The Engaging Families Empowering Commu Enriching Lives Connection

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> The Engaging Families Empowering Communities Enriching Lives Connection

Early Learning Programs

In The Know



November 2023 Edition

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Happy November! November is Early Literacy Month. Early Literacy plays a crucial role in children's development across various domains. It profoundly impacts their cognitive, social, and emotional growth. Here are some key ways in which literacy is linked to children's development:

- 1. Cognitive Development:
 - Language Skills: Literacy promotes language development, including vocabulary, grammar, and comprehension skills. Reading and exposure to words in books enrich a child's language.
 - **Critical Thinking**: Reading and comprehending text encourage critical thinking and problem-solving skills.
 - Memory: Reading and storytelling help children improve their memory and recall abilities as they remember story details and sequences.
- 2. Emotional Development:
 - **Empathy**: Reading books with diverse characters and situations can foster empathy in children as they learn to understand and relate to different perspectives and

emotions.

- Coping Skills: Reading about characters facing challenges and dilemmas can help children develop coping mechanisms and resilience.
- **Emotional Expression**: Literacy can provide a medium for children to express their emotions through writing or discussing how a book made them feel.

3. Social Development:

- Communication Skills: Literacy promotes effective communication in terms of listening and speaking. This is important for healthy social interactions.
- **Peer Relationships**: Reading and discussing books with peers can strengthen social bonds and promote cooperation.
- Cultural Awareness: Exposure to diverse literature can broaden a child's understanding of different cultures and perspectives, fostering cultural sensitivity.

4. Imagination and Creativity:

- Reading stimulates creativity and imagination as children envision characters, settings, and situations described in books.
- Storytelling and creative writing activities can further enhance a child's creativity and self-expression.
- Shared reading experiences between parents or caregivers and children can strengthen the parent-child bond and create positive memories.

Reading to children from a young age and involving them in literacy activities can have a lasting positive impact on their development. If you want to explore the Resource and Referral Lending Library, check out the information in this newsletter.

Take care, Sheri Noble R&R Program Director

> Resource and Referral Newsletter & Professional Development Amador & Calaveras Office (209) 754-1075



How to Raise a Reader (National Literacy Month)

November is National Literacy Month! It's a great time to get into good habits to help your child develop a love of books, which builds bonds, supports early writing and reading skills, enhances vocabulary, and prepares children for school success. Here are some ideas on how to raise a reader:

- Talk, read aloud, and sing to your baby from birth. Communicating with your infant from the start helps your baby learn words and feel loved.
- Experts suggest reading aloud for a half hour each day to children, in any language. If you can't set aside a half hour all at once, read a little at a time throughout the day.
- Reading almost anything out loud is good for children! Turning the pages of a magazine or viewing pictures on a tablet and telling a "story" is a great way to start.
- Let your toddler turn book pages, and name the things you see in pictures.
- Ask your preschool child questions about what you read together. What would he or she do in the situation in the book? What is his or her favorite part? Favorite character? Why?

- Encourage your child to tell you a story about anything, from your pet to an imaginary trip into space! Together, create a "book" with illustrations.
- Check out your local library for books and lots more. From reading events to book suggestions, there is always something going on to help raise your child to be a great reader. Visit <u>KidsPath</u> for more information.

Click the link below to view the article:

https://www.first5la.org/article/how-to-raise-a-reader-national-literacy-month/

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Important Reminders from the Subsidy Department

- 1. Parents, please notify your Subsidy Case Manager if your address or telephone number changes at any time to ensure we are able to contact you.
- Providers, please be sure to utilize the "A" for absence and "C" for provider closure days on the attendance forms. If a "C" is not listed on the attendance form and the date is left blank, you will not get paid for that day (licensed providers only who have available non-operational days).
- Providers, if you need additional attendance/claim forms, please click the link below to download and print them out or please contact our office to have them mailed to you:<u>https://rr.trcac.org/info/docs/subsidy_attendance_app_fillin_form_20160607_revised_20210608.pdf</u>

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CHILD CARE ASSISTANCE

Need Help Paying For Child Care?



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- Work or look for work
 Go to school or training
- Seek permanent housing

Helps when you are medically incapacitated

1. Check to see if you are eligible. Check the chart to see if your before-tax income is within the limits

2. To be placed on our Child Care Eligibility List (CEL), please use our online application below. cel.trcac.org

3. As funds become available, and we are able to enroll families at your current income rank, a subsidy coordinator will reach out to you.

Your Family Size:	Makes Less Than In a Month:	or, Makes less Than In a Year:
1-2	\$6,128	\$73,536
3	\$6,931	\$83,172
4	\$8,025	\$96,300
5	\$9,309	\$111,708
6	\$10,593	\$127,116
7	\$10,834	\$130,008
8	\$11,074	\$132,888
0	\$11,315	\$135,780

If you meet eligibility requirements- you have the option to choose from licensed family child care, licensed or exempt child care centers or family, friend, or neighbor care (may require background clearance), and in-home care. Please update your application when changes occur in your family size or income.

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Amador and Calaveras County (209) 754-1075 (877) 944-9911

Eligibility List

The AP program has limited openings for eligible families. The first step to access AP services is to be placed on our eligibility list. Families with children with disabilities are encouraged to apply.



Selecting Participants

When an opening is available, we access the waiting list and contact families based on the following program admission priorities:

· First: Child protective services, or at-risk of abuse, neglect or exploitation

• Second: Admission priority based on adjusted gross monthly income & family size.

When multiple families are within the same ranking:

- 1. Child with exceptional needs within the same ranking is admitted first
- 2. Entry with the oldest application date is admitted second

