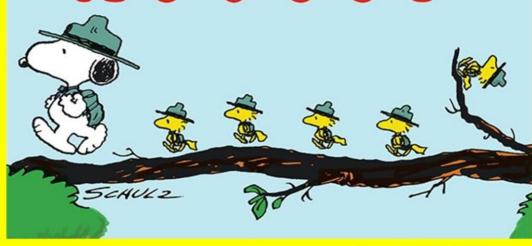
## The Engaging Families Empowering Communities Enriching Lives Connection

#### **Early Learning Programs**

In The Know

## WELCOME, AUGUST



**August 2023 Edition** 

#### In This Issue

A Message from our R&R Program Director August is National Back to School Month Friendly Reminders from our Subusidy Department Subsidy Program Eligibility
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Schedule of Events



Happy August! The school year has already begun for some families, and for some families, school will return soon. Returning to school can be exciting and nerve-wracking, but adding a bit of fun can make the transition smoother and enjoyable. Here are some ideas for back-to-school fun:

- Backyard Picnic: Organize a picnic in your backyard or a nearby park before school starts. It's a great opportunity for students to reconnect with friends and classmates.
- School-Themed Arts and Crafts: Have a creative arts and crafts session where students can make DIY bookmarks, personalized pencil holders or decorate their notebooks.
- Scavenger Hunt: Set up a scavenger hunt around with some fun back-toschool items, such as pencils, pencil sharpener, a set of crayons, markers, etc.
- First-Day Photo Booth: Set up a photo booth with props for students to take memorable pictures on their first day back to school. The children in your care or your children can create posters or props celebrating their first day of school.
- Storytelling or Show-and-Tell: Encourage students to share their summer experiences through storytelling or a show-and-tell session.
- Welcome Back Letter or Video: As an early learning provider, consider preparing a special welcome back letter or video message to set a positive

tone for the new school year.

Remember, the key is to make these activities inclusive, engaging, and light-hearted. It helps build a positive atmosphere and sets the stage for a successful and enjoyable school year ahead.

Best, Sheri Noble R&R Program Director

Resource and Referral Newsletter & Professional Development

Amador & Calaveras Office (209) 754-1075



**August Cause Awareness: National Back to School Month** 

For students, teachers, parents, and guardians across the nation, the arrival of August signals the end of summer vacation and the arrival of back-to-school season. For many, the month is filled with school supply shopping, schedule planning, and otherwise preparing for the academic year to come, so it's no surprise that August is also known as <u>National Back to School Month</u>.

Since the 1960s, National Back to School Month has been observed during the month of August. In the United States, the school year traditionally starts in the fall and ends in the spring. This schedule was created with the intention of allowing children in farming families to be home to help out during the planting and harvesting seasons in our primarily agricultural society. With more families living in urban and suburban areas, some schools have shifted to a year-round or alternative academic calendar, but the majority of schools still keep a start date sometime in August, making it the perfect awareness month for back-to-school preparations.

#### How to celebrate National Back to School Month

Whether you're a parental figure blocking out time in your schedule for school supply shopping or someone who isn't in school anymore, there are plenty of ways to observe National Back to School Month and support students and teachers in your community.

#### **Donate school supplies**

Once the school year begins, many schools and teachers have supply lists they need help to fill. From tissue boxes and hand sanitizer to markers and notebook paper, every classroom needs resources to support their students and that's where you can help. Reach out to your local schools to see if they're looking for any specific supplies for the school year. Then, drop off donations to schools in need. To increase your impact, reach out to your network to see if they can help you donate goods or money for school supplies. You can also search in your community for existing school supply donation drives to donate to.

#### Volunteer at your local school

Even before the school year begins, many schools need volunteers to help run their back-to-school events and help students get acclimated. Volunteer to help at back-to-school registration days or help out at any welcome-back fun fests or picnics schools have planned. If you've attended a local school yourself or know any students, connect with new students to give tours and advice on how to navigate their new school and help set to rest any first-day jitters.

#### Charities to donate to

The back-to-school season is a busy time, so if you don't have the time to volunteer, consider donating to educational charities. Here are a few charities you can donate to for National Back to School Month to support teachers and students.

#### **Junior Achievement**

Founded in 1919, <u>Junior Achievement (JA)</u> is one of the nation's largest educational charities. JA teaches students financial literacy, professional skills, and everything else they need to become independent adults in both in-school and after-school programs. Junior Achievement has over 100 local chapters across the nation that are dedicated to serving youth in local communities, so if you want to impact your local community, look up your local JA chapter to donate to.

#### **Kids in Need Foundation**

The Kids in Need Foundation is a nonprofit dedicated to promoting equity in schools. They believe that "every child in America deserves equal opportunity and access to a quality education." In pursuit of making their mission a reality, the Kids in Need Foundation provides supplies to schools located in impoverished areas, taking the burden off teachers to supply their classrooms out of their own pockets. The foundation also provides supplies directly to students, hosting backpack builds and setting up company match programs.

#### **Teach for America**

Teach for America (TFA) is another nonprofit dedicated to ensuring that all children have equal access to a good education. TFA recruits "corps members" who commit to teaching for two years in local schools located in low-income communities. After completing their two years of teaching, many alumni continue to remain in education full-time or in other careers that work in low-income communities. By donating to Teach for America, you'll be supporting these corps members in their mission to positively impact students' lives.

#### **Final thoughts**

The back-to-school season can be hectic and nerve-wracking for everyone involved with preparations for a new academic year. With these recognition ideas and charities, you can turn National Back to School Month into an

opportunity to make a positive impact on the world and your communities, while also preparing for the new year yourself.

