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Happy June!!! We are looking forward to the summer months and longer days. At the end of June, we will be moving to our new location at 8085 Highway 26, Suite G, in Mokelumne Hill. We are looking forward to moving closer to both Amador and Calaveras County lines and offering more in-person opportunities. Through Facebook, emails, and postal mail, we will continually provide you with updates regarding our move. Following is some information:

**Effective July 12, 2021**

**Office Hours** - Monday-Thursday 8:00-4:30 pm  
**Telephone** - 209-754-1075 (will remain the same)  
**U. S. Mail** - 8085 Highway 26, Mokelumne Hill, 95245  
**Dropbox Locations;**  
**Amador County:** Amador Health and Human Service building  
**Calaveras County:** Door mailbox/drop box at 8085 Highway 26, Mokelumne Hill and The Resource Connection admin building- 444 E. St. Charles St. San Andreas

If you have any questions, please reach out.

Sincerely,
Sheri Noble  
Program Director
Preparing for Extreme Heat, Public Safety Power Shutoffs, and Wildfire Emergencies

Living in California brings the potential for extreme heat, PSPS, and wildfire emergencies. Licensed community care providers have an added responsibility to ensure the health and safety of persons in care should any of these events occur. The information in this PIN is intended to help providers prepare for the following events:

- Heat Preparedness:
- PSPS; and
- Wildfire Emergencies.

This PIN also provides information about emergency plan updates, reporting requirements, and assistance from the Community Care Licensing Division (CCLD). In addition, this PIN explains how the California Department of Socials Services (CDSS) will use the Everbridge Mass Notification System to notify providers, to the best of its ability in advance of, or during, such events.

**Heat Preparedness**

California weather can bring high temperatures, posing a substantial risk to vulnerable populations that include children, the elderly, and those with disabilities or chronic diseases. Providers should monitor weather predictions and reports for forecasts of, and fluctuations in, extreme temperatures and take extra precautions to ensure persons in care are protected from adverse conditions that may cause heat-related illness. Some warning signs and symptoms of heat-related illness include, but are not limited to:

- Heavy sweating;
- Muscle cramps;
- Weakness;
- Headache;
- Nausea and/or vomiting;
- Diarrhea;
- Tiredness; and
- Dizziness.

Providers should monitor symptoms daily and persons in care who show symptoms of heat-related illness should receive the appropriate care immediately. The effects of heat-related illness can last up to seven days.
The Centers for Disease Control and Prevention (CDC) and the California Department of Public Health (CDPH) offer the following tips for staying safe during periods of excessive heat:

- Never leave infants, children, dependent adults, the elderly, or pets in a parked car. It can take as little as 10 minutes for the temperature inside a car to rise to levels that can kill, even if windows are cracked open.
- Drink plenty of fluids, regardless of activity levels and even if not thirsty. Avoid really cold drinks, which can cause stomach cramps or drinks with caffeine, alcohol, or high sugar content, which can cause loss of body fluid.

Public Safety Power Shutoffs (PSPS)

California fire authorities anticipate a large fire potential in areas that may experience critical weather, such as high winds and dry conditions. California energy companies may initiate PSPS as a preemptive firefighting strategy, in locations experiencing critical weather. However, because energy systems rely on power lines working together to provide electricity across cities, counties, and regions, the power may be shut off in areas not experiencing high winds or other extreme weather conditions.

If a public safety power shutoff is needed, providers should expect the following to occur:

- Early Warning Notification. The energy company will aim to send customer alerts before shutting off power.
- Ongoing Updates. The energy company will provide ongoing updates through social media, local news outlets, and their website.
- Safety Inspections. After extreme weather has passed, the energy company will inspect the lines in affected areas before power is safely restored.
- Power Restoration. Power outages could last multiple days depending on the severity of the weather and other factors. Power will remain out for as long as extreme and dangerous weather conditions pose a potential fire risk. Depending on the severity of the weather and other factors, power outages could last several hours or multiple days.

Wildfire Emergencies

Wildfires are a natural part of California's landscape. The fire season is starting earlier and ending later each year. Because of this, the state may no longer have a wildfire "season", but rather, a year-round risk of wildfires. Being prepared has never been more important, especially with potential events of severe weather. To prepare for wildfire emergencies, providers are encouraged to:

- Create a Wildfire Action Plan that includes identifying several alternative escape routes from the facility and community.
- Make sure that smoke detectors, carbon monoxide detectors, and fire extinguishers are always in place and working.
- Have a portable radio or scanner to stay updated on fire, since cell phone service may not be available.
- Create a defensible space around their facility by trimming trees and other vegetation, clearing away dead branches, woodpiles, and vegetation from the roof, patio furniture, and play equipment, and keeping rain gutters free of debris.
**Emergency Plan Updates, Reporting Requirements, and CCLD Assistance**

CCLD reminds providers to review their facility's emergency disaster plan to ensure it complies with applicable statutes and regulations. CCLD also reminds providers to update the local Regional Office with any changes to their contact information, including any changes to their telephone number or email address.