Rank	Family Size																		
	1 - 2		3		4		5	6		7			8		9		10	11	12
1	\$ 59	\$	64	\$	75	\$	87	\$	99	\$	101	S	103	S	105	\$	108	\$ 110	\$ 112
2	\$ 119	\$	128	\$	150	\$	174	\$	198	\$	202	S	207	S	211	\$	216	\$ 220	\$ 225
3	\$ 178	\$	192	\$	225	\$	261	\$	297	\$	304	S	310	S	317	\$	324	\$ 331	\$ 337
4	\$ 238	\$	257	\$	300	\$	348	\$	396	\$	405	S	414	S	423	\$	432	\$ 441	\$ 450
5	\$ 298	\$	321	\$	375	\$	435	\$	495	\$	506	S	518	S	529	S	540	\$ 551	\$ 563
6	\$ 357	\$	385	\$	450	\$	522	\$	594	\$	608	S	621	\$	-	1	648	\$ 662	\$ 675
7	\$ 417	\$	450	\$	525	\$	609	\$	693	\$	709	S	4 46	S	741	S	756	\$ 772	\$ 788
8	\$ 476	\$	514	\$	600	\$	696	S	793	\$	814	3	329	IS	847	\$	865	\$ 883	\$ 901
9	\$ 536	\$	578	\$	675	\$	784	\$	892	6	912	5	932	S	953	\$	973	\$ 993	\$ 1,013
10	\$ 596	\$	643	\$	750	\$	87	\$	1 3 1	3	1,013	S	110	5	1,058	\$	1,081	\$ 1,103	\$ 1,126
11	\$ 655	\$	707	\$	826		951	3	1,090	3	- Titi	S	1,140	S	1,164	\$	1,189	\$ 1,214	\$ 1,239
12	\$ 715	\$	771	\$	CA	1.5	1,045	\$	1,1%	\$	1,216	S	1,243	S	1,270	\$	1,297	\$ 1,324	\$ 1,35
13	\$ 775	\$	836	\$	976	\$	1.162	1	1,288	\$	1,317	S	1,347	S	1,376	\$	1,405	\$ 1,435	\$ 1,464
14	\$ 834	\$	900	\$	1 054		1,219	\$	1,387	\$	1,419	S	1,450	S	1,482	\$	1,513	\$ 1,545	\$ 1,57
15	\$ 894	\$	964	\$.120	\$	1,306	\$	1,486	\$	1,520	S	1,554	S	1,588	\$	1,622	\$ 1,655	\$ 1,689
16	\$ 953	\$	1,029	\$	1,201	\$	1,393	\$	1,586	S	1,622	S	1,658	S	1,694	\$	1,730	\$ 1,766	\$ 1,802
17	\$ 1,013	\$	1,093	\$	1,276	\$	1,480	\$	1,685	\$	1,723	\$	1,761	s	1,800	\$	1,838	\$ 1,876	\$ 1,915
18	\$ 1,073	\$	1,157	\$	1,351	\$	1,568	\$	1,784	\$	1,824	S	1,865	S	1,906	\$	1,946	\$ 1,987	\$ 2,027
19	\$ 1,132	\$	1,222	\$	1,426	\$	1,655	\$	1,883	\$	1,926	S	1,969	S	2,011	\$	2,054	\$ 2,097	\$ 2,140
20	\$ 1,192	\$	1,286	\$	1,501	\$	1,742	\$	1,982	5	2,027	S	2,072	S	2,117	\$	2,162	\$ 2,207	\$ 2,252

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Families screened & selected for potential enrollment from the waiting list will be asked to complete the orientation process, and submit documentation to verify eligibility/need for services. The steps are as follows:

Learn How to Apply and Select an Eligible Provider

Apply online to the Child Care Eligibility list and update your information if anything changes.

When we are ready to enroll we will contact families in the lowest ranks and highest priority first.

Begin Your Child Care Provider Search

If you do not currently have a child care provider you will need to find one. Choosing child care can be a difficult job, contact our Resource & Referral department for help and to find out what is available for your family.

Complete Documentation Orientation

Make sure you answer your phone, email or respond to the letter you receive to schedule an appointment with a Case Manager.

Complete forms, gather documents listed on the checklist, select a child care provider.

Note: If you do not contact us within 1 week of being contacted, you will not be eligible to apply for this enrollment period.

Verify Eligibility

Attend in-person appointment at The Resource Connection office specified on your letter.

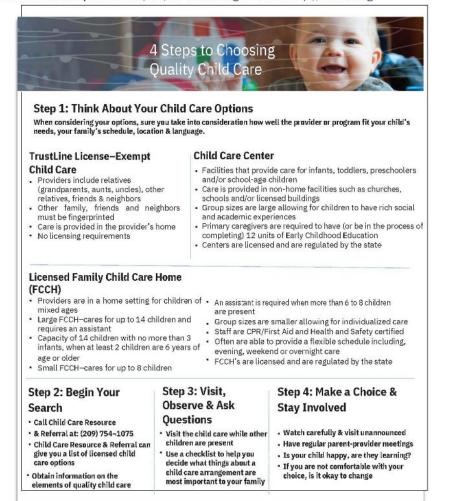
Please note that your **appointment will be rescheduled** if your packet/information is not complete at the time of your appointment.

For the purposes of this handbook, parent means a biological <u>parent</u>, adoptive parent, stepparent, foster parent, caretaker relative, legal guardian, domestic partner or any other adult living with a child who has responsibility for the care and welfare of the child.

Provider Participation

Parental Choice:

It is the parent's right and responsibility to choose an eligible provider that meets their family's need for child care and development services. Participants are encouraged to choose a clean, healthy and safe environment for their child(ren). For assistance in choosing a child care provider at any time, contact our Child Care Resource and Referral department at (209) 754-1075 or go online at http://rr.trcac.org



Parents who choose a licensed provider have the right and responsibility to view any licensing information regarding site visits to their provider's facility or records regarding complaints. Call Community Care Licensing at 1-844-538-8766 for information about facility reports. Parents are also encouraged to visit the Department of Justice "Registered Sex Offender" database at www.meganslaw.ca.gov

Choosing Quality Child Care is important; it promotes brain development, school readiness and reduces family stress. Everyone Benefits!

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Family, Friends, & Neighbors (FFN)



Family, Friends

and Neighbors (FFN)

<u>About</u>

The Friends, Family, and Neighbor (FFN) program is a Child Care Resource and Referral initiative aimed at supporting caregivers who provide care for children in their own homes. The program provides resources, training, and guidance to FFN caregivers to help them provide quality care and education to the children in their care. Through the FFN program, caregivers can access a range of services, including referrals to community resources, training and workshops, and support networks. This program recognizes the important role that informal caregivers play in the lives of children and provides them with the tools and resources they need to provide safe, nurturing, and stimulating environments for the children in their care.

FFNs build stable foundations for young children, and are an irreplaceable and essential part of the mixed delivery child care system.

<u>Services</u>

- Caregiver Support
- Guidance on Health & Safety Practices (CPR)
- Lending Library
- Consumable Closet
- Community Resources (Food Program)
- Professional
 Development



Not sure if you are an FFN? Have Questions? Call Karen Frazier 209.754.1075 or email kfrazier@trcac.org **The Resource Connection**

Engaging Families - Empowering Communities - Enriching Live Child Care Resource and Referral Services



Hey there, little artists! We need your help decorating our office windows. It's coloring contest time and we want YOU to join the fun! Can you make this mug of cocoa extra yummy? Submission must be received by Dec 6th. 1 winner from each county will be announced on December 7th, 2023. We can't wait to see this year's creations.

