

The Engaging Families Empowering Communities Enriching Lives Connection

Early Learning Programs In The Know



December 2023 Edition

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Happy December! Safe Toys and Gifts Month is an awareness campaign held annually in December. This initiative aims to raise awareness about the importance of choosing safe and age-appropriate toys and gifts for children during the holiday season. December is when many people are buying and exchanging gifts, especially for children, and it's important to prioritize safety when selecting toys.

Here are some tips to keep in mind during Safe Toys and Gifts Month:

1. Check for Age Appropriateness:

Ensure that the toy is suitable for the child's age and developmental level.
 Most toys have age recommendations on the packaging.

2. Inspect for Small Parts:

 Avoid toys with small parts that can be a choking hazard, especially for young children. Check for warning labels on the packaging.

3. Look for Non-Toxic Materials:

 Choose toys made from non-toxic materials. Be aware of any potential allergens or harmful chemicals in the toys.

4. Consider Durability:

 Select well-made and durable toys to reduce the risk of breakage and potential injuries.

5. Check for Recalls:

 Before purchasing a toy, check for any recalls. You can visit the Consumer Product Safety Commission (CPSC) website to see if the product has been recalled. http://cpsc.gov

6. Supervise Play:

 Always supervise young children while they are playing, especially with toys that have small parts or potential hazards.

7. Promote Physical Activity:

 Consider toys that encourage physical activity and exercise to support a healthy lifestyle.

8. Avoid Toys with Strings or Cords:

 Strings and cords can pose a strangulation risk, so it's best to avoid toys with these features for young children.

By being mindful of these tips and making informed choices, you can contribute to creating a safe and enjoyable play environment for children.

If you are interested in borrowing toys from the Resource and Referral Lending Library, please go to the link: https://trcacrr.myturn.com/library/. The library contains many educational and age-appropriate materials and activities.

Best.

Sheri Noble R&R Program Director

Resource and Referral Newsletter & Professional Development

Amador & Calaveras Office (209) 754-1075



Safe Toys & Gifts Month is an annual observance dedicated to promoting the safety of toys and gifts for children, particularly during the holiday season. It serves as a reminder to parents, caregivers, and gift-givers to choose ageappropriate and safe toys to ensure the well-being of young recipients.

What is Safe Toys & Gifts Month 2023?

Safe Toys & Gifts Month focuses on raising awareness about the importance of selecting toys and gifts that meet safety standards and align with a child's age and developmental stage. The goal is to prevent accidents and injuries caused by inappropriate or hazardous toys, especially during a time when gift-giving is common.

When is Safe Toys & Gifts Month 2023?

Safe Toys & Gifts Month is observed throughout the month of December, coinciding with the holiday season when gift shopping and toy selection are at their peak. It is a reminder to prioritize safety when choosing presents for children. In 2023, it will run from December 1st to December 31st.

How to Promote Safe Toys & Gifts in 2023?

Promoting safe toys and gifts during this month is essential for children's wellbeing. Here are ways to participate and ensure safe gift-giving:

- Check Labels: Always look for age-appropriate labels on toys and gifts, and follow the manufacturer's recommendations.
- Avoid Small Parts: Steer clear of toys with small parts or choking hazards for young children.
- Inspect for Hazards: Examine toys for sharp edges, loose parts, or any potential dangers that could harm children.
- Read Reviews: Research toys and gifts online, read reviews, and ask for recommendations from other parents and caregivers.
- Consider Child's Age: Take into account a child's age, interests, and abilities when selecting gifts.
- Support Educational Toys: Choose toys and gifts that encourage learning, creativity, and development.
- Spread Awareness: Share safety tips and information about Safe Toys & Gifts
 Month with your community and on social media.

History of Safe Toys & Gifts Month

Safe Toys & Gifts Month was established to educate consumers about toy safety and the potential risks associated with certain toys and gifts. The campaign emphasizes the importance of making informed choices when selecting items for children and prioritizing their safety above all else.

Organizations and consumer advocacy groups actively participate in this campaign to raise awareness and provide valuable information to parents and gift-givers.

Relevant Hashtags

When sharing information about safe toys and gift choices, consider using these relevant hashtags to spread awareness:

- #SafeToys
- #GiftSafety
- #ChildSafety
- #HolidayGifts
- #ToyRecommendations
- #ParentingTips

Using these hashtags can help you join conversations, share valuable insights, and connect with others who prioritize child safety during the holiday season.

Please click the link below for the article:

https://www.awarenessdays.com/awareness-days-calendar/safe-toys-gifts-

Resource and Referral Newsletter & Professional Development Amador & Calaveras Office (209) 754-1075



Important Reminders from the Subsidy Department

- Parents and providers, if you cannot drop off the attendance forms at the
 various black drop box locations, you may email the attendance forms to the
 following email address: rrinfo@trcac.org. Please do not email Case
 Managers the attendance forms. Please note if you email the attendance
 forms, we do not need the originals, as the electronic version is acceptable.
 However, please retain the originals for your records.
- 2. Parents, just a friendly reminder: when your child care eligibility comes up for recertification, or you are a new enrollment, and your case manager sends you your document checklist, you must have ALL documents to complete your appointment. If you do not have all your documents, your appointment will be rescheduled.
- 3. The Resource Connection shall reimburse registration fees charged either in a single payment or prorated over 12 months. As long as the provider documents that the contractual terms used for services to unsubsidized families require payment for such fees; and the fees do not exceed the maximum subsidy amount.
- 4. Providers, if you need additional attendance/claim forms, please click the link below to download and print them out, or please contact our office to have

them mailed to you:

https://rr.trcac.org/info/docs/subsidy_attendance_app_fill-in_form_20160607_revised_20210608.pdf

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Need Help Paying For Child Care?



Child Care Subsidy can help you pay for Child Care:

- Work or look for work
- · Go to school or training
- Seek permanent housing
- · Helps when you are medically incapacitated
- 1. Check to see if you are eligible. Check the chart to see if your before-tax income is within the limits
- 2. To be placed on our Child Care Eligibility List (CEL), please use our online application below.

cel.trcac.org

3. As funds become available, and we are able to enroll families at your current income rank, a subsidy coordinator will reach out to you.

Your Family Size:	Makes Less Than In a Month:	or, Makes less Than In a Year:			
1-2	\$6,128	\$73,536			
3	\$6,931	\$83,172			
4	\$8,025	\$96,300			
5	\$9,309	\$111,708			
6	\$10,593	\$127,116			
7	\$10,834	\$130,008			
8	\$11,074	\$132,888			
9	\$11,315	\$135,780			

If you meet eligibility requirements- you have the option to choose from licensed family child care, licensed or exempt child care centers or family, friend, or neighbor care (may require background clearance), and in-home care. Please update your application when changes occur in your family size or income.

The Engaging Families
Resource Empowering Communities
Connection

Amador and Calaveras County (209) 754-1075 (877) 944-9911

Eligibility List

The AP program has limited openings for eligible families. The first step to access AP services is to be placed on our eligibility list. Families with children with disabilities are encouraged to apply.



Apply online at: cel.trcac.org Visit our website www.rr.trcac.org

Call our Office 209-754-1075 or 877-944-9911 Visit us at: 8085 Highway 26, Suite G Mokelumne Hill

Selecting Participants

When an opening is available, we access the waiting list and contact families based on the following program admission priorities:

- First: Child protective services, or at-risk of abuse, neglect or exploitation
- Second: Admission priority based on adjusted gross monthly income & family size.