For the full article, please click the link below:


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**Resource and Referral Newsletter & Professional Development**

Amador & Calaveras Office (209) 754-1075

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Greetings CCIP Primary Contacts,

The Child Care Law Center sent updates on SB234 they would like you to share.

The Child Care Law Center is finding that some cities and counties are still not all aware and in compliance with SB234. It is important for FCCHs to know that it is illegal for them to be charged for zoning permits, business licenses, or fire inspections (though they can be charged by fire departments for pre-inspections).

There is new guidance from The Office of the State Fire Marshal (OSFM) for large FCCs (new, expanding from small to large and large FCCs relocating). The FCC providers can refer their city or county to the law SB 234 if zoning permits or business licenses are still being required, or contact the Child Care Law Center. If they are charged by their fire department for anything other than a pre-inspection, they can contact the Child Care Law Center for help.

Under SB234 FCCs cannot be refused to rent or have rent raised by landlords simply for being an FCCH. All types of residential housing are allowed for FCCs. Providers can contact the Child Care Law Center with housing issues or even file a complaint with the Department of Fair Employment and Housing (DFEH).

Child Care Law Center would like R&R staff who have current information to update this google doc on cities and counties who have 1) been informed and 2) are compliant. Child Care Law Center needs to learn from this document which cities and counties to focus attention on throughout the state.

**Helpful links:**

[SB 234](#)
SB 234 FAQs (available in English, Chinese, Spanish, and Russian)
Know the Law about business licenses and zoning permits for family child care in California
Know the Law about Family Child Care Home in California Rental Property
OFSM Guidance for Family Child Care Homes

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June is Summer Safety Month. The goal of Summer Safety Month is to increase public awareness of the leading safety and health risks that are increased in the summer months.

Please read through the 5 summer safety tips below.

5 Summer Safety Tips

1. Stay Hydrated

Dehydration is another safety concern during the summer months. Be sure to drink enough liquids throughout the day, as our bodies can lose a lot of water through perspiration when it gets hot out.

2. Protect Your Skin

Use a sunscreen 30 minutes before going out. Reapply sunscreen every two hours or after swimming or sweating. Limit sun exposure during the peak intensity hours – between 10 a.m. and 4 p.m. Stay in the shade whenever possible.

3. Water Safety

Remember to always have adult supervision for children. Whether they’re in the pool or playing in the sand at the beach, having someone who can help them — should an emergency arise — is essential.

4. Eye Safety

The sun’s ultraviolet (UV) light can harm the eyes. Wear sunglasses year-round whenever you are out in the sun.

Sun damage to the eyes can occur any time of year. Choose shades that block 99 to 100 percent of both UVA and UVB light.

5. Sports Safety

Not only can injuries happen, but in heat exhaustion and dehydration can happen more often in the summer months. It helps to be prepared in the activities in which you’re preparing to engage. Wear up, stretch, gear up, go with a buddy and remember to cool down and stretch afterwards.

For more information about Summer Safety please visit https:// chcwc.org/june-is-summer-safety-month/

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Children’s Corner
Activities That Teach Safety

Through these fun and practical activities, children gain a deeper understanding and respect for safety precautions. A major plus in a safety focus is that children have to listen, communicate, and cooperate—all essential social-interaction skills! Best of all, these activities are just plain fun because they invite children to think critically and play creatively.

Getting Started

Introduce the safety activities with cooperative problem solving, discussion, and sharing. A good way to get children talking about safety is to fill a bag with safety props, such as a toy stop sign, a toy telephone, sunscreen, and a garbage bag. Take each object out one at a time for discussion. You might ask, "Why do we need this?" "How does it help us?" What can we do with this object to keep us safe?" Children might say that they use sunscreen to protect their skin in the sun, the stop sign to keep cars from bumping into each other, the telephone to call 911 for help, and the garbage bag to pick up litter. Use this activity to get children talking about safety. Then throughout the year use a prop to introduce one of the following safety activities. Children will already have experience with the prop and topic and can draw on their previous knowledge.

Using the Activities

As children participate in the safety activities, they learn how to identify problems and communicate their
ideas and feeling about potentially dangerous situations. They learn how to think through problems and create solutions. As they physically act out the role of a safety helper or work through a safety procedure (such as stop, drop, and roll), they learn how to use their bodies and minds in emergencies. Of course, just talking about safety also helps children deal with fears and emotions related to this important topic.

While introducing and engaging children in the safety activities, be sure to allow plenty of time for them to share their thoughts and feelings about all the ideas the activities inspire. Slow down, listen carefully, and watch learning blossom!

**Safety Activities**

Stop, Drop, and Roll!

Firefighter Friends

Playing with Environmental Print

Guess Who?