Name: Age: Provider:	HAPPY The weight of the period	
Provider:	Name: Age:	
	Provider:	

Please click the link below to print the coloring contest picture: https://mcusercontent.com/703e64aca7fc4720b53f7bbdc/images/132194c2d210-fa1d-6c8f-841d8a659248.jpg

> Resource and Referral Newsletter & Professional Development Amador & Calaveras Office (209) 754-1075



Looking for Thanksgiving activities for kids?

The holidays are so much fun to plan fun learning and play activities for your kids. These activities are PERFECT to get your kids excited for Thanksgiving!

#1: Sponge Painted Turkeys

This Thanksgiving activity is kids is perfect because it uses sponges! The kids love using different supplies to paint.

These turkeys were easy to create, and they are SUPER colorful and fun!

How to do this activity

A. Materials you need

- sponges
- washable paint
- <u>construction</u>/<u>cardstock paper</u>
- googly eyes

B. Set-up

Make a turkey face using your construction/cardstock paper and googly eyes. Lastly, cut sponges into stripes, so it's easy for the kids to pick up and use to paint!

Create some feathers on white paper. Cut them out!

C. Activity

Dip the sponges into the paint and make prints on the feathers! Let them dry then use a glue stick to glue them to the back of the turkey you created!

#2: Stuff the turkey

Stuff the turkey is a great fine-motor Thanksgiving activity for the kids! It gets them working on counting skills and color matching too.

How to do this activity

A. Materials you need

- My Stuff the Turkey Activity Cards
- red solo cups
- pom-poms
- tweezers

B. Set-up

Print off the turkey face from the download and tape it to a red solo cup. Dump your poms out into a bin and add in some fine motor tools like tweezers or scoops.

C. Activity

Have the kids use tweezers to pick up the pom-poms and place them inside the water bottle to "stuff the turkey." They can also use their fingers if they are too little to use the tweezers!

#3: Handprint Turkey Craft

Handprint crafts always get me. I just love seeing the kid's little hands in their artwork. It makes for the perfect keepsake!

This Thanksgiving activity for kids is easy to create and they will love seeing their hands all over the turkey.

How to do this activity

A. Materials you need

- paper plates (small)
- cardstock paper

- brown cardstock
- glue stick
- googly eyes
- brown paint
- paintbrush

B. Set-up

Paint the paper plate brown and wait for it to dry. Create the turkey face using paper. Lastly, trace the kid's hands and cut them out!

C. Activity

Have the kids glue their hands all around the paper plate. Then, have them glue the turkey on!

For the full article, please click the link below: <u>https://abcdeelearning.com/thanksgiving-activities-for-kids/</u>

> Resource and Referral Newsletter & Professional Development Amador & Calaveras Office (209) 754-1075

P EASIER THAN APPLE PIE Cinnamon Baked Apples with Pie Crust Cookies

GREAT RECIPE TO COOK WITH KIDS!



Healthy Baked Cinnamon Apples with Pie Crust Cookies

Want to enjoy the delicious taste of apple pie without all the work? Healthy Baked Cinnamon Apples is a recipe simple enough for kids to help cook for Thanksgiving or any holiday meal. These baked apples are a lot healthier than traditional apple pie too. Refined sugar-free and easy to make dairy-free and gluten-free too, you can make this recipe work for any dietary needs. While the apples are roasting, kids will have so much fun cutting store-bought pie dough (or any leftover homemade pie dough you might have) into shapes with cookie cutters and sprinkling them with a little cinnamon sugar. Top with a little ice cream or Greek yogurt and you have the best, easy dessert that your family will love.

Kids in the Kitchen:

I specifically designed this recipe to be an apple pie that kids can easily make with you! Here are some tips and specific ways little chefs can participate. Remember that kids don't have to complete the whole recipe. You can choose to have your child help with one or two of the steps below.

- Chop those apples! To make it easier for little hands to cut apples, cut the apple into 1/4-inch slices before having your child help. That way the child can take one slice at a time and cut it into a dice. Chop alongside your child since there are 4 apples to chop in this recipe. Want more info on child-safe knives? Head to my blog post, <u>Teaching Knife Skills to Toddlers and Kids (Safety and Basics)</u>.
- **Measure and mix**: there are only a handful of ingredients in this recipe, so have your child help gather and measure them. Add them to the bowl with apples and toss everything together...clean hands are the best tool for that job!
- **Roll and cut dough**: Show your child how to gently roll the dough with a rolling pin. If you are using pre-made dough, you will only have to roll the dough slightly to even out the surface, or you can even just press it out with your hands. Use cookie cutters or a pizza wheel to cut out the pie dough into shapes or strips.
- Brush and sprinkle: Kids will have so much fun "painting" each pie crust cut out with egg or water then showering them with yummy cinnamon sugar. Teach your child to take a pinch of the sugar then sprinkle it up high over the pie dough so the sugar is evenly distributed over the surface.

Subs and Tips for Making Healthy Baked Cinnamon Apples:

• **Pie dough**: There is a variety of pie dough available in most grocery stores these days. Pillsbury is the most ubiquitous one, but I also like one with slightly better ingredients such as Wholly Wholesome or Immaculate Baking Company. Buy pie dough in the box, not pie dough that's already pressed

into a pie pan. If you'd like to make your own pie dough, I really Yummy Toddler Food's recipe for<u>Easy Whole Wheat Pie Crust</u>.

- Gluten-free? Use a gluten-free pie dough, either buying one or making your own. <u>Here</u> is a recipe for a homemade gluten-free pie crust from marthastewart.com.
- Dairy-free? The baked apples in this recipe are naturally dairy-free, but here are some suggestions to make sure the other elements of this dessert are dairy-free as well. Most store-bought pie crusts use oil instead of butter, but just be sure to check the package ingredients before you buy it. There are so many great dairy-free vanilla ice cream options these days too. You could also top your apples with some dairy-free whipped coconut cream.
- **Apples?** I love using Honeycrisp apples because they are firm and tart, but feel free to use any kind of apples you'd like or a mix of different apples. All apples will cook at different rates to start checking your apples for doneness around 25 minutes.
- **No cookie cutters?** Use a pizza wheel or a pairing knife to cut your pie dough into strips or squares. Make the strips of dough look fancy by using the tines of a fork to make marks all around the edges.