When multiple families are within the same ranking:

- 1. Child with exceptional needs within the same ranking is admitted first
- 2. Entry with the oldest application date is admitted second

Rank		Family Size																			
		1 - 2		3		4		5		6		7		8		9		10	11		12
	\$	59	\$	64	\$	75	\$	87	\$	99	\$	101	\$	103	\$	105	\$	108	\$	110	\$ 11
2	\$	119	\$	128	\$	150	\$	174	\$	198	\$	202	S	207	\$	211	\$	216	\$	220	\$ 22
3	\$	178	\$	192	\$	225	\$	261	\$	297	\$	304	S	310	\$	317	\$	324	\$	331	\$ 33
4	\$	238	\$	257	\$	300	\$	348	\$	396	\$	405	S	414	S	423	\$	432	\$	441	\$ 45
5	\$	298	\$	321	\$	375	\$	435	S	495	\$	506	S	518	S	529	S.,	540	\$	551	\$ 56
6	\$	357	\$	385	\$	450	\$	522	\$	594	\$	608	\$	621	\$	A 63.5		648	\$	662	\$ 67
7	\$	417	\$	450	\$	525	\$	609	S	693	\$	709	S	A 1056	S	741	S	756	\$	772	\$ 78
8	\$	476	\$	514	\$	600	S	696	\$	793	\$	814	S	329	S	847	\$	865	\$	883	\$ 90
9	\$	536	\$	578	\$	675	\$	784	\$	-892	×6	912	5	932	SA	953	\$	973	\$	993	\$ 1.01
10	\$	596	\$	643	\$	750	\$	874	\$	952	-5	1,013	S	CODE	.6	1,058	\$	1,081	\$	1,103	\$ 1,12
11	\$	655	\$	707	\$	826	A	95	3	1,090	2	OF STATE	S	1,140	S	1,164	S	1,189	\$	1,214	\$ 1,23
12	\$	715	\$	771	\$	CA	3	1.045	\$	_1,100	\$	1,216	S	1,243	S	1,270	\$	1,297	\$	1,324	\$ 1,35
13	\$	775	\$	836	\$	976	\$	* 1-162 T	TE.	1,288	3	1,317	S	1,347	S	1,376	\$	1,405	\$	1,435	\$ 1,46
14	\$	834	\$	900	\$	1,054		1,219	\$	1,387	\$	1,419	S	1,450	S	1,482	\$	1,513	\$	1,545	\$ 1,57
15	\$	894	\$	964	\$	100	\$	1,306	S	1,486	\$	1,520	S	1,554	S	1,588	S	1,622	\$	1,655	\$ 1,68
16	\$	953	\$	1,029	\$	1,201	8	1,393	8	1,586	S	1,622	5	1,658	S	1,694	S	1,730	\$	1,766	\$ 1,80
17	\$	1,013	\$	1,093	\$	1,276	\$	1,480	\$	1,685	3	1,723	5	1,761	\$	1,800	\$	1,838	\$	1,876	\$ 1,91
18	5	1,073	\$	1,157	\$	1,351	\$	1,568	S	1,784	\$	1,824	S	1,865	S	1,906	S	1,946	\$	1,987	\$ 2,02
19	\$	1,132	\$	1,222	\$	1,426	\$	1,655	S	1,883	\$	1,926	S	1,969	S	2,011	\$	2,054	\$	2,097	\$ 2.14
20	\$	1,192	\$	1,286	\$	1,501	\$	1,742	S	1,982	3	2,027	S	2,072	S	2,117	S	2,162	\$	2,207	\$ 2.25



Families screened & selected for potential enrollment from the waiting list will be asked to complete the orientation process, and submit documentation to verify eligibility/need for services. The steps are as follows:

Learn How to Apply and Select an Eligible Provider

Apply online to the Child Care Eligibility list and update your information if anything changes.

When we are ready to enroll we will contact families in the lowest ranks and highest priority first.

Begin Your Child Care Provider Search

If you do not currently have a child care provider you will need to find one. Choosing child care can be a difficult job, contact our Resource & Referral department for help and to find out what is available for your family.

Complete Documentation Orientation

Make sure you answer your phone, email or respond to the letter you receive to schedule an appointment with a Case Manager.

Complete forms, gather documents listed on the checklist, select a child care provider.

Note: If you do not contact us within 1 week of being contacted, you will not be eligible to apply for this enrollment period.

Verify Eligibility

Attend in-person appointment at The Resource Connection office specified on your letter.

Please note that your **appointment will be rescheduled** if your packet/information is not complete at the time of your appointment.

For the purposes of this handbook, parent means a biological <u>parent</u>, adoptive parent, stepparent, foster parent, caretaker relative, legal guardian, domestic partner or any other adult living with a child who has responsibility for the care and welfare of the child.

Parental Choice:

It is the parent's right and responsibility to choose an eligible provider that meets their family's need for child care and development services. Participants are encouraged to choose a clean, healthy and safe environment for their child(ren). For assistance in choosing a child care provider at any time, contact our Child Care Resource and Referral department at (209) 754-1075 or go online at http://rr.trcac.org



Step 1: Think About Your Child Care Options

When considering your options, sure you take into consideration how well the provider or program fit your child's needs, your family's schedule, location & language.

TrustLine License-Exempt Child Care

- Providers include relatives (grandparents, aunts, uncles), other relatives, friends & neighbors
- Other family, friends and neighbors must be fingerprinted
- No licensing requirements
- Care is provided in the provider's home

Child Care Center

- · Facilities that provide care for infants, toddlers, preschoolers and/or school-age children
- Care is provided in non-home facilities such as churches,
- schools and/or licensed buildings
 Group sizes are large allowing for children to have rich social and academic experiences
- Primary caregivers are required to have (or be in the process of completing) 12 units of Early Childhood Education
- · Centers are licensed and are regulated by the state

Licensed Family Child Care Home (FCCH)

- Providers are in a home setting for children of An assistant is required when more than 6 to 8 children mixed ages
- * Large FCCH-cares for up to 14 children and
- requires an assistant Capacity of 14 children with no more than 3 infants, when at least 2 children are 6 years of
- · Small FCCH-cares for up to 8 children
- Group sizes are smaller allowing for individualized care
- · Staff are CPR/First Aid and Health and Safety certified
- · Often are able to provide a flexible schedule including. evening, weekend or overnight care
- FCCH's are licensed and are regulated by the state

Step 2: Begin Your Search

- · Call Child Care Resource
- . & Referral at: (209) 754-1075
- · Child Care Resource & Referral can give you a list of licensed child
- Obtain information on the elements of quality child care

Step 3: Visit, Observe & Ask Questions

- Visit the child care while other children are present
- Use a checklist to help you decide what things about a child care arrangement are most important to your family

Step 4: Make a Choice & Stay Involved

- · Watch carefully & visit unannounced
- · Have regular parent-provider meetings
- · Is your child happy, are they learning?
- · If you are not comfortable with your choice, is it okay to change

Parents who choose a licensed provider have the right and responsibility to view any licensing information regarding site visits to their provider's facility or records regarding complaints. Call Community Care Licensing at 1-844-538-8766 for information about facility reports. Parents are also encouraged to visit the Department of Justice "Registered Sex Offender" database at www.meganslaw.ca.gov

Family, Friends, & Neighbors (FFN)





The Friends, Family, and Neighbor (FFN) program is a Child Care Resource and Referral initiative aimed at supporting caregivers who provide care for children in their own homes. The program provides resources, training, and guidance to FFN caregivers to help them provide quality care and education to the children in their care. Through the FFN program, caregivers can access a range of services, including referrals to community resources, training and workshops, and support networks. This program recognizes the important role that informal caregivers play in the lives of children and provides them with the tools and resources they need to provide safe, nurturing, and stimulating environments for the children in their care.

