





Free Little Library

?There is a brand new Little Free Library right in front of the offices of The Resource Connection Child Care Resources and Amador Child Care Council! Our new Little Free Library was donated by First 5 Calaveras and painted by our very talented R&R Supervisor, Karen! We are so excited to announce this to the community and invite anyone to stop by to "Take a Book, or Leave a Book!" If you are looking to get rid of books that you no longer want, please consider donating them to this sweet little library... and grab a book to take home while you're here!
The beautiful artwork on our Little Free Library features wildflowers, bees, and butterflies and encourages folks to take care of our pollinators. There will be free packages of Pollinator Mix flower seeds inside as well for library visitors to plant in their gardens! We would like to thank First 5 Calaveras for this very generous donation. Visit us at - 8085 Highway 26, Suite G, in Mokelumne Hill! Our Library is also registered on the worldwide map! Visit here.



ATCAA HEAD START



A COMPREHENSIVE FAMILY-FOCUSED PROGRAM



FREE FOR ELIGIBLE FAMLIES WE WELCOME CHILDREN WITH SPECIAL NEEDS

Head Start and Early Head Start centers serve children ages 18 mos to 5 years. Our education, health and wellness services for children include:

- · Learning experiences tailored to children's needs and abilities to help them succeed in school and in life.
- · Activities that promote health and physical development.
- Nutritious meals and snacks
- Medical, dental, hearing, vision, and developmental screenings.
- · Assistance with mental health services, if needed.

We also offer individualized support services for families to meet their needs.



FOR PREGNANT MOMS & CHILDREN UP TO 5 YEARS

Home Based parents and children receive Early Head Start and Head Start services right in their own home! Home visitors come once a week to support parents and their children in all areas of child development and family well-being by:

- · Empowering parents as their child's first teacher.
- Supporting and engaging meaningful parent-child interactions and ageappropriate activities.
- · Guiding learning about children's health, dental health, and development.
- · Connecting families to community resources.
- Offering Home Base socializations 2 x a month providing positive interactions with other parents & children in the program.

TO QUALIFY

Families must be residents of Amador or Tuolumne County. Some of the circumstances that may qualify families for Early/Head Start services include:

- Income Eligibility
- Children in foster care
- Experiencing homelessness

- Participation in SNAP/CalFresh, TANF, or SSI

CONTACT (209) 533-0361 **ATCAA.ORG/HEADSTART**



HELPING PEOPLE SINCE 1981

USDA and this institution are equal opportunity providers and employers.

Mom-Me

2023: November 2nd December 7th 2024: January 4th February 1st March 7th April 4th May 2nd June 6th We welcome su (Bring a f

First 5 Amador 5:30-7:00 p.m. 975 Broadway, Jackson 209-257-1092

Enjoy dinner and discuss tips regarding challenging behaviors, picky eaters, and carving out time for you.

We welcome suggestions for future topics (Bring a friend and be entered into a drawing for prizes.)

Please call if you need childcare or have questions.

Hosted by Sara Rader, MS, LPCC, NCC



FREE to children ages 0 - 5 and their Mom, Dad, Grandparent, or Caregiver



All sites ~ 9:30 - 11:30 am

Tuesdays - Jackson ~ 975 Broadway

Indoor and Outdoor Learning Labs

<u>Families start indoor for playgroup or outside for First 5 free play.</u> <u>Groups will switch mid-way.</u>

WEDNESDAYS ~ Ione

Location changes will be posted on Facebook.

Ione Train Station ~ 1 East Main Street, Ione (weather permitting)

Ione Memorial Hall ~ 207 S. Amador Street, Ione (winter months)

THURSDAYS ~ Plymouth

Plymouth Elementary

18601 Sherwood Street, Plymouth (Extended Learning Opportunity Program Classroom - ELOP)

All playgroups follow the school district schedule and are not in session:

October 17th, 18th & 19th; November 22nd & 23rd: December 26th, 27th & 28th;

January 2nd, 3rd, & 4th; March 12th, 13th & 14th

Funded by:



975 Broadway (P.O. Box 815), Jackson, CA 95642 ~ 209-257-1092 www.first5amador.com ~ Facebook - first5amador.com

Indoor playgroup hosted by Heather Hall Outdoor free-play provided by First 5



If you or someone you know in Amador County is expecting or celebrating the arrival of a new baby up to 18 months, Welcome Baby would like to offer you a

FREE GIFT

- Imagination Library free books from birth until your child turns 5
- Diapers
- Easy-to follow Parent Tips book
- "What to Do When Your Child Gets Sick" book
- T-shirt for baby
- and lots of other fun and helpful information

For information call 209-257-1092 or email f5a@first5amador.com



Foothill Indian Education Alliance, Inc.

