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Happy Spring! I am looking forward to daffodils, warm air, and the growth that Spring often brings. We are in the process of organizing the new Resource Center and continue to look for input on what services and resources you would find beneficial in this space.

Coming on a year since the pandemic began, we want to continue to thank the child care providers and program who have continued to provide a stable and nurturing environment where children are able to play, explore, and feel certain in a time of uncertainty. We appreciate the commitment of care you are providing to the children and families.

For licensed child care and license-exempt providers, we continue to have an abundance of cleaning supplies, disposable masks, and gloves. Please reach out if you need any of the items.

Sincerely,
Sheri Noble
Program Director
PIN 21-02-CCLD: Update To The Implementation of Guardian

PIN 21-02-CCLD announces updates to the implementation of Guardian to all Providers and Licensees.

For the full article, please click on the link below:
https://cdss.ca.gov/Portals/9/CCLD/PINs/2021/CCLD/PIN-21-02-CCLD.pdf

The California Department of Social Services would like to share from the Administration for Children and Families Office of Child Care the following release:

You may apply for the Paycheck Protection Program (PPP), before March 10th: Help for Family- and Center-Based Child Care Businesses With Fewer than 20 employees:

For the details, please click on the link below:

Resource and Referral Newsletter & Professional Development
Amador & Calaveras Office (209) 754-1075
March is National Nutrition Month

During the month of March, everyone is invited to learn about making informed food choices and developing healthy eating and physical activity habits.

Here are 10 healthy tips!
1. Eat a variety of foods every day
2. Plan your meals each week
3. Learn skills to create tasty meals
4. Hydrate
5. Avoid distractions while eating
6. Use a grocery list when shopping
7. Share meals together as a family when possible
8. Reduce food waste
9. Try new foods and flavors
10. Learn how to read nutrition facts panels

For more tips and information please visit https://www.eatright.org/

Resource and Referral Newsletter & Professional Development
Amador & Calaveras Office (209) 754-1075
Sparkling 2 Ingredient Gold Glitter Glue Slime is EASY and Fun!

A pot o’ gold slime activity your leprechaun will love to get his or her hands on this month. Bursting with color, this gorgeous sparkling gold glitter glue slime hits the nail on the head for a must-try slime-making activity. Everyone needs to try making homemade slime at least once, and this is it! Our easy-to-make, two-ingredient, gold glitter glue slime is perfect for every kid!

Gold Slime Making

Kids love to play with gold glitter slime because it looks and feels like liquid gold! Our glitter glue slime is all the best slime ingredients in one bottle because the glitter and the
Slime making is a serious matter with kids, and I know everyone is looking for the best slime recipes around. **Our Gold Glitter Glue Slime Recipe** is yet another AMAZING slime recipe we can show you how to make.

Oh and slime is science too, so don’t miss the great information on the science behind this easy slime below.

**Basic Slime Recipes**

All of our holiday, seasonal, and everyday slimes use one of the five [basic slime recipes](https://littlebinsforlittlehands.com/gold-glitter-glue-slime/) that are super easy to make? We make slime all the time, and these have become our go-to favorite slime recipes!

**For the full article, please click the link below:**


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**St. Patrick's Day Fun Facts!**

- St. Patrick's Day is an annual feast day celebrating the patron saint the day is named after. It is a national holiday in Ireland and is usually celebrated on March 17.
Most people, whether they are Irish or not, wear green on this day. One of the Irish traditions is to pinch anyone who is not wearing green on St. Patrick's Day.

Irish immigrants began observing the holiday in Boston in 1737 and the first St. Patrick's Day parade was held in New York City in 1766.

Corned beef and cabbage are traditional foods eaten on this holiday. The shamrock, pots of gold, and leprechauns are also associated with St. Patrick's Day. The shamrock was worn as a badge on the lapel. Three is Ireland's magic number and the three leaves that make up the shamrock are supposed to bring good luck. They also represent the Holy Trinity in the Christian religion.

For the full article, please click the link below:
https://kidskonnect.com/holidays-seasons/saint-patricks-day/

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**Play Prompts with Real Flowers**

Engaging the senses creates lasting impressions and allows for greater processing of information. These hands-on play experiences using real flowers are not only fun but are also educational:

- Observe whether or not flowers float with a sensory bin, or turn them into flower soup (you can even add glitter to make this fairy flower soup!)
- Allows kids to practice creating flower arrangements, add a pair of scissors for trimming, and water for filling a vase to encourage a flower arranging practical life activity
- Use fresh flowers to make a discovery bottle for fun flower observation
- Turn handpicked woven daisies into a beautiful flower crown or laminate flower petals and cut into the shape of a flower crown

For more fun spring activities, please click the link below:
Do-It-Yourself Trail Mix

Keep your energy level up during outdoor adventures with this Do-It-Yourself Trail Mix.

Yield
6 cups

Prep time
5 minutes

Ingredients
1 cup whole-grain cereal (square type)
1 cup whole-grain cereal (O type)
1 cup whole-grain cereal (puff type)
1 cup dried fruit (of your choice)
1 cup pretzels (small)
1/2 cup nuts (small)

Notes
• Peanuts and other small foods that are round are easy for your preschooler to choke on when swallowing them. Have your child eat at the table, or at least while sitting down.
• Always watch your child while he or she eats.

Steps
1. Set out a bowl of each ingredient with a serving spoon.
2. Let guests add a spoon of each ingredient to a plastic bag or other containers. Shake to mix. Enjoy!

Please click the link below for the recipe:
https://www.nutrition.gov/recipes/do-it-yourself-trail-mix
DONATE SUPPLIES

From our Resource Center Wish List to support local Child Care Providers and Families of Amador & Calaveras County.

Please click the link below to access wish list:
https://www.amazon.com/hz/wishlist/genericItemsPage/3RD5Z2RFHZVNN

Resource and Referral Newsletter & Professional Development
Amador & Calaveras Office (209) 754-1075
Hello March!

Child Care Resource & Referral Services
For additional information on upcoming Resource and Referral workshops, please click on the links below:

Tuesday, March 2, 2021 - All About Blocks from 6:00 PM to 8:00 PM
[Link](https://us02web.zoom.us/meeting/register/tZUrceGoqjovG9WprO2vlgt8LssTdGkLiXDw)

Thursday, March 18, 2021 - ASQ from 6:00 PM to 8:00 PM
[Link](https://us02web.zoom.us/meeting/register/tZMsfuipjsiHNTFna2Pvf-NNTnfa2E5PYuE)
The Resource Connection Child Care Resource & Referral - www.trcac.org

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