FFNs build stable foundations for young children, and are an irreplaceable and essential part of the mixed delivery child care system.

BANANASSUNCHOR

Services

- Caregiver Support
- Guidance on Health & Safety Practices (CPR)
- Lending Library
- Consumable Closet
- Community Resources (Food Program)
- Professional Development



Not sure if you are an FFN? Have Questions? Call Karen Frazier 209.754.1075 or email kfrazier@trcac.org

The Resource Connection

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Child Care Resource and Referral Services





Fun Christmas Activities for Kids and Families to Try This Year

If you and your family celebrate Christmas, then you may have some tried-and-true traditions you can't go the merry season without checking off. From hitting the slopes on skis or sleds to decorating sugar cookies with red and green sprinkles, there are piles of festive activities the whole family can enjoy. And

when it comes to **fun Christmas activities for kids**, there are even more <u>entertaining games</u> and <u>kid-friendly craft projects</u> to take on as you mark down the days until Christmas Day.

While living in states where a winter wonderland is highly likely to be breathtaking on Christmas morning, this weather can make traveling for certain activities cumbersome. But the following ideas are totally stress-free as you can do the majority of them while sitting by a crackling fire at home. Just because you don't have to go on as long of a journey as Santa Claus, these Christmas activities for kids will be just as fun and entertaining as the best Christmas riddle out there. Plus, you can even turn some of these ideas into DIY decorations to deck your halls all merry and bright!

1. Make snowman spoons for hot cocoa.

When the weather outside is frightful, grab a steaming cup of hot cocoa and one of these minty snowman spoons. It'll warm your kids right up.

Get the **Snowman Spoons Chocolate recipe**.

2. Make popcorn garland.

Creating Christmas decorations that look good enough to eat is perfect for creating beautiful holiday memories. All you need to make a festive popcorn garland is a string, a needle, plus fresh popcorn and cranberries.

3. Make your own holiday card display.

Instead of taping all of your holiday cards to a window or sliding door, grab your kids and get to work on this fun craft that adds to your winter wonderland. Cut three pieces of garland to the desired length (we used a longer one in the center). Wrap the top of each garland around a wooden hanger, securing it with hot glue, and let it dry. Hang it up on the wall and use clothespins to secure the cards.

4. Deck the halls.

Literally! Think your walls are dull? Hand the kids some <u>Christmas lights</u> and let them go to town as they brighten up the hallways.

5. Stage the family Christmas photo.

Thanks to all the virtual schooling last year and always holding devices, your child may be a whiz at making everyone look good on camera. Let the kids take the reign of holiday photo time, then choose a fun <u>winter-themed Instagram</u> <u>caption</u> together.

For the full article, please click the link below:

https://www.womansday.com/life/g2054/christmas-activities-for-kids/

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BEST NO-BAKE CHRISTMAS TREATS TO MAKE WITH KIDS

1. HEALTHY REINDEER PEANUT BUTTER BALLS

These healthy Christmas-time reindeer peanut butter balls are made using rice Krispies, peanut butter, honey, chia, and flax seeds, then dipped in chocolate. They are adorable and fun to make with children!

2. CHOCOLATE COVERED MARSHMALLOWS

Marshmallows covered in chocolate are a crowd favorite. Make these cute holiday chocolate-covered marshmallows with your little ones for a delicious cookie box filler or snack.

3. 2-INGREDIENT COCONUT BALLS

These 2 ingredient coconut balls only need desiccated coconuts and sweetened condensed milk. You then roll them and roll them again in more coconut. If you want to get extra creative, decorate these delicious condensed milk coconut balls to look like little snowmen and enjoy!

4. PRETZEL STICK SNOWMEN

This recipe has an option for making your own pretzel sticks, but you don't have to. Grab some pretzel sticks from your local grocery store, dip them in white chocolate, and decorate! They're adorable and so festive.

5. NUTTER BUTTER REINDEER

These are simple and very quick to make if you are in a rush. You will need nutter butter, pretzels, m&m's candy, and some eyeball for the perfect reindeer cookies!

For the full recipe, please click the link below:

https://lifestyleofafoodie.com/27-easy-no-bake-christmas-treats-to-make-with-kids/

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Backpack Connection Series

About this Series

The Backpack Connection Series was created by TACSEI to provide a way for teachers and parents/caregivers to work together to help young children develop social emotional skills and reduce challenging behavior. Teachers may choose to send a handout home in each child's backpack when a new strategy or skill is introduced to the class. Each Backpack Connection handout provides information that helps parents stay informed about what their child is learning, at school and specific ideas on how to use the strategy or skill at home.

The Pyramid Model



The Pyramid Model is a framework that provides programs with guidance on how to promote social emotional compe-

tence in all children and design effective interventions that support young children who might have persistent challenging behavior. It also provides practices to ensure that children with social emotional delays receive intentional teaching. Programs that implement the Pyramid Model are eager to work together with families to meet every child's individualized learning and support needs. To learn more about the Pyramid Model, please visit ChallengingBehavior.org.

More Information

More information and resources on this and other topics are available on our website, *ChallengingBehavior.org*.



ChallengingBehavior.org

How to Help Your Child Have a Successful Morning

Brooke Brogle, Alyson Jiron & Jill Giacomini

Do you struggle with stressful mornings when you want to lay your head down and cry before 8:00 a.m.? Do you often leave the house in an angry, frantic rush? Mornings can be a particularly challenging time for parents. Getting your entire family up and out the door is no easy task! It is important to understand that your morning routine serves as the foundation for your family's entire day. You can create a morning routine that not only helps your day to begin more smoothly, but also teaches your child important skills that he needs to become more independent and confident. A morning routine can also reduce challenging behavior such as crying, whining and tantrums.



Try This at Home

- Use a visual schedule with items such as photos, clipart, or objects that shows your child the steps in his morning routine. This visual schedule can help him to understand the expectations of the morning routine. To learn more about how to create a visual schedule, go to challengingbehavior.org and search the site for "visual schedules" in the search box located in the upper right-hand corner of the screen.
- If your child has trouble waking up in the morning, it might be because he is not getting enough sleep as night. Set a consistent bedtime and stick with it. When a child's bedtime changes it can make it harder for him to wake up in the morning. For more information on bedtime routines, go to challengingbehavior, org and search the site for "bedtime routines" in the search box located in the upper right-hand corner of the screen.
- Plan ahead. Use your bedtime routine to plan for the next day together.
 - 1. Lay out the clothes your child will wear.
- 2. Pack his backpack.
- 3. Discuss the morning routine, show him pictures and talk about the day ahead.
- Give your child some power over his morning routine by offering reasonable choices. For example, "First, get dressed. Then, you get a choice! Would you like to have cereal or pancakes for breakfast?"
- Include bonding time in your morning routine. Time to read, bathe or snuggle will help your child feel loved and calm as he begins his tasks for the day.