WE ARE

We Are Looking For: TUTOR- JACKSON TUTORING CENTER

(10 MONTH PART TIME UP TO 20H WEEKLY)

Primary Responibilities:

Provide academic assistance to Native American students (K-12) in Amador County who are enrolled in the Foothill Indian Education Alliance Tutoring.

Education and Experience

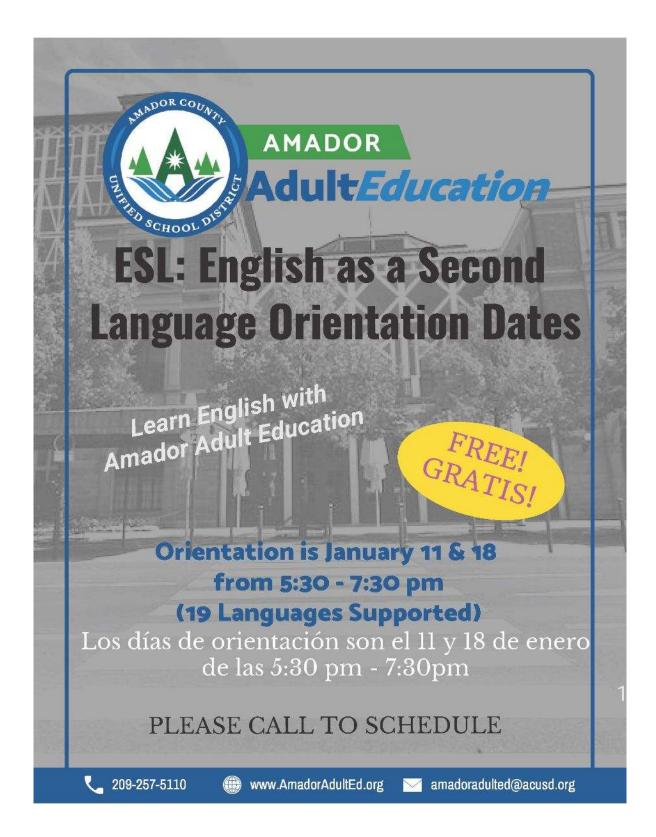
One or more years' experience in tutoring or other direct student service in one or more of the following subjects: mathematics, reading, laungage arts, social studies, science , history, or study skills. ***Full job description available**

For more information contact: Antoinette Del Rio, Director Ph: 530-919-1694 Email: adelrio@edcoe.org

Foothill Indian Education Alliance (FIEA) gives applicant who are of American Indian Descent hiring preference (in accordance with USC Section 45, U. S Supreme Court, 06/17/74).Employment is dependent upon continued funding from federal, state, local and private sources







Lethal Means Safety is an effective way to keep yourself or someone you know safe. Amador County is offering free gun safes and trigger locks to anyone who needs them at the following locations:

AMADOR SENIOR CENTER

229 New York Ranch Rd., Jackson, CA 95642 M-F; 8:30 a.m. - 4:00 p.m.

FIRST 5 AMADOR 975 Broadway Jackson, CA 95642 M-F; 9:00 a.m. - 4:00 p.m. M-Th; 9:00 a.m. - 4:00 p.m.

10590 CA-88 Jackson, CA 95642

SIERRA WIND WELLNESS CENTER

10354 Argonaut Lane Jackson, CA 95642 M-F; 9:30 a.m. - 4:30 p.m.

CAMANCHE LAKE COMMUNITY CENTER 4240 Camanche Parkway N., Unit 4 lone, CA Hours Vary; Call (209) 257-1980 ext. 103

UPCOUNTRY COMMUNITY CENTER 119588 Hwy 88, Pine Grove, CA Hours Vary; Call (209) 257-1980 ext. 111

ATCAA

IONE FAMILY RESOURCE CENTER 17 W. Main Street, Ione, CA Tuesday, Wednesday, Thursday 8:00 a.m. - 5:00 p.m.