Helpful Tools and Supplies:

- Pie dough cutters: The leaf design cutters I have are from Williams-Sonoma available <u>HERE</u>, but there are also similar ones available on Amazon <u>HERE</u>. You can also use any shape cookie cutters you have on hand or cut leaf shapes with a pairing knife.
- Rolling pin: I really like this <u>rolling pin and silicone mat</u> set available on Amazon. It's also fun to get kids a mini rolling pin to use while helping. This is a nice option HERE.
- **Parchment paper:** I roll out my pie dough and bake pretty much everything on these pre-cut unbleached parchment paper sheets. I couldn't live without them! Available on Amazon <u>HERE.</u>

INGREDIENTS

- 4 large apples such as Honeycrisp or Granny Smith
- 2 Tbsp fresh lemon juice
- 1/3 cup coconut sugar or brown sugar
- 1 Tbsp cornstarch or tapioca flour
- 3/4 tsp cinnamon
- 1 Tbsp maple syrup or honey
- 1 pinch salt

- 1/2 cup water
- vanilla ice cream or Greek yogurt, for serving

Pie Crust Cookies

- 1 package store-bought pie crust or 1 recipe homemade pie dough
- 1 egg optional
- 1/4 cup maple sugar, coconut sugar, or granulated sugar
- 1/4 tsp cinnamon

INSTRUCTIONS

Preheat oven to 400 degrees. Grease a 9X13 baking dish or other large baking pan with oil or spray with oil.

- Cut apples into 1/4-inch dice and place in a large bowl. Add remaining ingredients (besides ice cream) and toss to coat apples evenly. Dump into a baking dish and roast until apples are tender and coated in a caramel sauce. Check apples after 30 minutes. If the bottom of the pan is getting too brown, add a little more water and continue to cook until the apples are done. Once the apples are cooked, set aside to cool slightly.
- While apples cook, make pie crust cookies. Unroll pie crust onto a clean work surface or if you are using homemade pie dough roll it out 12-inch thick. Use cookie cutters to cut dough into desired shapes. You may have to dust the dough with a little flour if it gets too sticky to cut out. Place shapes onto a baking sheet (line with parchment for easier clean-up). If you don't have cookie cutters, you can use a pizza wheel or paring knife to cut the pie dough into strips. Beat egg with a splash of water (or just use plain water to make egg-free) then brush egg wash onto pie dough. Mix sugar and cinnamon then sprinkle over. Bake until golden brown, 10 to 12 minutes.
- To serve, spoon baked apples into individual serving dishes or small bowls. Top with ice cream or yogurt and a few pie-crust cookies. Enjoy!
- Apples can be made 2 to 3 days ahead and stored in the refrigerator. If you'd like to serve the apples warm, heat them in the microwave or in a pot with a splash of water to prevent burning. Pie crust cookies can be made a day ahead and stored at room temperature.

For the recipe, please click on the link below:

https://happykidskitchen.com/healthy-baked-cinnamon-apples-with-pie-crustcookies/ FDA Advises Parents and Caregivers Not to Buy or Feed WanaBana Apple Cinnamon Fruit Puree Pouches to Toddlers and Young Children Because of Elevated Lead Levels



Audience

• Parents and caregivers of toddlers and young children who have recently purchased WanaBana apple cinnamon fruit puree pouches.

Product

- WanaBana apple cinnamon fruit puree pouches, all lot codes and expiration dates.
- WanaBana apple cinnamon fruit puree pouches are sold nationally and are available through multiple retailers including Sam's Club, Amazon and Dollar Tree.
- WanaBana has agreed to voluntarily recall all WanaBana apple cinnamon fruit puree pouches regardless of expiration.

Purpose

The FDA is advising parents and caregivers not to buy or feed WanaBana apple cinnamon fruit purce pouches to children because the product may contain clevated levels of lead. Parents and caregivers of toddlers and young children who may have consumed WanaBana apple cinnamon fruit purce pouches should contact their child's healthcare provider about getting a blood test.

Signs and symptoms of lead toxicity

Lead is toxic to humans and can affect people of any age or health status. Protecting children from exposure to lead is important to lifelong good health. Lead exposure in children is often difficult to see. Most children have no obvious immediate symptoms. If there's suspicion that a child may have been exposed to lead, parents should talk to their child's healthcare provider about getting a blood test. Although lead can only be diagnosed through clinical testing, signs and symptoms of lead toxicity vary based on exposure.

Short term exposure to lead could result in the following symptoms:

- Headache
- Abdominal pain/Colic
- Vomiting
- Anemia

Longer term exposure could result in additional symptoms:

- Irritability
- Lethargy
- Fatigue
- Muscle aches or muscle prickling/burning
- Occasional abdominal discomfort
- Constipation
- · Difficulty concentrating/Muscular exhaustibility
- Headache
- Tremor
- Weight loss

Summary of Problem and Scope

The FDA was recently made aware of a developing investigation by the North Carolina Department of Health and Human Services (NCDHHS) and the North Carolina Department of Agriculture & Consumer Services (NCDA&CS) regarding four children with elevated blood lead levels, indicating potential acute lead toxicity. The NCDHHS investigation identified WanaBana apple cinnamon fruit puree pouches as a potential shared source of exposure. As part of their investigation, NCDHHS analyzed multiple lots of WanaBana apple cinnamon fruit puree, detecting extremely high concentrations of lead. The FDA has reviewed and supports NCDHHS's analytical findings and found that analytical results at this level could result in acute toxicity. The FDA has shared the results with the firm whose representatives are cooperating with the FDA and have agreed to voluntarily recall all WanaBana apple cinnamon fruit puree pouches regardless of expiration.

FDA Actions

The FDA is issuing this public health alert advising parents and caregivers not to purchase or feed WanaBana apple cinnamon fruit puree pouches to toddlers and young children because they may contain elevated levels of lead. The FDA is continuing to work with state officials and the firm, collecting additional information, and taking steps to remove all contaminated product from the market.

Recommendations for Consumers

Consumers who have symptoms should contact their health care provider to report their symptoms and receive care.

To report a complaint or adverse event (illness or serious allergic reaction), you can

- Call an FDA <u>Consumer Complaint Coordinator (/safety/report-problem-fda/consumer-complaint-coordinators)</u> if you wish to speak directly to a person about your problem.
- Complete an <u>electronic Voluntary MedWatch form</u> (<u>https://www.accessdata.fda.gov/scripts/medwatch/medwatch-online.htm</u>) online.
- Complete <u>a paper Voluntary MedWatch form (/media/85598/download?attachment)</u> that can be mailed to FDA.

Visit www.fda.gov/fcic (https://www.fda.gov/fcic) for additional consumer and industry assistance.