Encourage your child. When your child completes a task and follows the routine, provide positive and specific encouragement. For example, say "Wow! You got up and got dressed all by yourself! Now we will have a few extra minutes to play with trains. What a great way to start the day!"



Teachers use routines to provide a predictable structure to your child's day. When a child understands what she should be doing and what will come next, she feels less anxiety and more excited to participate. While the specific activities in the classroom might change, the routine does not. For example, while 10:00 may always be art time, the specific craft (painting, cutring, gluing) may vary from day to day. Children become eager to try new activities because they are confident and comfortable with the routine.

The Bottom Line

A morning routine is a daily opportunity for you to build and nurture a positive relationship with your child. When you follow a repetitive morning routine you allow your child to gain practice with important skills such as dressing, bathing and grooming and give him a feeling of confidence and success. A calm, loving morning routine at home sets the tone for the entire day for both you and your child.



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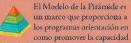


Serie de Conexión Mochila

Sobre esta serie

La Serie de Conexión Machila fue instaurada por TACSEI (por sus siglas en inglés) para brindarle a los maestros y padres/proveedores una vía para trabajar en conjunto para ayudar a los niños a desarrollar sus aptitudes socioemocionales y reducir las conductas desafiantes. Los maestros podrían elegir enviar un volante a casa dentro de la mochila de cada niño cada vez que sea introducida una nueva estrategia o aptitud dentro de la clase. Cada volante de la Conexión de Moéhila proporciona información que ayudará a los padres a estar informados sobre lo que su niño está aprendiendo en la escuela y las ideas específicas sobre cómo utilizar las estrategias o aptitudes en casa.

El Modelo de la Pirámide



socioemocional en todos los niños y diseñar intervenciones efectivas que apoyen a los niños que puedan contar con conductas desafiantes persistentes. También proporciona prácticas para asegurarse de que los niños con retrasos socioemocionales reciban educación intencional. Los programas que implementan el Modelo de la Pirámide están entusiasmados de trabajar en sociedad con las familias para satisfacer las necesidades individuales de aprendizaje y apoyo que cada niño necesita. Para couocer más del Modelo de la Pirámide, por favor visite ChallengingBehavior org.

Más información

Más información y recursos sobre este y otros temas están disponibles en nuestro sitio web, ChallengingBehavion.org.



Challenging Behavior.org

Cómo ayudar a su niño a tener una mañana exitosa

Brooke Brogle, Alyson Jiron y Jill Giacomini

Usted sufre estragos debido a las mañanas estresantes cuando quiere agachar la cabeza y llorar antes de las 8:00 a.m.? ¡Sale a menudo de su casa en una carrem frenética y enojada? Las mañanas pueden ser un horario particularmente desafiante para los padres. ¡El levantar a roda su familia y salir de la casa no es una tarea fácil! Es importante comprender que su rutina mantitina sirve como el cimiento para el día entero de su familia. Usted puede crear una rutina matutina que no sólo ayude a que su día inicie de manera suave, sino que también le enseñe a su niño aptitudes importantes que él necesita para ser más independiente y confidente. Una rutina matutina también puede reducir la conducta desafiante tales como el llanto, lloriqueo y berrinches.



Pruebe esto en casa

- Utilice una agenda visual con artículos tales como fotografías, recortes u objetos que le muestre a su niño los pasos dentro de su rutina matutina. Esta agenda visual puede ayudarle a comprender las expectativas de la rutina matutina. Para aprender más sobrecómo crear una agenda visual, visite la página ChallengingBehavior.org y busque en el sitio "agendas visuales" utilizando el cuadro de búsqueda localizado en la esquina superior derecha de la pantalla.
- Si su miño tiene dificultades para levantarse en la mañana, puede ser debido a que no está durmiendo lo suficiente por la noche. Designe un horario para irse a dormir consistente y laga que se cumpla. Cuando cambia el horario de un niño para irse a dormir esto puede dificultar que se levante en la mañana. Para más información sobre las rutinas para irse a dormir, visite la página ChallengingBehavior.org y busque en el sitio "rutinas para irse a dormir" utilizando el cuadro de búsqueda localizado en la esquina superior derecha de la pantalla.
- Planifique a futuro. Utilice su rutina para irse a dormir para planear las actividades del día siguiente.
 - 1. Aliste la ropa que usará su niño.
 - 2. Aliste su mochila.
 - Comente sobre la rutina maturina, muéstrele fotos y platique con él sobre el día que viene.
- Dele algo de poder a su nifio sobre su rutina matutina ofreciéndole elecciones razonables. Por ejemplo, "Primero vístete. ¡Después, tendrás tu elección! ¿Quieres cereal o panqueques para desayunar?"

- Incluya dentro de la rutina matutina tiempo de vinculación. Tiempo para leer, bañarse o pintar ayudará a que su niño se sienta amado y tranquilo para iniciar sus tareas del día.
- Anime a su nino. Cuando su nino complete una tarea y siga la rutina, bríndele estímulo positivo y específico. Por ejemplo, diga "¡Guau! ¡Te levantaste y te vestiste tú solo! Ahora tendremos unos cuantos minutos para jugar con los trenes. ¡Qué buena manera para iniciar el dia!"

Practique en la escuela

Los maestros utilizan rutinas para proporcionar una estructura predecible para el día de su niño. Cuando un niño comprende lo que debe estar haciendo y que le sigue, el siente menos ansiedad y más emoción por participar. Mientras que las actividades específicas dentro del aula pueden cambiar, la rutina no. Por ejemplo, mientras que las a 10:00 siempre será hora de arte, la manualidad específica (pintar, cortar, pegar) puede variar de un día a otro. Los niños se ponen ansiosos por intentar actividades nuevas debido a que se sienten más confiados y cómodos con la rutina.



Una rutina matutina es una oportunidad diaria para que usted establezca y nutra una relación positiva con su niño. Cuando sigue una rutina matutina repetitiva le permite a su niño a ensayar las habilidades importantes tales como vestirse, bañarse y aseo y le otorga sentido de confianza y éxito. Una rutina tranquila y amorosa en casa marca la pauta para el día entero tanto para usted como para su niño.



Se recomienda la reproducción de este documento. No se requiere permiso para copia:

Est activo de la producta por el Centro de Antonos Tracisto com la reversión social y faco test (1905) ao un sube agidad para dels prese dels Presentado por la Orizon de Popularios de Esta comisió Esperia Olizon Prese agina en la facilia. Departementa de cinaceción de los tandos de la Haliato Antal y esclusivada por el forto Principio Agina y indecesars de Cedido de la Partir o quante Producto por CEST Padro (2003), ao paleción de conjugar en presente inscende maletra

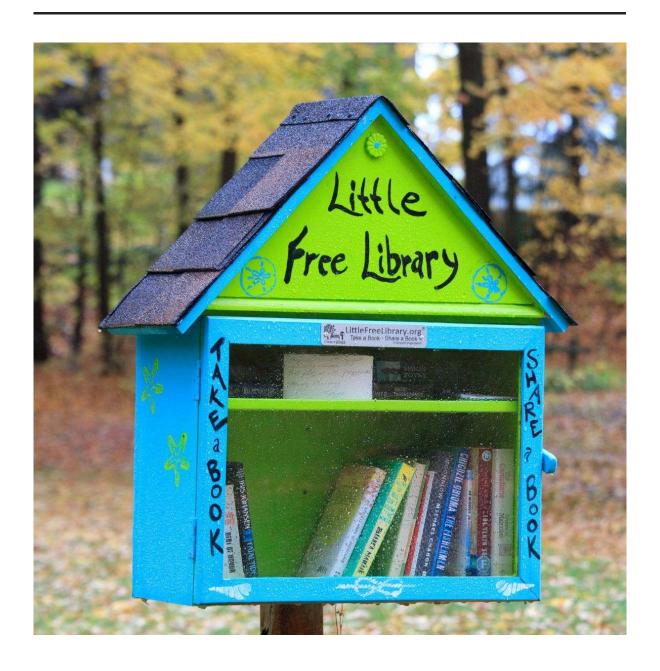






Our Lending Library offers over 5,000 educational toys and books to enrich play- literacy based learning, parenting education and & child care provider resources to help develop children's skills and imagination, across different stages of growth and development.