For the full article, please click the link below:

https://www.ggiv.com/blog/national-back-to-school-month/

Resource and Referral Newsletter & Professional Development

Amador & Calaveras Office (209) 754-1075



**Important Reminders from the Subsidy Department** 

- 1. Parents, when requesting a change to your childcare certificate, please turn in all required documentation and confirm receipt of the required documentation with your Case Manager.
- 2. Hold Harmless has been extended to September 30, 2023. This means that The Resource Connection will continue reimbursing all childcare certificates at the maximum approved hours.
- 3. Providers, if you need additional attendance/claim forms, please click the link below to download and print them out or please contact our office to have them mailed to you:

https://rr.trcac.org/info/docs/subsidy\_attendance\_app\_fill-in\_form\_20160607\_revised\_20210608.pdf



## Need Help Paying For Child Care?



#### Child Care Subsidy can help you pay for Child Care:

- · Work or look for work
- · Go to school or training
- · Go to school of training
- Seek permanent housing
- · Helps when you are medically incapacitated
- 1. Check to see if you are eligible. Check the chart to see if your before-tax income is within the limits
- 2. To be placed on our Child Care Eligibility List (CEL), please use our online application below.

#### cel.trcac.org

3. As funds become available, and we are able to enroll families at your current income rank, a subsidy coordinator will reach out to you.

Your Family Size:	Makes or, Makes Less Than less Than In a Month: In a Year:						
1-2	\$6,128	\$73,536					
3	\$6,931	\$83,172					
4	\$8,025	\$96,300					
5	\$9,309	\$111,708					
6	\$10,593	\$127,116					
7	\$10,834	\$130,008					
8	\$11,074	\$132,888					
9	\$11,315	\$135,780					

If you meet eligibility requirements- you have the option to choose from licensed family child care, licensed or exempt child care centers or family, friend, or neighbor care (may require background clearance), and in-home care. Please update your application when changes occur in your family size or income.

The Engaging Families
Resource Empowering Communities
Connection

Amador and Calaveras County (209) 754-1075 (877) 944-9911

#### **Eligibility List**

The AP program has limited openings for eligible families. The first step to access AP services is to be placed on our eligibility list. Families with children with disabilities are encouraged to apply.



Apply online at: cel.trcac.org Visit our website

Call our Office 209-754-1075 or 877-944-9911 Visit us at: 8085 Highway 26, Suite G Mokelumne Hill

#### **Selecting Participants**

When an opening is available, we access the waiting list and contact families based on the following program admission priorities:

- First: Child protective services, or at-risk of abuse, neglect or exploitation
- Second: Admission priority based on adjusted gross monthly income & family size.

When multiple families are within the same ranking:

- 1. Child with exceptional needs within the same ranking is admitted first
- 2. Entry with the oldest application date is admitted second

Rank	Family Size																			
	1 - 2		3		4		5		6		7		8		9		10	11		12
	\$ 59	\$	64	\$	75	\$	87	S	99	\$	101	S	103	\$	105	\$	108	\$ 110	\$	11
2	\$ 119	\$	128	\$	150	\$	174	\$	198	S	202	S	207	S	211	\$	216	\$ 220	\$	22
3	\$ 178	\$	192	\$	225	\$	261	\$	297	\$	304	S	310	\$	317	\$	324	\$ 331	\$	33
4	\$ 238	\$	257	\$	300	\$	348	S	396	\$	405	S	414	S	423	\$	432	\$ 441	\$	45
5	\$ 298	\$	321	\$	375	\$	435	\$	495	S	506	S	518	\$	529	\$_	540	\$ 551	\$	56
6	\$ 357	\$	385	\$	450	\$	522	\$	594	S	608	S	621	\$	- 615	137	648	\$ 662	\$	67
7	\$ 417	\$	450	\$	525	\$	609	S	693	S	709	S	4 4 866	S	741	S	756	\$ 772	\$	78
8	\$ 476	\$	514	\$	600	\$	696	\$	793	S	814	3	329	\$	847	\$	865	\$ 883	\$	90
9	\$ 536	\$	578	\$	675	\$	784	\$	892	6	912	5	932	S	953	\$	973	\$ 993	\$	1,01
10	\$ 596	\$	643	\$	750	\$	874	8	987	3	1,013	S	CIDIC	18	1,058	\$	1,081	\$ 1,103	\$	1,12
11	\$ 655	\$	707	\$	826		95	3	1,090	9	- THE	S	1,140	\$	1,164	\$	1,189	\$ 1,214	\$	1,23
12	\$ 715	\$	771	\$	COL	1	1.045	\$	1,1%	\$	1,216	\$	1,243	S	1,270	\$	1,297	\$ 1,324	\$	1,35
13	\$ 775	\$	836	\$	976	\$	* 1-182	(+	1,288	S	1,317	S	1,347	\$	1,376	\$	1,405	\$ 1,435	\$	1,46
14	\$ 834	\$	900	\$	1.054	Ł	1,219	\$	1,387	\$	1,419	S	1,450	\$	1,482	\$	1,513	\$ 1,545	\$	1,57
15	\$ 894	\$	964	\$	, 120	\$	1,306	\$	1,486	\$	1,520	S	1,554	S	1,588	\$	1,622	\$ 1,655	\$	1,68
16	\$ 953	\$	1,029	\$	1,201	\$	1,393	S	1,586	S	1,622	S	1,658	S	1,694	\$	1,730	\$ 1,766	\$	1,80
17	\$ 1,013	\$	1,093	\$	1,276	\$	1,480	\$	1,685	\$	1,723	\$	1,761	\$	1,800	\$	1,838	\$ 1,876	\$	1,91
18	\$ 1,073	\$	1,157	\$	1,351	\$	1,568	\$	1,784	S	1,824	S	1,865	S	1,906	\$	1,946	\$ 1,987	\$	2,02
19	\$ 1,132	\$	1,222	\$	1,426	\$	1,655	\$	1,883	\$	1,926	S	1,969	\$	2,011	\$	2,054	\$ 2,097	\$	2,14
20	\$ 1,192	\$	1,286	\$	1,501	\$	1,742	\$	1,982	S	2.027	S	2,072	S	2,117	\$	2,162	\$ 2,207	\$	2.25



Families screened & selected for potential enrollment from the waiting list will be asked to complete the orientation process, and submit documentation to verify eligibility/need for services. The steps are as follows:

#### Learn How to Apply and Select an Eligible Provider

#### Apply online to the Child Care Eligibility list and update your information if anything changes.

When we are ready to enroll we will contact families in the lowest ranks and highest priority first.