Additional Information

 Health effects of lead exposure (https://www.cdc.gov/nceh/lead/prevention/healtheffects.htm)

Was this helpful? Yes No

THE RESOURCE CONNECTION LENDING LIBRARY

Our Lending Library offers over 5,000 educational toys and books to enrich play- literacy based learning, parenting education and & child care provider resources to help develop children's skills and imagination, across different stages of growth and development.

Lending Library Hours

Monday - Thursday 8:30am-4:00pm Closed 12:00pm-12:30 for Lunch

Visit our Library Online to reserve your educational items today!

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trcacrr.myturn.com

AMADOR COUNTY



Resource Family Socials

5:00pm to 6:30pm 601 Court Street, Suite 300 Jackson, CA 95642 209 257-1980 ext. 130



Easy & Nutritious Meals for Families Tuesday, 9/19/2023

Learn how to prepare healthy meals and snacks and about the negative effects of poor nutrition on health and behaviors. Presented by Sandra Mendoza

Trauma Informed Care Thursday, 10/19/2023



Learn how to recognize challenging behaviors and tips to work successfully with traumatized youth. Presented by Jackie Machado



A Window Between Worlds Tuesday, 12/12/2023

A Window Between Worlds is a form of art therapy designed for all ages to create and explore thoughts and feelings. No art

> experience necessary! Presented by Daylin Boyd

Healthy Activities for Families Tuesday, 11/14/2023

Learn about recreational programs for youth and families in Amador County. Presented by Sophie Starostina



A light meal will be served. Please call if you need childcare.

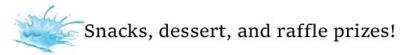


Relax ~ Unwind ~ Network

Drop in and meet others working with young children and families in Amador.

<u>Friday – November 3rd 4:00 – 6:00pm</u> First 5 Amador's Indoor/Outdoor Learning Lab 975 Broadway, Jackson

This event is modeled after "Messy Mornings" and is open to all community-based service providers, TK, Kindergarten, Preschool Teachers, Family and Center-based Early Care Educators.



RSVP appreciated but not required – (209) 257.1092





Family Sway & Play Parties!

Saturdays

9:30 to 10:30

9/9, 10/14, 11/11, 12/9

First 5 Amador, 975 Broadway, Jackson, CA 95642 10/7, 11/4, 12/2

Pioneer Community Hall 25100 Buckhorn Ridge Rd Pioneer CA 95666

FREE

Ages 0-5 & Families



no Pre-registration





Contact 209-256-8166 info@amadorarts.org

this activity is funded in-part by the California Arts Council, a state agency, arts.ca.gov



FREE to children ages 0 - 5 and their Mom, Dad, Grandparent, or Caregiver



All sites ~ 9:30 - 11:30 am

Tuesdays - Jackson ~ 975 Broadway

Indoor and Outdoor Learning Labs

<u>Families start indoor for playgroup or outside for First 5 free play.</u> <u>Groups will switch mid-way.</u>

WEDNESDAYS ~ Ione

Location changes will be posted on Facebook.

Ione Train Station ~ 1 East Main Street, Ione (weather permitting)

Ione Memorial Hall ~ 207 S. Amador Street, Ione (winter months)

THURSDAYS ~ **Plymouth**

Plymouth Elementary

18601 Sherwood Street, Plymouth (Extended Learning Opportunity Program Classroom - ELOP)

All playgroups follow the school district schedule and are not in session:

October 17th, 18th & 19th; November 22nd & 23rd: December 26th, 27th & 28th;

January 2nd, 3rd, & 4th; March 12th, 13th & 14th

Funded by:



975 Broadway (P.O. Box 815), Jackson, CA 95642 ~ 209-257-1092 www.first5amador.com ~ Facebook - first5amador.com

Indoor playgroup hosted by Heather Hall Outdoor free-play provided by First 5

"Raising Readers Across Amador"



Literacy Campaign





To celebrate Back-to-School Month, First 5 Amador is launching a county-wide Literacy Campaign!

(July 2023-June 2024)

All local families with children aged 0-5 are encouraged to read to their children for at least 20 minutes per day.

★ At the <u>first of every month</u>, turn in your Reading Log(s) to First 5 Amador, and you will be entered into a drawing to win a raffle prize!

★ Write the name of the book on the literacy Log and ask your child to color in each book on the reading log.

★ Be sure to "like" us on Facebook (First 5 Amador), where we will keep you posted every month on new developments!

★ Keep your eye on our Facebook page where we will post helpful tips and ideas about helpful tips and ideas about reading and early literacy.

★ The Reading Log will be available for printing on our Facebook page, and website (www.first5amador.com), or you can pick them up from our office at 975 Broadway, in Jackson! For questions, please call us at 257-1092.

★ In addition to the Reading Logs, we have several other exciting plans in the works!
We will have a large thermometer mounted outside our building through June, which will keep track of the number of books read.

Are you a childcare provider or preschool teacher participating in Amador Quality for Kids? Learn about "Messy Play" incentives for your program.



Take a picture of the Messy log and email it to q4k@first5amador.com or take a picture and post it to our Facebook page. Drop off at - 975 Broadway, Jackson



"Raising Readers Across Amador" Literacy Campaign Reading Log

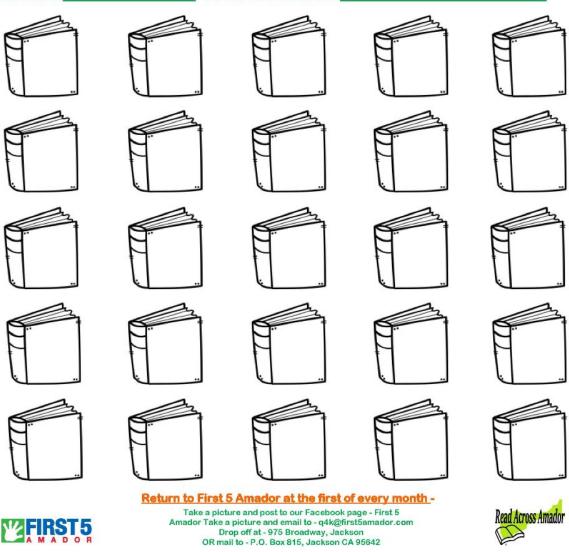
When you finish reading a book, write the name of the book and color in a book. Return colored Reading Logs to First 5 Amador, at the first of every month.

Be entered into a drawing to win a prize, each month!