Free Little Library

?There is a brand new <u>Little Free Library</u> right in front of the offices of The Resource Connection Child Care Resources and Amador Child Care Council! Our new Little Free Library was donated by <u>First 5 Calaveras</u> and painted by our very talented R&R Supervisor, Karen! We are so excited to announce this to the community and invite anyone to stop by to "Take a Book, or Leave a Book!" If you are looking to get rid of books that you no longer want, please consider donating them to this sweet little library... and grab a book to take home while you're here!

The beautiful artwork on our Little Free Library features wildflowers, bees, and butterflies and encourages folks to take care of our pollinators. There will be free packages of Pollinator Mix flower seeds inside as well for library visitors to plant in their gardens! We would like to thank First 5 Calaveras for this very generous donation. Visit us at - 8085 Highway 26, Suite G, in Mokelumne Hill! Our Library is also registered on the worldwide map! Visit <a href="https://example.com/here/beautiful/here/beauti

Amador & Calaveras Office (209) 754-1075

AMADOR COUNTY



CALIFORNIA



Resource Family Socials

5:00pm to 6:30pm 601 Court Street, Suite 300 Jackson, CA 95642 209 257-1980 ext. 130



Easy & Nutritious Meals for Families Tuesday, 9/19/2023

Learn how to prepare healthy meals and snacks and about the negative effects of poor nutrition on health and behaviors. Presented by Sandra Mendoza

Trauma Informed Care Thursday, 10/19/2023

Learn how to recognize challenging behaviors and tips to work successfully with traumatized youth.

Presented by Jackie Machado



Healthy Activities for Families Tuesday, 11/14/2023

Learn about recreational programs for youth and families in Amador County. Presented by Sophie Starostina



A Window Between Worlds Tuesday, 12/12/2023

A Window Between Worlds is a form of art therapy designed for all ages to create and explore thoughts and feelings. No art experience necessary!

Presented by Daylin Boyd



A light meal will be served. Please call if you need childcare.



December 9, 2023

1-4PM

for families needing a little HELP for Christmas. Toys, Gifts, Door Prizes, Christmas Dinner, Gift Wrap supplies, and more!

18519 Poplar Street. Plymouth, CA

Sponsored by: Plymouth Community Church
For more information, donate items for our store, volunteer or give cash donations, please contact us: email: info@helpfortheholidays.store or call (530) 409-6180 or (209) 283-9209

www.plymouthcommunitychurch.net



Family Sway & Play Parties! Saturdays

9:30 to 10:30

9/9, 10/14, 11/11, 12/9

First 5 Amador, 975 Broadway, Jackson, CA 95642 10/7, 11/4, 12/2

Pioneer Community Hall
25100 Buckhorn Ridge Rd
Pioneer CA 95666

FREE

Ages 0-5 & Families no Pre-registration









Contact

209-256-8166

info@amadorarts.org

this activity is funded in-part by the California Arts Council, a state agency, arts.ca.gov



2023:

November 2nd December 7th

2024:

January 4th
February 1st
March 7th
April 4th
May 2nd
June 6th

First 5 Amador 5:30-7:00 p.m. 975 Broadway, Jackson 209-257-1092

Enjoy dinner and discuss tips regarding challenging behaviors, picky eaters, and carving out time for you.

We welcome suggestions for future topics (Bring a friend and be entered into a drawing for prizes.)

Please call if you need childcare or have questions.

Hosted by Sara Rader, MS, LPCC, NCC





Processing Trauma Through Art

Join us for a no cost
Healing Arts Workshop
where you will learn how using art
can help you process past trauma.
Connect with a group of
your peers in a safe space
for creative expression to heal
from the struggles you have endured.
Here, the power of art becomes a
source of healing and strength.

You're Invited

A FREE WORKSHOP FOR AGES 13 & OLDER

DECEMBER 6, 2023 5:00 PM - 6:00 PM 601 COURT STREET, SUITE 300 JACKSON, CA

FOR MORE INFORMATION, CALL THE NUMBER LISTED BELOW.



ALL SUPPLIES
WILL BE PROVIDED!



601 Court St, Suite 300 , Jackson

(209) 257-1980 ext. 118

www.nexusyfs.org



If you or someone you know in Amador County is expecting or celebrating the arrival of a new baby up to 18 months, Welcome Baby would like to offer you a

FREE GIFT

- Imagination Library free books from birth until your child turns 5
- Diapers
- Easy-to follow Parent Tips book
- "What to Do When Your Child Gets Sick" book
- T-shirt for baby
- and lots of other fun and helpful information

For information call 209-257-1092 or email f5a@first5amador.com



PLAYGROUPS

FREE to children ages 0 - 5 and their Mom, Dad, Grandparent, or Caregiver



All sites ~ 9:30 - 11:30 am

Tuesdays - Jackson ~ 975 Broadway

Indoor and Outdoor Learning Labs

Families start indoor for playgroup or outside for First 5 free play.

Groups will switch mid-way.

WEDNESDAYS ~ Ione

Location changes will be posted on Facebook.

Ione Train Station ~ 1 East Main Street, Ione (weather permitting)

Ione Memorial Hall ~ 207 S. Amador Street, Ione (winter months)

THURSDAYS ~ **Plymouth**

Plymouth Elementary

18601 Sherwood Street, Plymouth (Extended Learning Opportunity Program Classroom - ELOP)

All playgroups follow the school district schedule and are not in session:

October 17th, 18th & 19th; November 22nd & 23rd: December 26th, 27th & 28th;

January 2nd, 3rd, & 4th; March 12th, 13th & 14th

Funded by:



975 Broadway (P.O. Box 815), Jackson, CA 95642 ~ 209-257-1092 www.first5amador.com ~ Facebook - first5amador.com

Indoor playgroup hosted by Heather Hall Outdoor free-play provided by First 5



Grandkids in the Garden!

When:

Wednesday, December 13th

2:00 PM- 4:00 PM

Where: Amador Senior Center

Registration will open 12/1 Register by calling 209-223-0442 Bring your grandkids and spend some time in the garden!









Learn about winter fruits and vegetables!

Learn about compost!

Take-home a garden kit!







UNIVERSITY OF CALIFORNIA Agriculture and Natural Resources

This material was funded by USDA's Supplemental Nutrition Assistance Program - SNAP. This institution is an equal opportunity provider. For important nutrition information, visit www.CalFreshHealthyLiving.org.