#### Begin Your Child Care Provider Search

If you do not currently have a child care provider you will need to find one. Choosing child care can be a difficult job, contact our Resource & Referral department for help and to find out what is available for your family.

#### **Complete Documentation Orientation**

Make sure you answer your phone, email or respond to the letter you receive to schedule an appointment with a Case Manager.

Complete forms, gather documents listed on the checklist, select a child care provider.

Note: If you do not contact us within 1 week of being contacted, you will not be eligible to apply for this enrollment period.

#### **Verify Eligibility**

Attend in-person appointment at The Resource Connection office specified on your letter.

Please note that your **appointment will be rescheduled** if your packet/information is not complete at the time of your appointment.

For the purposes of this handbook, parent means a biological <u>parent</u>, adoptive parent, stepparent, foster parent, caretaker relative, legal guardian, domestic partner or any other adult living with a child who has responsibility for the care and welfare of the child.





Things to Do With Your Kids Before Summer Ends

The end of Summer is fast approaching, which means that the <u>new school</u> <u>year</u> is just around the corner. Before your kids head <u>back to school</u>, make sure to help them enjoy the last few weeks of the warm weather season! These activities are fun and easy and will make sure that your kids have great memories of their school break.

Enjoy the weather with your little ones by <u>eating lunch</u> outdoors, whether at the beach or in a local park.

#### **Pretty Painting**

Your kids will love <u>DIYing</u> their own shoes for school. All you need to get their creativity flowing is some fabric paint and a pair of white sneakers!

#### **Choose Your Own Adventure**

Introduce your kids to the stories of your youth by digging up **Choose Your Own Adventure** books from the library.

#### **Decorate Your Sidewalks With Fabulous Chalk Art**

There's nothing better for getting the young ones ready for art class than a bit of <u>outdoor</u> inspiration!

#### **Make Your Own Trail Mix**

This activity is fun and tasty and helps you get the kids ready for school! Go to the local bulk foods store for family favorites, then combine fruits, nuts, and a bit of candy for a DIY school snack.

#### Get a Strike at the Bowling Alley

Your children will love wearing funny shoes and beating you due to their bumper advantage.

#### Splash in the Sprinklers

Since the warm weather is fading fast, your children will love the chance to cool off with your <u>backyard</u> sprinklers.

#### **Get Sticky With S'mores**

Nothing says Summer quite like this chocolaty, gooey marshmallow treat. The kiddos will enjoy being able to toast their own marshmallows, not to mention eating the delicious result!

#### **Explore Your World**

<u>Seeing new places</u> is wonderful exposure for kids and a great way to get some exercise! Take the tykes for a hike before they head back to the classroom.

#### **Enjoy Cozy Camping in a Blanket Fort**

Building the perfect blanket fort is a quintessential childhood experience, so soak it in with your kids. Whether you read stories in your new fortress or bring in the iPad for a **Frozen** viewing, your children will never forget moments like this.

#### For the full article, please click the link below:

https://www.popsugar.com/family/end-summer-children-activities-35455004

Resource and Referral Newsletter & Professional Development

Amador & Calaveras Office (209) 754-1075



Quick and easy 5-ingredient choc-caramel cake

#### **INGREDIENTS**

- 3½ cups (1.155kg) dulce de leche or other thick store-bought caramel sauce
- 5 eggs, separated
- 1 cup (250ml) rich chocolate milk
- 2 cups (300g) self-raising flour
- ? cup (35g) cocoa powder

#### **METHOD**

- 1. Preheat oven to 320 degrees. Grease two 20cm baking pans and line with baking paper.
- 2. Place 2 cups (660g) dulce de leche and egg in a bowl and beat until smooth.
- 3. Add chocolate milk and whisk until combined. Sieve flour and cocoa into a bowl and fold into the chocolate milk mixture.
- 4. Divide the chocolate milk mixture evenly between prepared pans.
- 5. Bake for 45 minutes or until a skewer inserted into the center comes out clean. Cool completely, then remove from the pans.
- 6. Using a serrated knife, trim the tops of both cakes to level. Place one cake on a serving plate and top with  $\frac{1}{2}$  cup (165g) dulce de leche. Top with second cake, then ice top and side of cake with remaining 1 cup (330g) dulce del leche.

For the recipe, please click the link below:

https://www.delicious.com.au/recipes/5-ingredient-choc-caramel-cake/kmoevwgK?r=recipes/collections/k7qmdyro

Resource and Referral Newsletter & Professional Development

Amador & Calaveras Office (209) 754-1075





Our Lending Library offers over 5,000 educational toys and books to enrich play- literacy based learning, parenting education and & child care provider resources to help develop children's skills and imagination, across different stages of growth and development.



Monday - Thursday 8:30am-4:00pm Closed 12:00pm-12:30 for Lunch

Visit our Library Online to reserve your educational items today!



<u>trcacrr.myturn.com</u>



#### AMADOR COUNTY



#### **CALIFORNIA**



ALL MOVIES PLAY MONDAY - THRURSDAY © 11 AM SEATING IS LIMITED ON A FIRST COME FIRST SEATED BASIS

Lyle, Lyle Crocodile



Peter Rabbit 2: The Runaway



**JUNE 5 - 8** 

**JUNE 12-15** 

The Bad Guys

**JUNE 19 - 22** 

Puss in Boots: The Last Wish

**JUNE 26 - 29** 

**Minions:** The Rise of Gru



JULY 3 - 6

Tom & Jerry



**JULY 10 - 13** 

**Mummies** 



DC: League of Superpets



Hotel Transylvania



JULY 31 - AUG 3



THANKS TO THESE WONDERFUL SPONSORS WE CAN BRING YOU THIS LOW-COST PROGRAM



The Amador Child Care Council is committed accessible and quality child care. (209) 754-1075