AMADOR ARTS

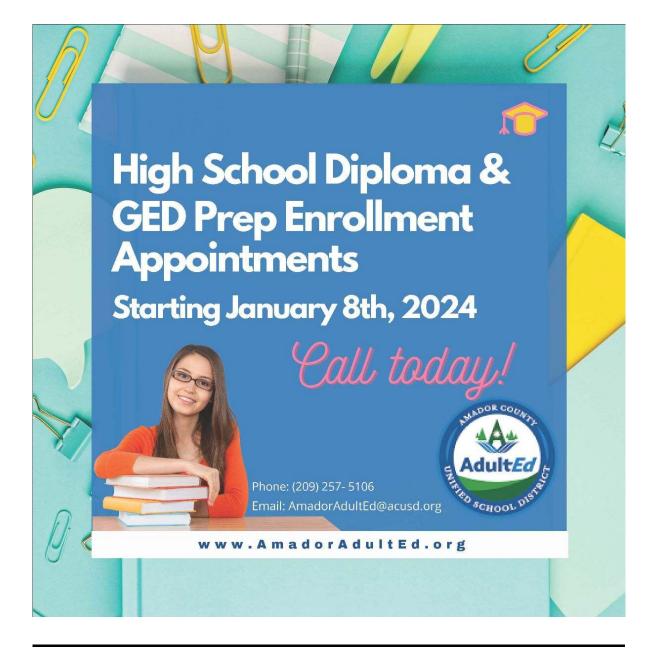
110 Broad Street, Sutter Creek, CA Hours Vary; Call or Text (209) 256-8166

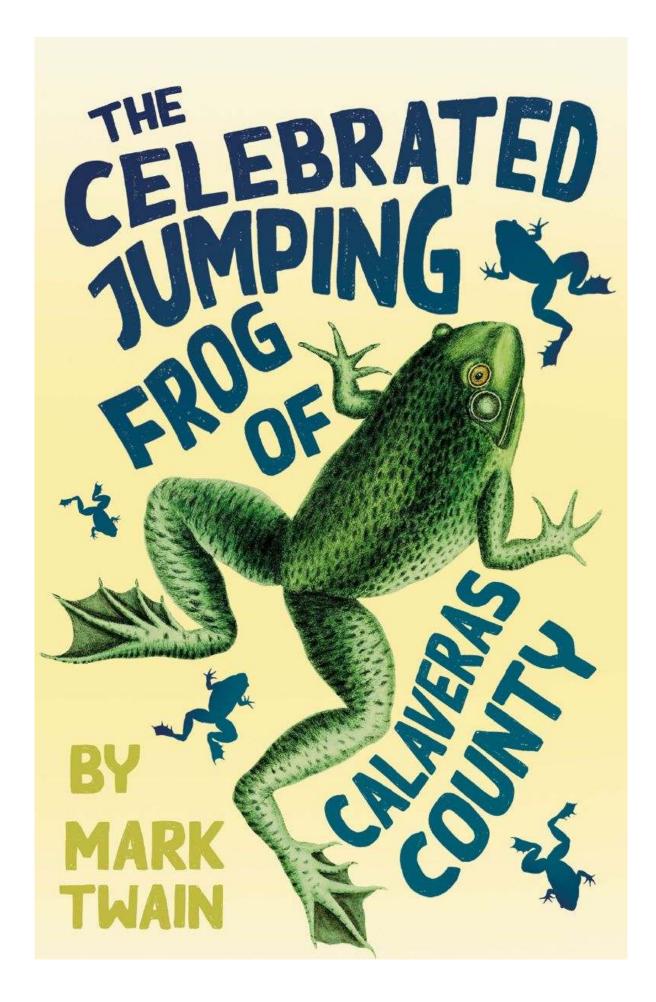


Learn more here: https://www.nssf.org/safety/ https://www.va.gov/reach/lethal-means/



Questions? Contact James Burke @ (209) 223-6553 or jburke@amadorgov.org







FREE AND OPEN TO ALL TEENS 13-17!

GAMES FIELD TRIPS ART CLASSES WORKSHOPS 8 MORE



Blue Mountain Center 364 Main Street, West Point



Mondays 3-6pm & Fridays 4:30-7:30pm

Follow us on Facebook @bmcyf for the latest activities



For more info: jessica.bmcyf@gmail.com







Join our Facebook Group "BMCYF Playgroup" to keep in touch and get more resources for your little ones.

ADRC OF THE MOTHER LODE



This resource directory provides information on many services and programs available to older adults and people with disabilities in the following counties:

> ALPINE AMADOR CALAVERAS MARIPOSA TUOLUMNE

https://adrcofthemotherlode.myresourcedirectory.com

Open your camera app and point it towards the QR code to be taken to the resource directory website.



for more information 🌜 call 209-532-6272 Area 12 800-510-2020 DRAIL



- 209-521-7260

AMADOR TUOLUMNE COMMUNITY ACTION AGENCY

Serving Amador, Calaveras, and Tuolumne Counties

CALAVERAS WATER ASSISTANCE



Do you pay a monthly water bill?