"DRESS FOR MESS!"

Join us for messy, unstructured play time!

EVERY FRIDAY

10:30 am - 12:00 pm

First 5 Amador's Indoor/Outdoor Learning Lab

975 Broadway, Jackson

This playgroup is open to all Amador County children aged 0-5, and their parents or caregivers

Messy Morning will NOT be in session the following days:

October 20th; November 10th & 24th; December 22nd & 29th; March 15th & March

29th; and July 5th



For more information, call 209-257-1092



All About Christmas!!!

Plymouth Community Church 18519 Poplar St., Plymouth, CA

> Dec 24th 11:00 AM

Pick up FREE tickets by calling: 530-409-6180

Singers, Dancers, and Door Prizes, Oh My! You won't want to miss this amazing show! Family Friendly!

Refreshments to follow





ATCAA HEAD START



A COMPREHENSIVE FAMILY-FOCUSED PROGRAM



CENTER BASED PROGRAM





HOME BASE PROGRAM



FREE FOR ELIGIBLE FAMLIES WE WELCOME CHILDREN WITH SPECIAL NEEDS

Head Start and Early Head Start centers serve children ages 18 mos to 5 years. Our education, health and wellness services for children include:

- · Learning experiences tailored to children's needs and abilities to help them succeed in school and in life.
- · Activities that promote health and physical development.
- · Nutritious meals and snacks
- · Medical, dental, hearing, vision, and developmental screenings.
- · Assistance with mental health services, if needed.

We also offer individualized support services for families to meet their needs.

FOR PREGNANT MOMS & CHILDREN UP TO 5 YEARS

Home Based parents and children receive Early Head Start and Head Start services right in their own home! Home visitors come once a week to support parents and their children in all areas of child development and family well-being by:

- . Empowering parents as their child's first teacher.
- . Supporting and engaging meaningful parent-child interactions and ageappropriate activities.
- · Guiding learning about children's health, dental health, and development.
- · Connecting families to community resources.
- . Offering Home Base socializations 2 x a month providing positive interactions with other parents & children in the program.

TO QUALIFY

Families must be residents of Amador or Tuolumne County. Some of the circumstances that may qualify families for Early/Head Start services include:

- Income Eligibility
- · Experiencing homelessness
- · Children in foster care
- Participation in SNAP/CalFresh, TANF, or SSI

CONTACT



(209) 533-0361







USDA and this institution are equal opportunity providers and employers.







We meet every month on the first Monday from 2:30PM to 4:00PM at the

Amador County Senior Center 229 New York Ranch Road Jackson, CA 95642

Welcome to all LGBTQ+ Individuals

Please contact: generationsofpride23@gmail.com



"We are In-person & now Hybrid"



WHO NEEDS TO KNOW MENTAL HEALTH FIRST AID

- Employers.
- Police officers.
- Hospital staff.
- First responders.
- Caring individuals.

WHY MENTAL HEALTH FIRST AID?

Mental Health First Aid (MHFA) teaches you how to identify, understand and respond to signs of mental health and substance use challenges among adults.

On average,

130

people die by suicide every day.

Source: American Foundation for Suicide Prevention From 1999 to 2019,

841,000 people died from

drug overdoses.

Source: Centers for Disease
Control and Prevention

Nearly

1 IN 5

in the U.S. lives with a mental illness.

Source: National Institute of Mental Health

Sources

American Foundation for Suicide Prevention. (n.d.). Saicide statistics. https://aispoog/suicide_statistics/
Centers for Disease Control and Prevention. (n.d.) Ding overdose deaths. https://www.cic.gov/diagoverdose/deaths/index.html.
National Institute of Mental Health (NIMH). (n.d.). Merratilizes, https://www.nimh.nin.gov/health/statistics/mental-liness.

REGISTER TODAY!

Delivery Format:

This is a blended training model. 2 hours of self paced online course work will need to be completed prior to the in-person training date.

Date and Time:

Wednesday, December 20th from 9:00 a.m. to 4:30 p.m.

Location:

Amador County Health & Human Services; Conference Room A

Where to Register:

Contact Stephanie Hess @ shess@amadorgov.org or (209) 223-6308

The course will teach you how to apply the MHFA Action Plan (ALGEE):

- Assess for risk of suicide or harm.
- Listen nonjudgmentally.
- Give reassurance and information.
- Encourage appropriate professional help.
- Encourage self-help and other support strategies.



GENERATIONS OF PRIDE

Please join us for an LGBTQ+ monthly social. **All are welcome!**

Generations of Pride is a safe space to engage with one another by sharing a meal, conversation and fun.

Potluck Dinner - Please bring a dish to share!

Last Friday of Every Month @ 6:00 p.m.
Amador Senior Center
229 New York Ranch Rd., Jackson, CA

Please RSVP:

shess@amadorgov.org or 209-223-6308

	Transporta	ation Options—A	mador Co	unty	
Agency Name	Type of Transportation (Non-emergency medical only)	Program Description Cost		Contact Information	
amador transit	Public Bus	Fixed-route pick-up and drop-off at designated bus stops for pre-determined routes in Amador County.	General and reduced fare rates from \$1 to \$3 per trip	Amador Transit 267-9395 www.amadortransit.com	
arnador transit	Sacramento Express Public Bus (Connects with SacRT and Yolo Bus to airport, Light Rail, and Amtrak	Leaves from and returns to Sutter Hill Transit Center with designated bus stops on pre-determined route to downtown Sacramento.	\$7.00General \$4.15 Senior \$5.50 Student	Amador Transit 267-9395 www.amadortransit.com	
amador transit	"Dial-a-Ride" ADA Paratransit	Curb-to-curb or door-to-door bus service for eligible clients, providing assistance to and from bus. Pre-approval required.	\$2- \$5 per trip Personal Care Assistants and Companions allowed	Mobility Manager Amador Transit 267-9395 www.amadortransit.com	
Amador Rides	Volunteer Driver Program Private Vehicles & W/C accessible van	Limited to health care related trips only for enrolled clients.	No charge Donations appreciated	Mobility Manager Amador Transit 267-9395 www.amadortransit.com	
Amador STARS	Van transportation to chemotherapy and radiation treatments.	Free Transportation for cancer patients to receive treatment in Amador and Surrounding Counties	No charge Donations appreciated	Amador STARS 209-267-1246 www.amadorstars.org	
Common Ground Senior Services	Limited transportation for health and wellness appointments in and out of county.	Serving older Adults, individuals with disabilities and Veterans	Donations appreciated	Common Ground Senior Services 209-223-3015 www.commongroundsenior services.org	
Amador County Veterans Services	Private Vehicles	Volunteer drivers may be available to assist veterans with transportation.	No charge	Veterans Services 209-223-6476 tsanders@amadorgov.org	

Resources compiled by Amador Transit Mobility Management.