The Engaging Families Resource Empowering Comm Connection

CHILD CARE RESOURCE & REFERRAL









EDF

209-754-1075 rr.trcac.org

www.DPlaceEntertainment.com



## MOVIE MATINEES

## 2ND & 4TH MONDAYS @ 1PM REFRESHMENTS & POPCORN PROVIDED SUGGESTED \$2 DONATION

#### SUMMER SCHEDULE

JUNE 26TH @ 1PM

**JULY 10TH @ 1PM** 

JULY 24TH @ 1PM

**AUG. 14TH @ 1PM** 

**AUG. 28TH @ 1PM** 

SEPT. 11TH @ 1PM

SULLY

RATED PG-13 • 2016 • 1 HR 36 MIN

BRIGADOON

RATED G • 1954 • 1 HR 48 MIN

BURLESQUE

RATED PG-13 - 2010 - 1 HR 59 MIN

GALAXY QUEST

RATED PG - 1999 - 1 HR 42 MIN

TEA WITH MUSSOLINI

RATED PG • 1999 • 1 HR 57 MIN

THE HOBBIT

RATED PG-13 - 2012 - 2 HR 49 MIN



ALL AGES WELCOME. CHILDREN MUST BE ACCOMPANIED BY AN ADULT. MOVIES MAY BE SUBJECT TO CHANGE BASED ON AVAILABILITY. LOCATED AT THE AMADOR SENIOR CENTER, 229 NEW YORK RANCH RD, JACKSON. CALL (209) 223-0442 FOR MORE INFORMATION.



#### Break Bread with Friends

An interfaith ministry to feed the hungry in Amador County.

We are looking for more volunteers.

We meet at the social hall of St. Patrick's Church in Jackson.

Parking next to the park at the Jackson Museum

Open Saturday mornings 7:30-11:00 but hours to help can be flexible.

Contact Pat Fossen at 209-304-7914 for more information







Since 2007, the Camanche Lake and Upcountry Community Centers have coordinated the Back-Pack 2 School Project. This is a county-wide project which provides backpacks filled with grade appropriate school supplies for local children so that they will feel supported by their community to be successful in school. The project's long-term goal is to have our students do well in school, graduate, and go on to higher learning. Backpacks and school supplies are provided through the generosity of individuals, businesses and community organizations.

## Below is the school supply list. You can help by purchasing one or more of these items and bringing them to one of the locations below.

Backpacks
3 Ring Binders
5 Subject Notebooks
Graph Paper
Binder Dividers
Wide Ruled Binder Paper
College Ruled Binder Paper
Composition Notebooks
Personal Dry Erase Boards
Dry Erase Markers
Pens (Black, Blue & Red)
Highlighters
Protractors

Mechanical Pencils
Eraser Caps
Crayons
Colored Pencils
Pencils with Erasers
Glue Sticks
Pencil Boxes
Pencil Pouches
Scissors
Pencil Sharpeners
Pocket Folders
Reusable Water Bottles
Compasses

Upcountry Community Center 209-257-1980 ext.111 19558 Hwy 88, Pine Grove

Camanche Lake Community Center at 209-257-1980 ext.103 4240 Camanche Pkwy N. Unit 4, Ione

Together, we can make a difference.

## parenting with a Purpose



Come join us for our interactive and supportive **SUMMER SERIES** to learn and strengthen practical, proven and positive parenting skills.

Discussions include the following topics:

- · Understanding Needs & Feelings
- · Physical & Emotional Development in Children
  - Positive Discipline
  - · Communicating with Respect
  - · Positive Ways to Deal with Stress
    - Nutrition & Safety
  - · Building Nurturing Parenting Skills

Tuesdays, 10:00am to 12:00pm

Beginning: July 11, 2023 Ending: August 22, 2023

Free child care and transportation assistance available!

For more information or to register, please contact Emma Swett at (209) 257-1980 x 105 or eswett@nexusyfs.org

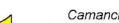
Para información en Español, por favor llame al (209) 257-1980 x 102.

1 Day Practical Parenting Classes

- ~ Circle of Security ~ 0-5 year olds August 23, 2023 9:00am—5:00pm
- ~ Growing Together ~ 6-12 year olds August 24, 2023 9:00am—5:00pm
- ~ Calm, Confident Parenting ~ 13-18 year olds August 25, 2023 9:00am—5:00pm

Ask about free child care and transportation assistance, Please call for more information or to register.

(209) 257-1980 x 105



Camanche Lake Community Center 4240 Camanche Parkway North, unit 4 Ione, CA 95640

LOCATION:

A project of Nexus Youth & Family Services







Amador /Tuolumne Community Action Agency

## Give your child a Head Start!



#### Center Based and Home Based

Programs serving pregnant women and children birth to 5 years

#### **NO COST** for **ALL** Families

#### Jackson and Ione Centers

Preschool Program (ages 3-5): Full Day: 8:30 am to 2:30 pm ( Jackson)
 8:00 am to 2:00 pm (Ione)

#### Jackson Early Head Start Center:

• Toddler Program (18-36 mos.): Full Day: 8:30 am to 2:40 pm

#### Ione Early Head Start Center:

• Infant and Toddler Program (6 wks-36 mos.): Full Day: 7:55 am to 2:05 pm

#### Home Base Program:

Weekly In-Home School Sessions
For Children 0-5 and Pregnant Mothers



#### We Welcome Children with Special Needs

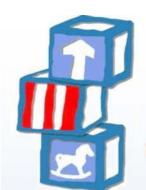
Call: 209-533-0361

Text: 209-213-1951



#### **Call Today for more information**

USDA and this institution are equal opportunity providers and employers.



Amador / Tuolumne Community Action Agency

#### **ATCAA**

#### EARLY HEAD START

Free Program for Pregnant Women



- Early and continuing risk assessments
- · Health support / referrals for treatment
- Mental health assistance and follow-up
- Information on the benefits of breastfeeding



Enhancing

parent-child attachment

APPLY NOW

CALL: (209) 533-0361 TEXT: (209) 213-1951

USDA and this institution are equal opportunity providers and employers.