Campaign runs from July 2023 through June 2024

NAME & PHONE

MONTH





If you or someone you know in Amador County is expecting or celebrating the arrival of a new baby up to 18 months, Welcome Baby would like to offer you a

FREE GIFT

- Imagination Library free books from birth until your child turns 5
- Diapers
- Easy-to follow Parent Tips book
- "What to Do When Your Child Gets Sick" book
- T-shirt for baby
- and lots of other fun and helpful information

For information call 209-257-1092 or email f5a@first5amador.com





STORYTIME

Thursdays 10:30 At the Main Library Jackson



Monthly Schedule



Reptiles With Ms. Kristina

November 2nd



November 9th

With Ms. Sonia

Harvest

Food

November 16th



November 23rd

Closed for the Holiday Happy Thanksgiving!



November 30th Penguins With Staff

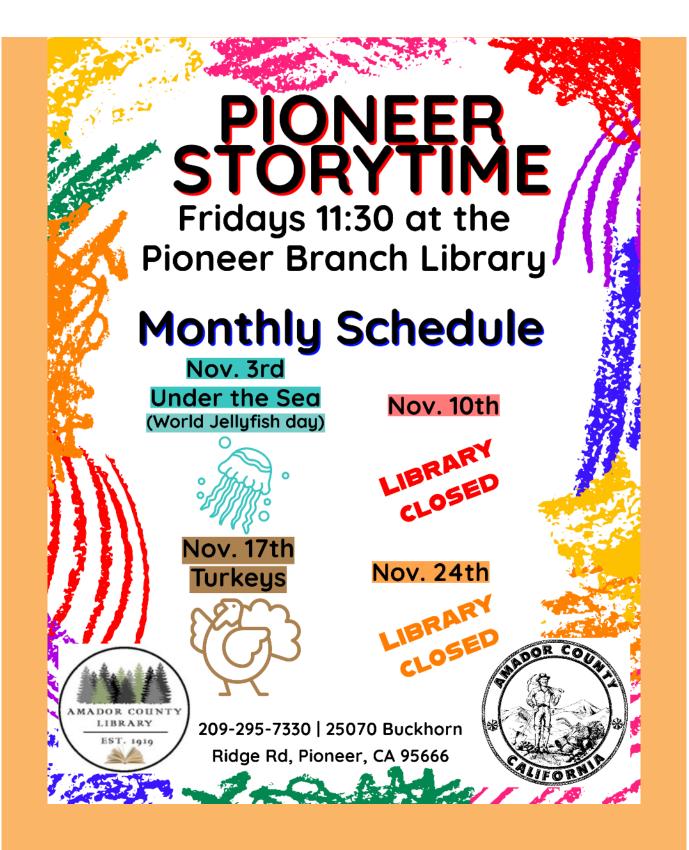
With Ms. Tasha

Please arrive 5 minutes early



Amador County Library 530 Sutter St. Jackson, CA 95642 209-223-6400





PLEASE JOIN US FOR A Mative American Cultural Awareness Workshop



November 8th 3:00 p.m. to 5:00 p.m. 975 Broadway, Jackson, CA

RSVP is required. Space is limited. Register by using the link below:

https://www.surveymonkey.com/r/9PY35BQ

Foothill Indian Education Alliance, Inc.







CALIFORNIA TRIBAL

TANF

QUESTIONS? CONTACT ANTOINETTE DEL RIO (209) 607-8336 OR ADELRIO@EDCOE.ORG

24-HOUR Referral Hotline for Seniors

If you or someone you love needs help finding resources for seniors, call our new 24-hour referral hotline NOW!

Get local resources for:

- Housing
- Elder Abuse
- Transportation
- Food
- Social Services
- · Personal Care
- Financial Aid
- · and more



Someone is available all the time!

Toll Free 24 Hrs: 1-800-459-5997

https://operationcare.org

National Elder Fraud Hotline [1-833-FRAUD-11 (1-833-372-8311)] https://stopelderfraud.ovc.ojp.gov/

If you or someone you know is in danger and needs help, call 911 NOW. Elder Abuse / Domestic Violence / Sexual Assault advocates are always available by calling our 24-hour crisis line at: 209.223.2600 or 1.800.675.3392 Funded partially by Grans XC16021628 and RC 19221628





Three Ways to Give on Giving Tuesday! 11/28/23

#1 - Charity Showcase

Meet and Greet 50+ amazing nonprofits supporting the quality of life in our community:

- Charity Showcase 4:00 pm 6:30 pm @ St. Katherine Drexel Parish
- Give to many charities at ONE time
- FREE Admission/Refreshments

#2 - Give Online - ALL DAY!

- Donate to one or multiple nonprofits in one spot!
- Donate to Child Care Resource & Referral with our direct link below
 <u>https://giveamador.org/product/the-resource-connection</u>

#3 - Drop - Off Giving!

• Join Amador Community Foundation for coffee & giving at their Jackson office! 8:00 am - 4:00 pm at 571 S. Hwy 49



The transformer formations Resource transformer formations Connection

Child Care Resource & Referral

Amador Giving Tuesday 11/28/23

To donate online today, please click the link below: https://giveamador.org/product/the-resource-connection/ Resource and Referral Newsletter & Professional Development Amador & Calaveras Office (209) 754-1075



Grandparent Café

SUPPORT AND RESOURCES FOR GRANDPARENTS RAISING GRANDCHILDREN

Online meetings held on Zoom 2nd Wednesdays at 9:30am

2023

Click: https://us02web.zoom.us/j/89025662476 Call: 1-669-900-6833 ID# 890 2566 2476



Ask us about assistance with childcare!

For more info about the meetings: call (209) 754-1075 or email dbohall@trcc.or Jan 11 Feb 8 Mar 8 Apr 12 May 10 Jul 12 Aug 9 Sep 13 Oct 11 Nov 8

The Resource Connection Engaging Families - Empowering Communities - Enriching Lives



2nd & 4th Mondays 6:30-8 PM

91 Fullen Street, inside the Historic Grammar School Sutter Creek, CA 95685

 \rightarrow

Guided by Jacqueline Diaz Co-director of Danza Azteca Xiuhtecuhtli

No experience needed All ages Bring water Questions? Call or text (209)256-8166 info@amadorarts.org

Dance barefoot or in sandals; no heels or slides

ador Arts county Arts Councill hadorArts.org

This activity is funded in part by the California Arts Council, a state agency.



MENTAL HEALTH SERVICES ACT (MHSA) STEERING COMMITTEE

Thursday November 2nd

3:30 p.m.

IN-PERSON Health & Human Services Conference Room E 10877 Conductor Blvd. Sutter Creek, CA

Questions? Contact Stephanie Hess at: (209) 223-6308 or shess@amadorgov.org





Please bring a photo I.D.
Eat well and drink plenty of water before donating.
Eligibility questions: Vitalant 877-258-4825/Vitalant.org

- The entire donation process takes about one hour.
- · Donors must be 16 years old & no upper age limit.