Would you like assistance with current *or* past due water bills?

Low Income Household Water Assistance Program (LIHWAP)

This program provides one-time financial assistance to help Californians struggling to pay current or overdue residential water or wastewater bills. LIHWAP is funded by the federal government and administered by the California Department of Community Services and Development (CSD). CSD works with a network of community-based local service providers to help low-income households pay down their outstanding bills. Applicants must qualify per the 2023 income guidelines and contact the ATCAA Energy department to apply. We recommend that applicants first contact their utility company to set up payment arrangements.

MONTHLY INCOME GUIDELINES

ersons	Income
1	\$2,700.17
2	\$3,531.00
3	\$4,361.83
4	\$5,192.75
5	\$6,023.59
6	\$6,854.43
7+	Call Us

PARTICIPATING WATER COMPANIES:

Calaveras County Water District 209) 754-3543 Calaveras Public Utility District (209) 754-9442 City of Angels (209) 736-2181 Mokelumne Hill Sanitary District (209) 754-9442 Union Public Utility District (209) 728-3651

All ATCAA services are dependent on client eligibility and program fund availability.

CONTACT

P

() (209) 223-1485 x221

10590 Highway 88 Jackson, CA 95642

ATTENTION CALAVERAS RESIDENTS

ATCAA Energy Program Utility Bill Assistance & Weatherization



HELP WITH HOME ENERGY

IN-PERSON HELP

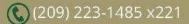
ATCAA will be present at the Calaveras Health and Human Services building in the Networking Room (Room 116) every other Monday from 10:30am-1:30pm.

(Times and dates can change without notice. Please call the ATCAA Energy Department to confirm dates and times)

VISIT US AT

Calaveras Health and Human Services 509 E St. Charles Street Room 116 San Andreas, CA 95249

CONTACT TO APPLY



🌐 atcaa.org/energy

10590 Highway 88 Jackson, CA 95642

UTILITY BILL ASSISTANCE

PG&E, propane, and/or water bill assistance for income qualified renters and homeowners.

WEATHERIZATION

Permanently lower your energy bills and enhance the comfort of your home, all at no cost to you. Weatherization services include repair/replacement of doors and windows, a variety of appliances, and other services (when feasible).

MONTHLY INCOME GUIDELINES

Persons	Income	
1	\$2,700.17	
2	\$3,531.00	
3	\$4,361.83	
4	\$5,192.75	
5	\$6,023.59	1
6	\$6,854.43	P
7+	Call Us	





January 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 New Year's Day Office Closed	2	3	4	5	6
7	8	9 ACCC Mtg. 1:00 PM @ ACOE	10	11	12	13
14	15 Martin Luther King Day Office Closed	16 CCCC Mtg. 9 am @ CUSD	17 Joint UPK Mixed Delivery Session 5:30 PM	18 Provider Night 4:30-7 PM	19	20
21	22	23 FCC Fundamental Series Pt. 1 6-8 PM	24	25 ASQ Workshop 6-8 PM	26	27
28	29	30 FCC Fundamental Series Pt. 2 6-8 PM	31			

Resource and Referral Newsletter & Professional Development

Amador & Calaveras Office (209) 754-1075

PROVIDER WORK NIGHT EVERY 3RD THURSDAY OF THE MONTH 4:30PM-7:00PM



Learning Resources

Items you may take back to your program and use up. Paint, glue, scissors, paper, glitter, playdough, tape, craft items and more! Our color copy machine is available to print your contracts, policy booklets and other business paperwork.



Lending Library

Over 4000 children's books and educational items available for loan. All developmental areas available. Large selection of teaching books.

Family Child care

Fundamentals Series

Our 4 week online series will provide you with a solid foundation to start and run a successful and professional Family Child Care business.

Designing your Unique Program, Activities and Curriculum Tuesday, January 23rd 6pm-8pm

Explore ways to leverage skills and interests and create a unique program that is fulfilling and attractive to families. Come away knowing how to create activities that support a child's whole development while also supporting your unique program idea. Build a curriculum plan you love teaching and children love following.

Contracts, Policies and Communication with Families

Tuesday, February 6th 6pm-8pm

Build your professional relationship with clients by creating a contract that creates clarity with families and a handbook that supports both your business and the clients you serve. Learn communication best practices with families at the time of enrollment and beyond.