'Learning Through Play'

#### "DRESS FOR MESS!"

Join us for messy, unstructured play time!

#### **EVERY FRIDAY**

10:30 am - 12:00 pm

#### First 5 Amador's Indoor/Outdoor Learning Lab

975 Broadway, Jackson

This playgroup is open to all Amador County children aged 0-5, and their parents or caregivers

#### Messy Morning will NOT be in session the following days:

October 20th; November 10th & 24th; December 22nd & 29th; March 15th & March

29th; and July 5th







#### Connections Encouragement Guidance

The first Thursday of each month - 5:30 - 7:00pm 975 Broadway, Jackson, CA

Meet other moms, share ideas and a meal.

Facilitated by Sara Rader-Coleman MS, LPCC, NCC

\*Please call if you need child care or have questions. 209-257-1092









If you or someone you know in Amador County is expecting or celebrating the arrival of a new baby up to 18 months, Welcome Baby would like to offer you a

#### **FREE GIFT**

- Imagination Library free books from birth until your child turns 5
- Diapers
- Easy-to follow Parent Tips book
- "What to Do When Your Child Gets Sick" book
- T-shirt for baby
- and lots of other fun and helpful information

For information call 209-257-1092 or email f5a@first5amador.com



### RESILIENT AMADOR

#### **JOIN US**

The Resilient Amador Coalition actively supports the implementation of traumainformed practices that increase resilience and wellness for all residents. We are educating our community about the impacts of childhood trauma(ACEs), being trauma responsive, and providing opportunities for community members to network and learn from each other.

#### Mission

Working together to promote a trauma-informed community through education, prevention, support, and advocacy, thereby raising the standard of care for all.

facebook.com/resilientamador

#### Monthly Meetings

2nd Tuesday of each month

3:30-4:30pm

#### 2023 Schedule

January 10 virtual
February 14 in-person
March 14 virtual
April 11 in-person
May 9 virtual
June 13 in-person
July 11 virtual
August 8 in-person
September 12 virtual
October 10 in-person
November 14 virtual
December - no meeting

In-person meetings are held at: 975 Broadway, Jackson.

For virtual meetings please contact us for the invite link and passcode.

#### **Contact Us:**

(209) 223-5921



info@amadorcapc.org



















AUGUST 1, 2023

Amador Connecting HANDS Coalition was formed to efficiently connect nutrition services and physical activity resources throughout the Amador community.

10:00 AM - 11:00 AM 12200 AIRPORT ROAD, JACKSON, CA 95642



Contact Kathleen Carter, CalFresh Healthy Living, UCCE Nutrition Educator in Amador County if you are interested in attending this meeting. ktacarter@ucanr.edu



Revised: 10/1/2021

California's CalFresh Healthy Living, with funding from the United States Department of Agriculture's Supplemental Nutrition Assistance Program – USDA SNAP, produced this material. These institutions are equal opportunity providers and employers. For important nutrition information, visit www.CalFreshHealthyLiving.org.

#### **Nonprofit Launch Party**



## \$mallChange4BIG

Music By The Wicked Sisters 6p-8p

Since 2017, we've been on a roll turning small change into BIG help for those in need. Here's your chance to join us in the fun of giving.

#### YOU CAN HELP!

- Save your small change
- Bring those coins Aug 12th
- Donations for Silent Auction
- Volunteer We need You!
- Become a sustaining donor

#### ■ SAT AUGUST 12, 2023 Doors Open at 5p

Pine Grove Town Hall 19889 CA-88 Pine Grove, CA

For More Information:

- f /smallchange4BIG
- smallchangeforbig@gmail.com
- (209) 981-9085

No One Turned Away For Lack of Funds

Bipolar Disorder...
PTSD... Depression...
Anxiety...
Schizophrenia...



You are not alone.

#### NAMI Amador Connections Recovery Support Group

#### NEW EVENING GROUPS ADDED EVERY FIRST AND THIRD TUESDAY OF MONTH

6:00PM – 7:30PM – Pine Grove Mobile Home Estate Location: 14074 Irishtown Road, Pine Grove CA 95665

#### TWO GROUPS EVERY THURSDAY:

10:00 AM – 11:30 AM - Sierra Wind Wellness and Recovery Center Location: 10354 Argonaut Lane, Jackson CA 95642

1:00 PM - 2:30 PM - Amador Senior Center Location: 229 New York Ranch Road, Jackson CA 95642

- Connections is a free group for adults with mental health challenges regardless of diagnosis.
- They are led by trained individuals who are also in recovery people who understand the changes and challenges of recovery.
- NAMI Connections Recovery Support Group meets each week/month and offers a flexible and casual environment without a formal educational format, and no registration or enrollment is required.

Talk to people who understand ... someone like you ... someone you can connect with.





P.O. Box 482 Jackson, CA 95665 209-256-1293 namiamadorcares@gmail.com

# ATCAA'S 2ND ANNUAL SWING FOR THE KIDS GOLF TOURNAMENT

**SEPTEMBER 22** 

**SHOTGUN AT 9AM** 

**CALL TO REGISTER TODAY!** 

AT CASTLE OAKS GOLF CLUB

#### PROCEEDS WILL BENEFIT DISPLACED AND FOSTER YOUTH

When our youth exit from foster care at age 18, they are largely unprepared for managing life on their own. Our services help fill that gap to ensure our youth become successful contributing adults in our community.