11/28/2023

	Transporta	tion Options—Ar	mador Cou	ınty	
Agency Name Type of Transportation (Non-emergency medical only)		Program Description	Cost	Contact Information	
Modivcare	Van/Car	Limited to Medi-Cal patients for medical transport only	Free	Located on the back of your Medi-Cal card 1-877-931-4755	
Amador County Unified School District	School Bus	Amador County public school bus transportation. Special needs school bus transportation.	Contact ACUSD Transportation Dept.	ACUSD Transportation Dept. 257-5180	
Amador County Airport Shuttle	Airport Transport	Shuttle service to and from the Airport	\$69 per passenger per trip	209-217-7783	
Blue Mountain Transit	Charter Van Service	Charter Van Service	Varies	209-223-5300	
Amador Stage Lines	Charter Bus Service	Sacramento area and Reno-Lake Tahoe area charter bus service.	Varies	916-444-7880 or 775-324-4444	
Frontier Cab	Taxi Service	Amador County	Varies by mile	209-770-5515	



If you or someone you love needs help finding resources for seniors, call our new 24-hour referral hotline NOW!

Get local resources for:

- Housing
- Elder Abuse
- Transportation
- Food
- Social Services
- Personal Care
- Financial Aid
- · and more



Someone is available all the time!

Toll Free 24 Hrs: 1-800-459-5997

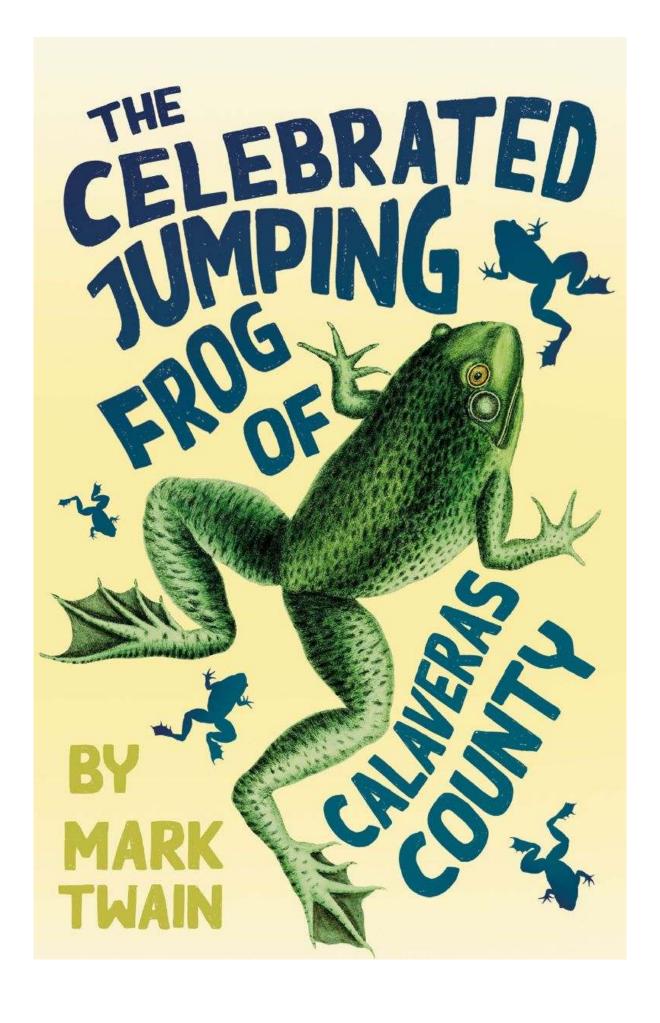
https://operationcare.org

National Elder Fraud Hotline [1-833-FRAUD-11 (1-833-372-8311)] https://stopelderfraud.ovc.ojp.gov/

If you or someone you know is in danger and needs help, call 911 NOW.

Elder Abuse / Domestic Violence / Sexual Assault advocates are always available by calling our 24-hour crisis line at: 209.223.2600 or 1.800.675.3392 Funded partsily by Grants XC16021628 and RC 19221628





ADRC OF THE MOTHER LODE



This resource directory provides information on many services and programs available to older adults and people with disabilities in the following counties:

ALPINE
AMADOR
CALAVERAS
MARIPOSA
TUOLUMNE

https://adrcofthemotherlode.myresourcedirectory.com

Open your camera app and point it towards the QR code to be taken to the resource directory website.

for more information call

Area 12 - 209-532-6272 800-510-2020

DRAIL - 209-521-7260







AMADOR TUOLUMNE **COMMUNITY ACTION AGENCY**



Serving Amador, Calaveras, and Tuolumne Counties

CALAVERAS WATER ASSISTANCE



Do you pay a monthly water bill?

Would you like assistance with current or past due water bills?

Low Income Household Water Assistance Program (LIHWAP)

This program provides one-time financial assistance to help Californians struggling to pay current or overdue residential water or wastewater bills. LIHWAP is funded by the federal government and administered by the California Department of Community Services and Development (CSD). CSD works with a network of community-based local service providers to help low-income households pay down their outstanding bills. Applicants must qualify per the 2023 income guidelines and contact the ATCAA Energy department to apply. We recommend that applicants first contact their utility company to set up payment arrangements.

MONTHLY INCOME GUIDELINES

Persons	Income	Cala
1	\$2,700.17	209
2	\$3,531.00	Cala
3	\$4,361.83	(209
4	\$5,192.75	City
5	\$6,023.59	(209
6	\$6,854.43	Mol
7±	Call Us	(20)
100 177	Cuii O3	Uni

PARTICIPATING WATER COMPANIES:

averas County Water District 754-3543 averas Public Utility District 9) 754-9442 y of Angels 9) 736-2181 kelumne Hill Sanitary District 9) 754-9442

on Public Utility District

(209) 728-3651

All ATCAA services are dependent on client eligibility and program fund availability.

CONTACT

📞 (209) 223-1485 x221





10590 Highway 88 Jackson, CA 95642

ATTENTION CALAVERAS RESIDENTS

ATCAA Energy Program

Utility Bill Assistance & Weatherization



HELP WITH HOME ENERGY

IN-PERSON HELP

ATCAA will be present at the Calaveras Health and Human Services building in the Networking Room (Room 116) every other Monday from 10:30am-1:30pm.

(Times and dates can change without notice. Please call the ATCAA Energy Department to confirm dates and times)

VISIT US AT

Calaveras Health and Human Services

509 E St. Charles Street Room 116 San Andreas, CA 95249

CONTACT TO APPLY

- (209) 223-1485 x221
- atcaa.org/energy
- 10590 Highway 88 Jackson, CA 95642

UTILITY BILL ASSISTANCE

PG&E, propane, and/or water bill assistance for income qualified renters and homeowners.

WEATHERIZATION

Permanently lower your energy bills and enhance the comfort of your home, all at no cost to you. Weatherization services include repair/replacement of doors and windows, a variety of appliances, and other services (when feasible).

MONTHLY INCOME GUIDELINES

Income
\$2,700.17
\$3,531.00
\$4,361.83
\$5,192.75
\$6,023.59
\$6,854.43
Call Us





Santa's Express for 2023! Open to Income Qualified Calaveras County Residents



Holiday Meals - No Registration Required!

This year you can pick up your monthly food basket and your Holiday Meal all in the same trip! Stop by The Resource Connection Food Bank from Friday, December 1, 2023 to Wednesday, December 20, 2023 to pick-up your Santa's Express Holiday Meal. If you have not provided your household proof of income for 2023, you must bring it with you when you pick-up your food.

The Resource Connection Food Bank is located at: 206 George Reed Drive P.O. Box 1656 San Andreas, CA 95249

Food Bank Hours - 9:00 a.m. to 4:00 p.m. Closed for lunch 12:00 pm to 12:30 pm Monday, Tuesday, Wednesday & Friday (CLOSED Thursday)

If you have any questions about the Santa's Express Holiday Meal, please call the Food Bank at 209 754-1257.