Contact for more information or assistance with registering: Karen Frazier (209) 754-1075 kfrazier@trcac.org Environmental Design and Business Marketing Tuesday, January 30th 6pm-8pm

What sets your child care business apart? Plan an environment that supports children's social, emotional and cognitive learning. Practice creating different activity areas and identify which ones are best for your program. Learn the basic principles of marketing and planning for full enrollment.

Business Finances and Preparing for Taxes

Tuesday, February 13th 6pm-8pm

Create a working budget for your business. Set prices that are fair and profitable and walk away with a better understanding of your finances. Identify and set up your best method for record keeping. Learn what costs you can deduct from your business income and how to calculate time/ space.

Workshops are held virtually. Register online with QR code







niversa

California's

Great Start

Joint UPK Mixed Delivery Session

You are Invited...

Wednesday, January 17 5:30 pm

8085 Highway 26, Suite G Mokelumne Hill

The Commission on Teacher Credentialing (CTC) will be here to give a presentation on the new PK-3 ECE Specialist Teaching Credential! The Amador and Calaveras Child Care Councils are partnering together to host this very informative session, which will include time for questions and discussion.

DINNER provided, please see below to <u>RSVP</u>!

All UPK meetings are open to the public. Join us!

<u>Please RSVP to:</u> (209) 754-1075 or esimmons@trcac.org

AGES & STAGES QUESTIONNAIRES Workshop



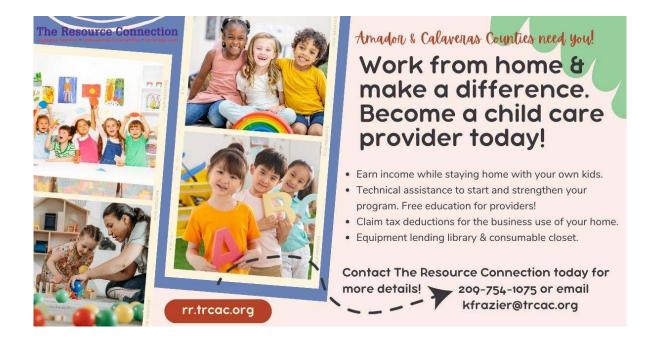
THURSDAY, JANUARY 25

The Ages & Stages Questionnaires (ASQ's) is an easy developmental screening tool that pinpoints developmental progress in children between the ages of one month to 5 ½ years. This tool can help you (and the parents in your programs) to know if the children in your care are on track with their development. Evidence shows that the

earlier development is assessed, the greater the chance a child has to reach his or her potential. Join us to learn more about how to implement these easy screenings into your child care programs!

The Engaging Families Engource Enclisher E IN-PERSON WORKSHOP! 8085 HWY 26, STE G - MOKE HILL (209) 754-1075









The Engaging Families Empowering Communities Enriching Lives Connection

Vision

Strong Families, Sustainable Communities, and Successful Individuals.

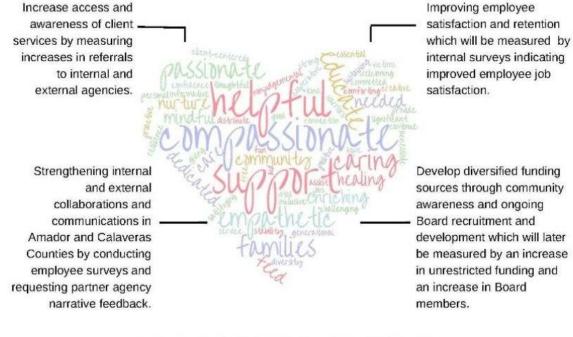


Mission

The Resource Connection's mission is to engage families, empower communities, and enrich the lives of the residents of Amador and Calaveras counties.



2022-2025 Strategic Plan Key Goals



Based on the Fiscal Year 21-22 audit, 95% of the total program revenues supported program goals and activities, with the remaining 5% allocated to administrative expenses.



THE RESOURCE CONNECTION IS AN EQUAL OPPORTUNITY EMPLOYER, PROVIDER AND ADA COMPLIANT.





The Resource Connection Child Care Resource & Referral - rr.trcac.org

Our mailing and physical address is: 8085 Highway 26, Suite G Mokelumne Hill, CA 95245 Hours: 8:00 a.m.– 4:30 p.m. / Monday–Thursday CLOSED DAILY: 12:00 p.m.-12:30 p.m.

The Resource Connection Resource and Referral · PO Box 919 · San Andreas, CA 95249-0919 · USA

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