4 PLAYER SCRAMBLE WITH RAFFLE, PRIZES, & MORE!

\$125.00/person

Includes buffet, range balls Buffet Only: \$25.00

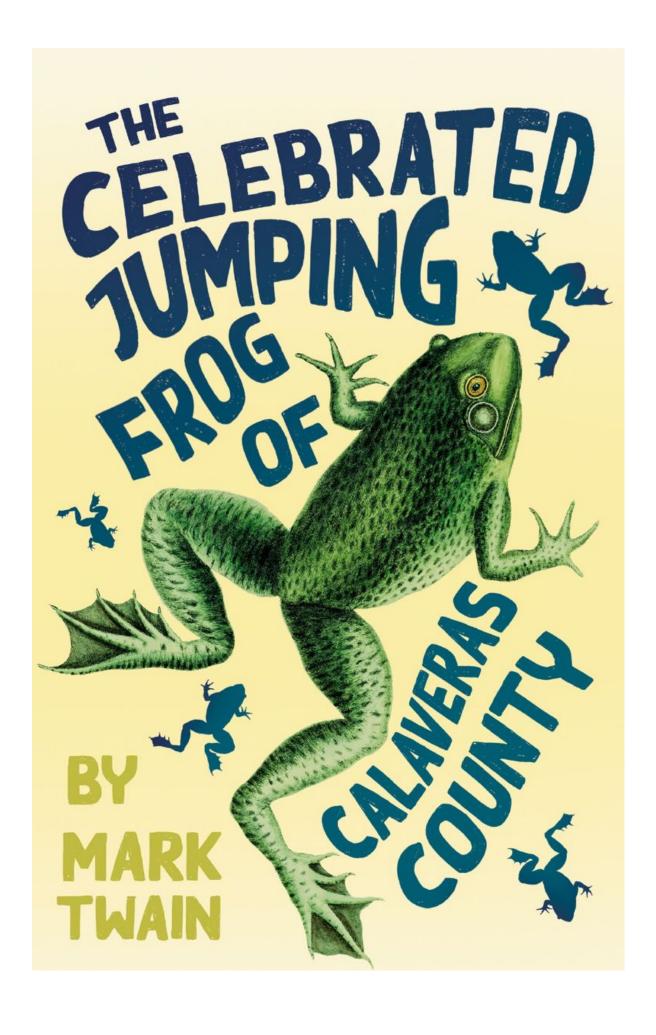
#### SPONSORSHIP SLOTS ARE AVAILABLE

Support local foster youth while supporting your business.

LEARN MORE ATCAA.ORG/GOLF

CONTACT Fran Allen (209) 601-8171 | fallen@atcaa.org





#### 2023 Produce Days

June 9th The Resource Connection Food Bank 9:30am - 11:00am

206 George Reed Dr, San Andreas

Food Bank will be closed for regular food pick-up until 1:00pm

July 14th The Resource Connection Food Bank 9:30am - 11:00am

206 George Reed Dr, San Andreas

Food Bank will be closed for regular food pick-up until 1:00pm

August 11th The Resource Connection Food Bank 9:30am - 11:00am

206 George Reed Dr, San Andreas

Food Bank will be closed for regular food pick-up until 1:00pm

September 8th The Resource Connection Food Bank 9:30am - 11:00am

206 George Reed Dr. San Andreas

Food Bank will be closed for regular food pick-up until 1:00pm



THURSDAYS 4-7pm BLUE MOUNTAIN CENTER 364 MAIN STREET

**JULY 13-OCTOBER 12** 

Featuring MUSIC

KIDS ZONE

FRESH PRODUCTS FROM LOCAL VENDORS

Early Bird Farm & Mill Berning Acres

Always Something Farm Soular Farm

and more!



More info: thebluemountaincenter@gmail.com or 209-293-4500

## Master Gardeners of Calaveras County

## Demo Garden Open Thursdays 9am to 1pm

- EXPLORE THE GARDEN
- GET LOCAL GARDENING ADVICE
- FREE SEED EXCHANGE
- SHARE IN GARDEN HARVEST
- PLANTS FOR SALE

Master Gardeners Demonstration Garden 891 Mountain Ranch Road, San Andreas

#### Questions? 209-754-2880

The University of California Division of Agriculture & Natural Resources (ANR) prohibits discrimination or harassment of any person in any of its programs or activities (Complete nondiscrimination policy statement can be found at http://ucanr.org/sites/anrstaff/files/107778.doc). Inquiries regarding ANR's nondiscrimination policies may be directed to Linda Marie Manton, Affirmative Action Contact, University of California, Davis, Agriculture and Natural Resources, 2801 Second Street, Davis, CA 95618, (530) 750-1318.



#Must present ID verifying Calaveras County residency

#### WEST POINT July 8, 2023, 8:00 am - 12:00 pm

West Point Elementary School 54 Bald Mountain Rd, West Point, CA 95255

#### ARNOLD

July 15, 2023, 8:00 am - 12:00 pm

Hazel Fischer School 1605 Blagen Rd, Arnold, CA 95223

#### **SAN ANDREAS**

July 29, 2023, 8:00 am - 12:00 pm

Calaveras County Government Center 891 Mountain Ranch Rd, San Andreas, CA 95249

#### VALLEY SPRINGS August 12, 2023, 8:00 am - 12:00 pm

Jenny Lind Veterans Memorial Park 610 Daphne St, Valley Springs, CA 95252

#### ANGELS CAMP August 19, 2023, 8:00 am - 12:00 pm

Calaveras County Fairgrounds 2465 Gunclub Rd, Angels Camp, CA 95222

#### COPPEROPOLIS

September 9, 2023, 8:00 am - 12:00 pm

Copperopolis Community Center 695 Main St, Copperopolis, CA 95228







#### Items to be accepted:

- Appliances
- E Waste (computers, televisions, monitors, video games, microwave ovens, etc.)
- Mattresses
- Tires car, pick up, truck (no rims accepted)

#### Items **NOT** accepted:

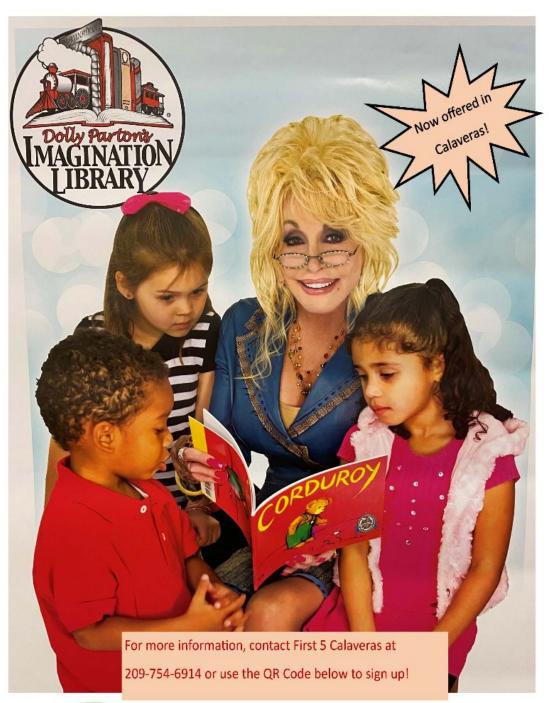
- Household trash
- Hazardous waste (such as paints, oils, treated lumber and other chemicals)
- Green waste (leaves, prunings, grass, brush, vegetation, etc.)
- · Concrete and demolition materials
- Bulky items (old furniture, chairs, tables, etc.)