Sutter Amador Hospital Blood Drive Wednesday, November 15 10:30 a.m. – 2:00 p.m.

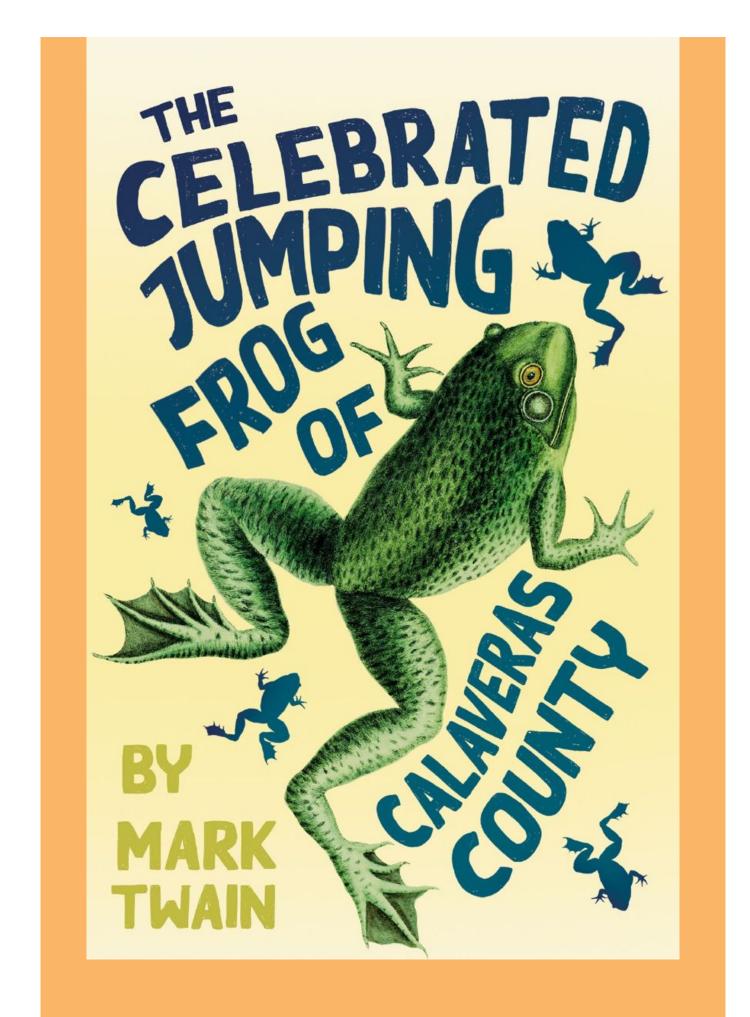
Sutter Amador Hospital 200 Mission Blvd., Jackson, CA 95642 The bloodmobile bus will be located in the parking lot

Please schedule an appointment at donors.vitalant.org and use blood drive code SMFH127 or call Vitalant at 877-258-4825 or scan the QR code using a Smartphone camera or click the link below.

Click here to schedule an appointment



vitalant



ATTENTION CALAVERAS RESIDENTS

ATCAA Energy Program Utility Bill Assistance & Weatherization



HELP WITH HOME ENERGY

IN-PERSON HELP

ATCAA will be present at the Calaveras Health and Human Services building in the Networking Room (Room 116) every other Monday from 10:30am-1:30pm.

(Times and dates can change without notice. Please call the ATCAA Energy Department to confirm dates and times)

VISIT US AT

Calaveras Health and Human Services 509 E St. Charles Street Room 116 San Andreas, CA 95249

CONTACT TO APPLY

(209) 223-1485 x221

atcaa.org/energy

10590 Highway 88 Jackson, CA 95642

UTILITY BILL ASSISTANCE

PG&E, propane, and/or water bill assistance for income qualified renters and homeowners.

WEATHERIZATION

Permanently lower your energy bills and enhance the comfort of your home, all at no cost to you. Weatherization services include repair/replacement of doors and windows, a variety of appliances, and other services (when feasible).

MONTHLY INCOME GUIDELINES

Persons	Income	
1	\$2,700.17	
2	\$3,531.00	
3	\$4,361.83	
4	\$5,192.75	
5	\$6,023.59	
6	\$6,854.43	
7+	Call Us	



AMADOR TUOLUMNE COMMUNITY ACTION AGENCY

Serving Amador, Calaveras, and Tuolumne Counties

CALAVERAS WATER ASSISTANCE



Do you pay a monthly water bill?

Would you like assistance with current *or* past due water bills?

Low Income Household Water Assistance Program (LIHWAP)

This program provides one-time financial assistance to help Californians struggling to pay current or overdue residential water or wastewater bills. LIHWAP is funded by the federal government and administered by the California Department of Community Services and Development (CSD). CSD works with a network of community-based local service providers to help low-income households pay down their outstanding bills. Applicants must qualify per the 2023 income guidelines and contact the ATCAA Energy department to apply. We recommend that applicants first contact their utility company to set up payment arrangements.

MONTHLY INCOME GUIDELINES

Persons	Income				
1	\$2,700.17				
2	\$3,531.00				
3	\$4,361.83				
4	\$5,192.75				
5	\$6,023.59				
6	\$6,854.43				
7+	Call Us				

PARTICIPATING WATER COMPANIES:

Calaveras County Water District 209) 754-3543 Calaveras Public Utility District (209) 754-9442 City of Angels (209) 736-2181 Mokelumne Hill Sanitary District (209) 754-9442 Union Public Utility District (209) 728-3651

All ATCAA services are dependent on client eligibility and program fund availability.

CONTACT

(209) 223-1485 x221) (Control & Control & Cont

• 10590 Highway 88 Jackson, CA 95642



FREE AND OPEN TO ALL TEENS 13-17!