"It's an Emergency"

Hop on the Safety Train

Car and Bus Safety

Time to Tidy-Up

Sun Safety

To view the full article, please click the link below:

https://www.scholastic.com/teachers/articles/teaching-content/activities-teach-safety/

Presenting WHALE Tales: Water Habits Are Learned Early
Meet Longfellow! His WHALE Tales are short, engaging, and age-appropriate videos that teach important water safety topics. Each episode centers on a memorable rhyming phrase to help children retain what they've learned.

We have content designed for Kindergarten through second graders, as well as for third through sixth graders. Encourage your child to watch the video, do the activity sheet for their age group, and then take a quick 3-question quiz to help them demonstrate what they've learned and taken pride in their new knowledge! A parent & caregiver guide is available to help you enhance their learning.

Please note: younger children may need help printing the activity sheets and reading the quiz questions.

For the full article with additional resources, please click the link below:

Resource and Referral Newsletter & Professional Development
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WATER PISTOL PAINTING IS THE BEST OUTDOOR ART ACTIVITY EVER!

Pistol painting is such a fun outdoor art activity for kids. In my opinion (and Harry’s as well) it is the
most fun way to paint onto a large canvas.
filled water gun you can create some wall-worthy artwork as well as having loads of fun. Water gun painting is a fun Summer art idea that works on fine motor skills for preschoolers as well as being a super fun painting technique for kids of all ages!

We love trying out new fun art ideas and water pistol painting is definitely near the top of our list. Take a look at all our other outdoor art ideas for kids.

Some of our favorite art activities have been ice painting, painting on foil and using homemade bath paints. You must give them a try!

I couldn't wait to try squirt gun painting with Harry after seeing how much fun 'Fireflies and Mud Pies' had with it. If you are looking to extend this water pistol painting activity check out their squirt gun tie dye t-shirts, it looks soooo much fun!

Below you will find step-by-step instructions for making a fabulous piece of canvas artwork using the water gun painting technique. Painting with squirt guns is fun to do with one child or a whole group! How much fun would it be to do some water gun painting on a playdate or as part of a class project?

What is the best paint to use for water gun painting?

You can use watered down liquid watercolor or watered down washable paints for water gun painting. We decided to go for some washable poster paint. You will need to water the paint down so that it is about 50% paint and 50% water. You want the paint to be a good consistency so that it is easy to squirt with it, but you don't want to water it down too much or the paint colors won't be as bright when they dry.

Supplies for water gun painting:

- Poster paint
- Water
- Water pistols (one for each color)
- A large canvas

STEP 1: Get your supplies for water gun painting ready

Before heading outdoors with the kids to start painting make sure that you are prepared. When doing fun outdoor art activities like this I like to have everything ready and set up so that when the kids come out they can begin the fun straight away!

Make sure that you have one water pistol for each color paint that you would like to use. We only had two water pistols so we were limited to 2 colors, but if you have more you could use a whole rainbow of colors!
I personally do like to limit the colors used when we do our artwork though as I hate it when all the colors merge together and we end up with everything being brown!

Whilst squirt gun painting is more about the process than the final piece of artwork you can create some stunning artwork using this technique.

**STEP 2: Fill your water pistols with paint**

Preparing the squirt guns for this water pistol painting activity is easy, but it does take a while to set it up. Water down your chosen paint color and pour it into the water pistol. If using poster paints I would recommend using 50% paint and 50% water so that the paint is easy to squirt but still a nice bright color. If you follow these ratios you will end up with good paint consistency and bright colors like in the images below. If using liquid watercolor paint I wouldn't water it down too much if you want to keep the nice bright colors liquid watercolors can produce.

**STEP 3: Water gun painting on canvas**

Once your water pistols are full of paint take them outside, prop up a large canvas and get squirting! Harry (aged 4) was so excited to begin this squirt gun painting activity. He started off squirting the canvas with paint at close range and then moved back so that he ended up firing paint across the garden!

READY........AIM........FIRE!

We hope that you have had fun painting with this water pistol painting technique for kids. We totally love squirt gun painting and it is definitely one of our top 10 fun outdoor art activities for kids. See our other outdoor art ideas too! Water gun painting is a fun Summer art idea that works on fine motor skills for preschoolers and entertains kids of all ages so there is nothing not to love!

For the full article, please click the link below:
https://www.messylittlemonster.com/2016/05/water-pistol-painting-outdoor-kids-art.html#more
For additional information on upcoming Resource and Referral workshops, please see the information below:

Saturday, June 12, 2021 - Adult, Child & Pediatric First aid/AED & CPR - from 8:30 am to 5:00 pm
Space is limited, reserve your spot today!

To register, please contact Karen Frazier at (209) 754-1075 or KFrazier@trcac.org
Resource and Referral Newsletter & Professional Development

Amador & Calaveras Office (209) 754-1075

R&R Mailing Address Info

The Resource Connection Child Care Resource & Referral - www.trcac.org

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