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families, and the community? Recently we replaced all of our books with ALL NEW books, including popular picture books, chapter books, and young adult readers. We have also added new manipulatives, toys, and curriculum books loaded with new ideas for you to implement in your programs. Not only that, but we can order items that you would like to try out! Just recently one of our local providers put in a request for wobble chairs for her program, we ordered some, she is using them in her program for a bit, and then she will return them for others to use!! Contact our office and let us know how we can help supplement your program and check out the new library! We deliver or offer drive by pickup!!!

Resource and Referral Newsletter & Professional Development
Amador & Calaveras Office (209) 754-1075

As COVID-19 complicates back-to-school, Governor Gavin Newsom unveiled a new PSA partnership on back-to-school safety with Sesame Workshop, the nonprofit behind Sesame Street, and facilitated by the Skoll Foundation and Participant. Three new PSAs will be released to teach kids healthy habits for staying safe during the pandemic. The new PSAs build on California’s “Your Actions Saves Lives” COVID-19 public awareness and education campaign.

The new Sesame Workshop back-to-school PSA featuring Elmo and his dad Louie can be found in English here and in Spanish here. The additional two PSAs featuring the Oscar and Grover characters will also be released in English and in Spanish over the course of the next week.

As California continues to endure and adapt to the COVID-19 pandemic, and as schools statewide continue safe re-openings, these PSAs are a recognition that government alone cannot slow the spread of COVID-19 and that by leveraging partners like Sesame Workshop, the Skoll Foundation, and Participant, we can expand the message of practicing safe and healthy behaviors, particularly for young Californians.

The state has launched a number of public awareness campaigns during the pandemic to promote critical public health messaging in California’s diverse communities. Featured PSAs highlight dangers of social gatherings during the pandemic; promote the “Wear A Mask” campaign and California Connected, the state’s contact tracing program; encourage Californians to “Stay home. Save Lives”; and highlight actions we can all take to help slow the spread of the virus. Celebrities also stepped up by filming short social media PSAs to help the state promote the stay at home order.

https://www.cdss.ca.gov/inforesources/community-care-licensing

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Fall For These Autumn Safety Tips

Be safe on Halloween. Pedestrian and bicycle traffic significantly increases on and pedestrian deaths occurred in 2013. Their research also found that these deaths varied by age. Running into the road accounted for about 70 percent of pedestrian deaths or injuries for children ages 5-9 and about 47 percent for those ages 10-14. Adults should accompany young children while trick-or-treating. For older children going out alone, make sure an adult knows the route they're going to take and give them a curfew.

Change smoke alarm batteries. The batteries should be changed twice per year. Many people use Daylight Savings Time as an easy way to remember to change smoke alarm and carbon monoxide detector batteries.

Be careful with space heaters. They may be small, but they pack a powerful punch, able to heat one area or room on their own. Make sure there is plenty of space around the heater so it can vent and you don't want it to accidentally set something close to it on fire. Don't leave a space heater unattended.

Candle safety. While candles give off a great aroma and a soft glow, they are definitely fire hazards. Keep them away from flammable materials, light them in a place where kids or pets can't knock them over, and make sure to blow them out before leaving your house or going to sleep. The National Candle Association reports that almost 10,000 home fires per year start with faulty candle use.

Get a flu shot and prepare for other illnesses. Protect yourself and those around you from becoming sick. Many pharmacies and walk-in clinics are available to give you a flu shot. Washing your hands on a regular basis will get rid of germs. Avoid going to work or school when you're sick. Your co-workers and fellow students will thank you.

For more tips, please follow link here!
French Bread Pizzas

**Ingredients:**
- 6 whole deli rolls or crusty Italian rolls
- Jarred marinara sauce or pizza sauce
- Jarred or refrigerated pesto
- 2 lb. mozzarella cheese, grated
- Grated Parmesan cheese to taste
- Pineapple chunks, fresh or canned
- 1/2 lb. sausage (regular breakfast sausage or Italian sausage)
- 1 whole onion, sliced
- 2 Tbsp. butter
- Pepperoni slices
- Sliced Canadian bacon
- Sliced roma tomatoes
- Sliced black olives

**Optional Ingredients:**
- Goat cheese, sliced bell peppers, various cheeses, pepperoncinis, jalapeno slices, diced red onion, any other pizza topping you'd like!

**Directions:**
Preheat the oven to 375 degrees.
Slice rolls in half and lay them, cut side up, on a large baking sheet.
Top each half with a generous portion of either marinara or pesto. Next, top with a generous amount of grated mozzarella and Parmesan, if you’d like.

Add whatever toppings you'd like on top of the cheese!

Once all assembled, put the pan in the oven on the lowest rack for 8 to 10 minutes. Crank up the heat to 425 and put it on the highest rack until the cheese starts to bubble a bit and turn golden.

Remove and serve immediately. You can cut the pizzas in half right across the middle so there are mini-French Bread Pizzas for everyone.

To play, simply print the Fall Gross Motor Movement Game cards and cut them out. Place one card into each of the six pockets on a differentiated instruction cube. Then have your child take turns rolling the cube and performing the indicated action. This is a great way to provide kids with a fun movement break during the day. Don’t have a differentiated instruction cube? You can also shuffle the cards and have kids draw one from a pile.


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Why the "thankful Pumpkin' has caught on with families around the world
Finally, a holiday tradition easy enough for busy parents.

When author Amy Latta first came up with the idea of using a pumpkin as a place to write down things her family was grateful for seven years ago, she didn't have a blog. She was just looking for a way to teach her son Noah, then 3, about Thanksgiving without getting “caught up in the craziness of the holidays.”

“At meals, we are playing the 'thankful game,' where we would take turns going around the table and saying things we were grateful for, and I thought it would be fun for him, - and for all of us - to physically see just how many blessings that added up to,” Latta told TODAY Parents.

Latta had taken Noah to a pumpkin patch near their home in Hampstead, Maryland, and brought home several pumpkins. On a whim, she grabbed one and started writing things they were grateful for on it with a permanent marker. “It was a great visual reminder of how blessed we are, and he loved watching the pumpkin fill up as we added to it every day,” she said. They now enjoy looking at photos of their Thankful Pumpkins over the years and laughing about different things that made it onto the pumpkins at the time.

Though she had no idea back then, Latta's idea would catch on with other busy parents looking for low key ways to celebrate the season meaningfully with theirs kinds. In 2012, Latta posted about the tradition on her blog, Amy Latta Creations. “I was excited to get the project out there, because it is so simple and requires no special skills or materials,” said Latta. “Literally anyone can do it, and I was excited to think about other families taking time to focus on gratitude.”

For full article, please click link below:

https://www.today.com/parents/thankful-pumpkin-makes-it-easy-celebrate-fall-kids-t140031

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For additional information on upcoming Resource and Referral workshops, please click on the links below:

Tuesday, October 13, 2020 at 6:00 PM - Tom Copeland: Legal and Insurance From 6-8 PM  
https://us02web.zoom.us/meeting/register/tZUscO6voDiiH1tEp8JXENAvL4hfb0oq2rXsL

Thursday, October 22, 2020 at 6:00 PM - Strengthening Families: Social &
Emotional Competence From 6-8 PM
https://us02web.zoom.us/meeting/register/tZ0of-GvrT8rH9cJ372i2MnlD01EY1EOSGZZ

The Resource Connection Child Care Resource & Referral - www.trcac.org

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