Caltrans reminds motorists to properly secure and tarp all cargo loads prior to driving. Transporting unsecured loads is unsafe, illegal, and pollutes California's roads and waterways. Loads that are not tied down/secured by tarps/nets or enclosed, will not be accepted.

#### Tips for securing your load:

- Completely cover loads with tarps or cargo nets. Debris can escape from gaps.
- Remove loose material and trash before driving.
- Don't overload; keep materials level with you truck bed.
- Put light items lower; tie large items to the vehicle for traffic safety.















#### Presents



#### What Is It?

Dolly Parton's Imagination Library is a 60 volume set of books beginning with the children's classic The Little Engine That Could™. Each month a new, carefully selected book will be mailed in your child's name directly to your home. Best of all it is a **FREE GIFT!** There is no cost or obligation to your family.

#### Who Is Eligible?

Children under the age of five in Calaveras County.

#### What Are My Responsibilities?

- 1. Be a resident of Calaveras County.
- Submit an official registration form, completely filled out by the authorized adult.
- Notify First 5 Calaveras any time your address changes. Books are mailed to the address listed on the account. Note: If the child's address changes, you must contact your friends at the address on this brochure in order to continue receiving books.
- 4. Read with your child and have fun!

#### When Will I Receive Books?

Eight to ten weeks after your registration form has been received, books will begin arriving at your home and will continue until your child turns five or you move out of the covered area.



Child's Date of Birth	Address ADDRESS  GTY  GTY  ATT CODE  ADDRESS OF partidipating in the polywood Foundation, Inc. to use the information provided hurein for the purposes of partidipating in the Library book gifting program. To measure the benefits of this program we may create datasets with the information provided hurein and educational advancement partners. You agree to review our full Terms & Conditions and Privacy Poly allowing and submitting this form you expressly consent to the terms set forth herein.  Service of Cellarveras County, CA.  Service of Authorized Au	
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	l next	Child's Date of

#### Sign up your child today!

Simply fill out the above form and mail to:

#### First 5 Calaveras

891 Mountain Ranch Road San Andreas, CA 95249 (209) 754-6914



www.imaginationlibrary.com



## PLAY GROUP

Fridays 9:30-11:00am
BLUE MOUNTAIN CENTER
364 Main Street, West Point





Join our Facebook Group "BMCYF Playgroup" to keep in touch and get more resources for your little ones.

## CALAVERAS COUNTY



## LIBRARY STORYTIME



**BRING YOUR LITTLES AGES 0-5 BUILD LITERACY SKILLS THROUGH** STORIES, FUN, & MUSIC

#### **ANGELS** CAMP

Friday, 10:30 AM

#### SAN ANDREAS

Wednesday 10:30 AM

#### MOKELUMNE HILL

Friday, 10:00 AM

#### COPPER

**Thursday** 10:30 AM

#### MURPHYS

Tuesday, 10:30 AM

Wednesday 10:30 AM











## All Strengthening Families Parent Seminars & Workshops are FREE to Calaveras families.

#### STRENGTHENING CALAVERAS FAMILIES

## Resilience in Parenting

Facilitated by Sally Arnold RN, BSN, MA, Certified Mindfulness Educator

Tuesdays

August 17, 24, 31 and Sept. 7

6 - 7:30pm

#### What will you learn?

- ► How stress and burnout can affect our personal wellbeing and parenting style
- ► Gain tools to alleviate stress and increase happiness in your home
- ▶ What is resilience and how you can build resilience in yourself and your family



TO REGISTER ONLINE or visit: first5calaveras.org

#### Questions?

Contact Rochelle at 209-754-6927 or email: rsweet@co.calaveras.ca.us

Join your session at: https://us06web.zoom.us/i/88904198746

ONLINE PARENTING COMMUNITY
SUPPORT EDUCATION CONNECTION









#### Todos los Seminarios y Talleres para Padres de "Fortaleciendo a las Familias" son GRATIS para las Familias de Calaveras

#### Fortaleciendo Familias en Calaveras



## Sesiones de Apoyo para Padres

Facilitado por - Ana Ruth- Educador de la Comunidad y Defensor de la Familia en Dos Idiomas

#### TEMA:

Conectando, Fortaleciendo y Empoderando a los padres para que apoyen a sus familias e hijos durante tiempos difíciles 2 de Agosto de 2023 6:30pm-8:00pm

Presione Par



registrarse en linea or visit: first5calaveras.org

#### ¿Preguntas?

Contacto Rochelle at 209-754-6927 or email: rsweet@co.calaveras.ca.us

Join your session at: https://us06web.zoom.us/j/83539160603

APOYO

Comunidad de Padres en línea

EDUCACIÓN C

CONEXIÓN









Strengthening Families Parent Seminars and Workshops are FREE to Calaveras families.