PLAY GROUP

Fridays 9:30-11:00am
BLUE MOUNTAIN CENTER
364 Main Street, West Point





Join our Facebook Group "BMCYF Playgroup" to keep in touch and get more resources for your little ones.





Friday December 8th

9:00 AM to 3:30 PM
Calaveras Works and Human Services
Sequoia Room
509 East St. Charles Street
San Andreas









Stop by and do some
Christmas Shopping!
Many Unique, One-ofa-Kind
Handmade Gifts





CALAVERAS COUNTY



LIBRARY STORYTIME



BRING YOUR LITTLES AGES 0-5
BUILD LITERACY SKILLS THROUGH
STORIES, FUN. & MUSIC

ANGELS

Friday, 10:30 AM

SAN ANDREAS

Wednesday 10:30 AM

MOKELUMNE HILL

Friday, 10:00 AM

COPPER

Thursday

MURPHYS ARNOLD

Tuesday, 10:30 AM

Wednesday 10:30 AM





Friday 10:30 AM





December 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5 ACCC Mtg. 1:00 PM @ ACOE	6	7 Taxes w/ Fred Kenyon Via Zoom 6-8 pm Grandparent Café Christmas Party 10 am	8	9
10	11	12	13	14 Provider Night 4:30—7 PM	15	16
17	18	19 CCCC Mtg. 9 am @ CCOE	20	21	22	23
24 Christmas Eve	25 Office Closed Christmas Day	26	27	28	29	30
31 New Year's Eve						

Resource and Referral Newsletter & Professional Development

Amador & Calaveras Office (209) 754-1075

PROVIDER WORK NIGHT

EVERY 3RD THURSDAY OF THE MONTH 4:30PM-7:00PM



Learning Resources

Open to all Providers

Items you may take back to your program and use up.
Paint, glue, scissors, paper, glitter, playdough, tape, craft items and more!
Our color copy machine is available to print your contracts, policy booklets and other business paperwork.



Lending Library

Over 4000 children's books and educational items available for loan. All developmental areas available. Large selection of teaching books.





Time-Space Percentage What you need to know!



Federal Meal Allowances



Business use of home and vehicle

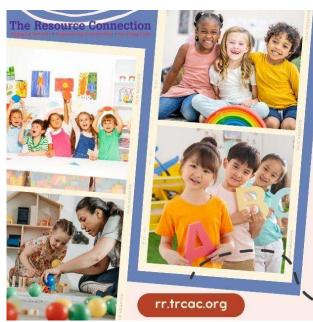
Register here!



209-754-1075

THURSDAY
DECEMBER 7TH, 2023
6 PM - 8 PM - ZOOM





Amadon & Calaveras Counties need you!

Work from home & make a difference. Become a child care provider today!

- Earn income while staying home with your own kids.
- Technical assistance to start and strengthen your program. Free education for providers!
- · Claim tax deductions for the business use of your home.
- Equipment lending library & consumable closet.

Contact The Resource Connection today for more details! 209-754-1075 or email kfrazier@trcac.org





Vision

Strong Families, Sustainable Communities, and Successful Individuals.

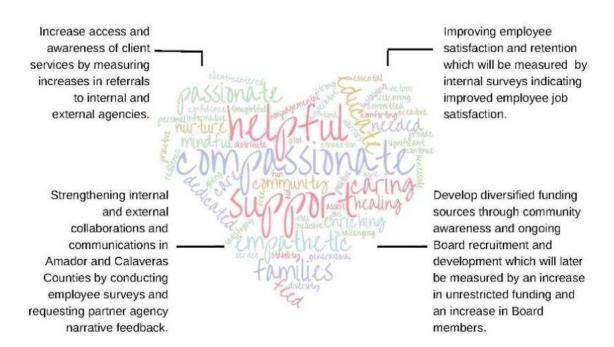


Mission

The Resource Connection's mission is to engage families, empower communities, and enrich the lives of the residents of Amador and Calaveras counties.



2022-2025 Strategic Plan Key Goals



Based on the Fiscal Year 21-22 audit, 95% of the total program revenues supported program goals and activities, with the remaining 5% allocated to administrative expenses.





THE RESOURCE CONNECTION IS AN EQUAL OPPORTUNITY EMPLOYER, PROVIDER AND ADA COMPLIANT.



The Engaging Families Empowering Communities Enriching Lives Connection



- Calaveras Early Childhood Programs, Early Head Start centers enrolled 42 infants & toddlers; of the 42 infants and toddlers, 18 had Individual Family Service Plans (IFSP).
- Head Start centers enrolled 144 preschoolers; of the 144 children, 56 had Individual Education Plans (IEP).
- Early Head Start Home Base enrolled 63 infants and toddlers and 9 prenatal moms. Of the 63 infants & toddlers enrolled, 9 had Individual Family Service Plans.
- Meals served: breakfast 12,502; lunch 12,738; and afternoon snack 6,220.

CALAVERAS CRISIS CENTER

Providing Support Services for Domestic Violence and Sexual Assault Victims/Survivors & their families.



CALAVERAS CHILDREN'S ADVOCACY CENTER

Providing Support Services for Child Victims of Crime and their families.



- The Food Bank had 1,971 hours of labor donated by members of the community.
- Provided 37,817 individuals with nutritious food.

CALAVERAS EARLY CHILDHOOD PROGRAMS

Early Childhood Programs offer high-quality childcare to eligible children and families. The program completes screening and assessments on all children, provides nutritious meals and snacks, with a focus on school readiness.

- The Crisis Center provided assistance to 338 individuals who were experiencing domestic violence; of those, 79 received shelter.
- Served 280 child victims of crime, 53 of whom also received forensic interviews
- Provided no-cost therapeutic services to 264 children.

FOOD BANK FOR CALAVERAS COUNTY

We believe strongly in the health of our community and in providing nutritious foods to those experiencing food insecurity.

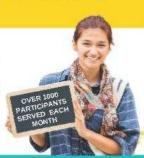
AMADOR AND CALAVERAS WOMEN, INFANTS AND CHILDREN (WIC)

Special supplemental nutrition program for pregnant, postpartum, and breastfeeding women, infants, and children up to the age of 5. This program includes nutrition education, referrals, breastfeeding support, and peer counseling.



The Child Care Resource and Referral Program processed 6,163 child care payments for a total of \$3.5 million. CCR&R provided 628 child care referrals and 21,900 general referrals to community Mobile WIC Sites: 5 in Amador County, 7 in Calaveras County.

 The average value of a WIC food package per person was at least \$62.



AMADOR AND CALAVERAS CHILD CARE RESOURCE AND REFERRAL PROGRAM (CCR&R)

Helping families obtain affordable, quality child care that best suits their needs, along with supporting child care providers in all aspects of the early learning field.

Program Fiscal Year 2021-2022

www.trcac.org









The Resource Connection Child Care Resource & Referral - rr.trcac.org

Our mailing and physical address is:

8085 Highway 26, Suite G
Mokelumne Hill, CA 95245
Hours: 8:00 a.m.– 4:30 p.m. / Monday–Thursday
CLOSED DAILY: 12:00 p.m.-12:30 p.m.

Want to change how you receive these emails? You can <u>update your preferences</u> or <u>unsubscribe from this list</u>.

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