GAMES FIELD TRIPS ART CLASSES WORKSHOPS 8 MORE



Coalition for Youth and Families

Blue Mountain Center 364 Main Street, West Point



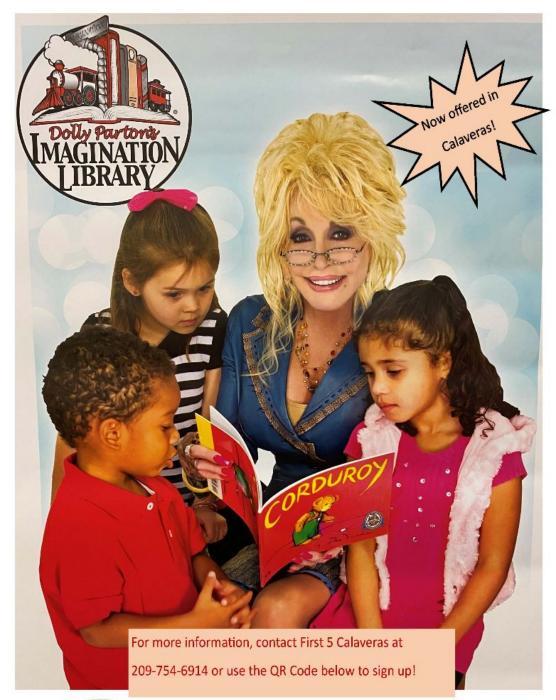
Mondays 3-6pm & Fridays 4:30-7:30pm

Follow us on Facebook @bmcyf for the latest activities Blue Mountain

For more info: jessica.bmcyf@gmail.com















Presents



What is it?

Dolly Parton's Imagination Library is a 60 volume set of books beginning with the children's classic The Little Engine That CouldTM. Each month a new, carefully selected book will be mailed in your child's name directly to your home. Best of all it is a **FREE GIFT!** There is no cost or obligation to your family.

Who Is Eligible?

Children under the age of five in Calaveras County.

What Are My Responsibilities?

1. Be a resident of Calaveras County.

- 2. Submit an official registration form, completely filled out by the authorized adult.
- Notify First 5 Calaveras any time your address changes. Books are mailed to the address listed on the account. Note: If the child's address changes, <u>you must</u> <u>contact your friends at the address on this brochure in</u> order to continue receiving books.
- 4. Read with your child and have fun!

When Will | Receive Books?

Eight to ten weeks after your registration form has been received, books will begin arriving at your home and will continue until your child turns five or you move out of the covered area.



1st Preschool Child's FULL Name /	Email Address		t	Child's Mailing Address	Authorized Adult Name	Child's Date of Birth	2nd Preschool Child's FULL Name	Child's Date of Birth	1st Preschool Child's FULL Name
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FOR OFFICE USE ONLY: Date Received

Group

Code

Cut Here

Sign up your child today!

Simply fill out the above form and mail to:

First 5 Calaveras

891 Mountain Ranch Road San Andreas, CA 95249 (209) 754-6914



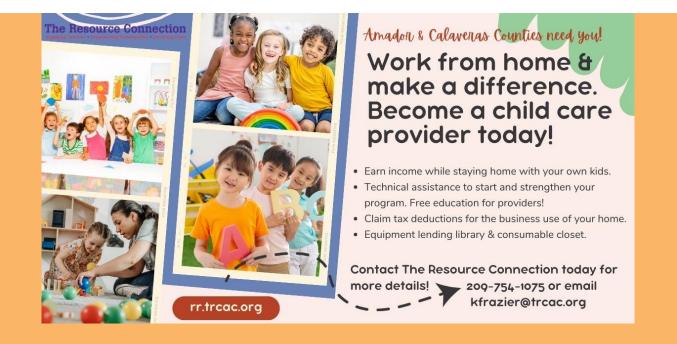
w.imaginationlibrary



November 2023

Sun	Мо	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5 Daylight Savings! Pediatric & Adult CPR/ First Aid Workshop 8:30-5 PM	6	7 ACCC Mtg. 1:00 PM @ ACOE	8 Grandparent Café Via Zoom 9:30 am	9	10	11 Veterans Day!
12	13	14	15 Staff Development Day Office Closed	16 Provider Night 4:30–7 PM	17	18
19	20	21 CCCC Mtg. 9 am @ CUSD	22	23 Thanksgiving! Office Closed	24	25
26	27	28	29	30		

Resource and Referral Newsletter & Professional Development Amador & Calaveras Office (209) 754-1075



PROVIDER WORK NIGHT EVERY 3RD THURSDAY OF THE MONTH 4:30PM-7:00PM



Learning Resources

Items you may take back to your program and use up. Paint, glue, scissors, paper, glitter, playdough, tape, craft items and more! Our color copy machine is available to print your contracts, policy booklets and other business paperwork.



Lending Library

Over 4000 children's books and educational items available for loan. All developmental areas available. Large selection of teaching books.

Adult, Child & Pediatric First aid/ AED & CPR

This 8-hour course is CPR – Adult, Child & Infant and Pediatric First Aid training designed specifically for California State Licensed Child Care Providers and people seeking Child Care licensing in the State of California to satisfy the State requirement for 8 hours of special training in CPR & pediatric first aid that includes extra topics required by the State of California EMS Authority. Satisfies Title 22 requirements for CPR & First Aid Training's requirements for Child Care Providers.

The Resource Connection Child Care Resource & Referral will be offering In - Person Pediatric CPR Classes (\$100) 8085 Suite G Hwy 26. Mokelumne Hill 95245

Sunday, November 5th 2023 8:30 am - 5:00 pm

Space is limited to 16 per class. Registration & \$100 payment must be received by 11/2/2023 to reserve your spot. For Registration information call Karen Frazier (209) 754-1075

> The Engaging Families Empowering Communities Enriching Lives Connection



Program Fiscal Year 2021-2022

www.trcac.org



The Engaging Families Resource Empowering Communities Enriching Lives Connection

Vision

Strong Families, Sustainable Communities, and Successful Individuals.



Mission

The Resource Connection's mission is to engage families, empower communities, and enrich the lives of the residents of Amador and Calaveras counties.



Increase access and

2022-2025 Strategic Plan Key Goals

Improving employee awareness of client satisfaction and retention services by measuring which will be measured by increases in referrals internal surveys indicating to internal and improved employee job external agencies. satisfaction. Strengthening internal Develop diversified funding and external sources through community collaborations and awareness and ongoing communications in Board recruitment and Amador and Calaveras development which will later Counties by conducting be measured by an increase employee surveys and in unrestricted funding and requesting partner agency an increase in Board narrative feedback. members. Based on the Fiscal Year 21-22 audit, 95% of the total program revenues supported program goals and activities, with the remaining 5% allocated to administrative expenses. DONATE

THE RESOURCE CONNECTION. IS AN EQUAL OPPORTUNITY EMPLOYER, PROVIDER AND ADA COMPLIANT.





The Resource Connection Child Care Resource & Referral - rr.trcac.org

Our mailing and physical address is: 8085 Highway 26, Suite G Mokelumne Hill, CA 95245 Hours: 8:00 a.m.– 4:30 p.m. / Monday–Thursday CLOSED DAILY: 12:00 p.m.-12:30 p.m.

(209) 754-1075 / rrinfo@trcac.org / Facebook Copyright 2019 - 2021 - credits - The Resource Connection, Inc.