#### STRENGTHENING CALAVERAS FAMILIES

# MONTHLY SERIES: Parenting Children with Trauma and Challenges

Facilitated by Denise Combs, MFT

Wednesday August 9 6pm-7:30pm





TO REGISTER ONLINE or visit: first5calaveras.org

#### Questions?

Contact Rochelle at 209-754-6927 or email <a href="mailto:rsweet@co.calaveras.ca.us">rsweet@co.calaveras.ca.us</a>

Join your session at: https://us06web.zoom.us/j/85890836099

ONLINE PARENTING COMMUNITY
SUPPORT EDUCATION CONNECTION









## Strengthening Families Parent Seminars and Workshops are FREE to Calaveras families.

#### STRENGTHENING CALAVERAS FAMILIES

#### **Navigating the Special Education Maze**

Facilitated by Andria Tiquet Ed.S, co-owner of Metta Services

- Receive Information and support on how to best advocate for your child with special needs
- Learn the basic overview of Special Education law/IDEA
- How and why to stay involved
- Referral and assessment information
- IEP Development fundamentals

Wednesday

August 2

5-7 PM

In Person at the San Andreas Library Free Childcare and Dinner Provided!

**CLICK** 



TO REGISTER ONLINE or visit: first5calaveras.org

Questions?

Contact Rochelle at 209-754-6927 or email <a href="mailto:rsweet@co.calaveras.ca.us">rsweet@co.calaveras.ca.us</a>









#### First 5 Calaveras Parent workshops are always FREE to Calaveras families with children 0-17 years old

#### STRENGTHENING CALAVERAS FAMILIES

#### **Self-Compassion and Worthiness**

Facilitated by Devon Shires Reynoso Certified Professional Life Coach

Wednesday
August 30
5:30-7:30 PM

- ★ Gain practical tools to reframe thoughts that lead to guilt, shame and lack of self worth
- ★ Learn how to shape your own thoughts and feelings
- ★ Help your children learn compassion for themselves as they grow and develop

CLICK TO



REGISTER ONLINE or visit: first5calaveras.org

Questions?

Contact Rochelle at 209-754-6927 or <a href="mailto:rsweet@co.calaveras.ca.us">rsweet@co.calaveras.ca.us</a>

Join your session at: https://us06web.zoom.us/j/85786168713

ONLINE PARENTING COMMUNITY
SUPPORT EDUCATION CONNECTION









# First 5 Calaveras Parent workshops are always FREE to Calaveras families with children 0-17 years old

#### STRENGTHENING CALAVERAS FAMILIES

### **Adjusting to Uncertainty:**

Coping with Change, Worry and Stress to reclaim balance in the face of challenges

Facilitated by Marina Koorkoff,

Columbia College Instructor of Psychology and Child Development

Unwelcome Change Tuesday, August 15 5 - 7 pm

Fostering Resilience

Tuesday, August 22 5 - 7 pm

Healing and Growth

Tuesday, August 29 5 - 7 pm You are welcome
to join on the dates
that work for you.
It is not mandatory
to attend every
session.



TO REGISTER ONLINE or visit: first5calaveras.org

Questions?

Contact Rochelle at 209-754-6927 or rsweet@co.calaveras.ca.us

Join your session at: https://us06web.zoom.us/j/85124049596

#### ONLINE PARENTING COMMUNITY

SUPPORT

EDUCATION

CONNECTION







# August 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	Grandparent Café Via Zoom 9:30 am	10	11	12
13	14	15 CCCC Mtg. 9 am @ CCOE	16	17 Provider Night 4:30-7 PM	18	19
20	21	22	23	24	25	26
27	28	29 Subsidy Workshop 6-8 PM	30	31		

Resource and Referral Newsletter & Professional Development

Amador & Calaveras Office (209) 754-1075

## PROVIDER WORK NIGHTS

Every 3rd Thursday of the month 4:30pm-7:00pm

🖲 Lending Library 🌑 Consumable Closet 🥯 Copies 🌑



Consumable Closet
(FCCH and FFN Only)

Items you may take back to your program and use up. Paint, glue, scissors, paper, glitter, playdough, tape, craft items and more!

Our color copy machine is available to print your contracts, policy booklets and other business paperwork.



Over 2000 children's books and educational items available for loan. All developmental areas available. Large selection of teaching books. Keep up to 30 days and return when ready for something new.



## Grandparent Café

SUPPORT AND RESOURCES FOR GRANDPARENTS RAISING GRANDCHILDREN

Online meetings held on Zoom 2nd Wednesdays at 9:30am



Ask us about assistance with childcare!

2023

Jan 11

Feb 8

Mar 8

Apr 12

May 10

Jul 12

Aug 9

Sep 13

Oct 11

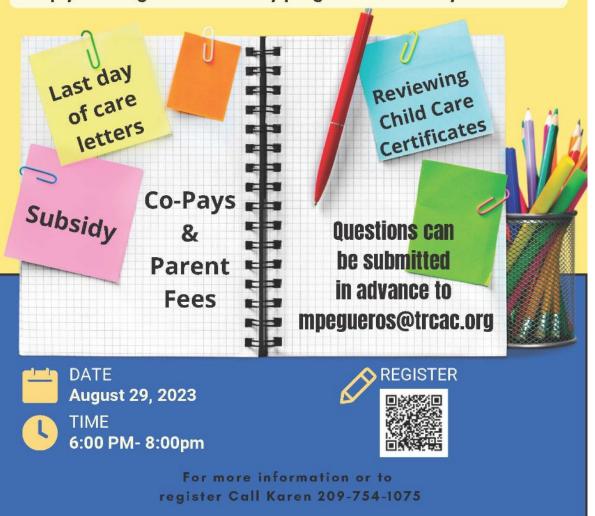
Nov 8

For more info about the meetings: call (209) 754-1075 or email dbohall@trcc.or. The Resource Connection
Engaging Families - Empowering Communities - Enriching Lives

# SUBSIDY FOR PROVIDERS

# Workshop

We invite you to hear about upcoming changes to the State Subsidy Program. The night will be filled with valuable tips to help you navigate the subsidy program seamlessly.











The Resource Connection Child Care Resource & Referral - rr.trcac.org

#### Our mailing and physical address is:

8085 Highway 26, Suite G
Mokelumne Hill, CA 95245
Hours: 8:00 a.m.– 4:30 p.m. / Monday–Thursday
CLOSED DAILY: 12:00 p.m.-12:30 p.m.

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